

# Antioch Update



## \*Antioch Town Hall, October 29<sup>th</sup> at 7pm\*



### Pastor Ausberry

October is Breast Cancer Awareness Month. Awareness is great! But the next step is to do the exams and procedures that would enhance early detection. The American Cancer Society notes that, *"Breast Cancer death rates declined 40% from 1989 to 2016 among women. The progress is attributed to improvements in early detection."*

Over the years my wife Robyn has gotten her checkups and exams on a regular basis. I am thankful that she takes good care of her health. If something is ever detected we pray that it would be detected early, and that it would be appropriately treated. My prayer is that all women are encouraged to get regular testing and do those things for good health and awareness. For more information please go to [www.nationalbreastcancer.org](http://www.nationalbreastcancer.org).

### Women's Ministry

## Virtual Wellness Workshop

November 7 | 10:00 am - 12:00 pm | via Zoom

at  
[www.antioch-church.org](http://www.antioch-church.org)



*A Journey to Spiritual, Physical, and Mental Wellness*

### Town Hall

Save the date! Antioch will be hosting a Town Hall session for members. The session will be on Thursday, October 29<sup>th</sup> from 7pm to 8pm. This is a virtual meeting accessible via Zoom. Everyone must register online to be admitted to the Town Hall session. Pastor Ausberry will give an overview of where Antioch is and our plans for moving forward. In order to register go to [www.antioch-church.org](http://www.antioch-church.org).

### Save The Date:

**October 25<sup>th</sup>:** Deacon & Deaconess Ordination & Consecration Ceremony; 11:30am (viewing access from [www.antioch-church.org](http://www.antioch-church.org))

**November 25<sup>th</sup>:** Thanksgiving Eve Online Prayer Gathering 6pm

### HELPS Ministry

The HELPS Ministry is a lay counseling ministry at Antioch. We are looking for members to train to serve as Compassionate Listeners. If you are interested or would like to find out more information, please email us at [HELPS@antioch-church.org](mailto:HELPS@antioch-church.org).

### Connect with Antioch

Follow Antioch on social media and share with your friends and family.

**Twitter:** @AntiochFFX; **Instagram:** AntiochFFX; and

**FaceBook:** AntiochFFX; follow Pastor Ausberry on **Twitter** @MAusberry.

**In-Person & On-Line Worship at 8am, 10am & 2pm (2pm On-Line only)**

**Save The Date:** Antioch Town Hall w/Pastor, October 29<sup>th</sup> at 7pm.

### **Weekly Bible Studies**

Wednesday 7pm; Thursday 6am; & Friday 9:30am.

### **Biblical Foundations Class**

Sundays at 1pm; teaching the basics of the christian faith.

### **Children & Youth Sunday School**

Sundays from 9:15am to 9:50am.

**AWANA** ministry for Pre-K through 12<sup>th</sup> grade, Sundays at 1pm.

**Grief Share** Tuesdays at 7:00pm. (Helping you cope and heal as you grieve the loss of a loved one.)

### **Home Group Studies (HGS)**

Home based independent study at your own pace.

**DOVE Ministry** meets this Sunday October 25<sup>th</sup> at 2pm. A ministry for Bereaved Spouses.

Online registration for all the above available on website:

[www.antioch-church.org](http://www.antioch-church.org).

### **TUESDAY PRAYER CALL:**

7:00 a.m. to 7:30 am, call (701) 802-5047, access code is 1846260.

**CrisisLink: 703-527-4077**

**Suicide Prevention: 800-273-8255**

**Crisis Text: "855-11"**

## **Celebrating Our Veterans:**



### **Home Group Studies**

Home Group Studies new study started October 18<sup>th</sup>. It's not too late to join as we study "Like No Other" by Tony Evans. This is an eight-week series examining the life and ministry of Jesus. Visit the HGS link at [antioch-church.org](http://antioch-church.org), after registration you will be directed to [lifeway.com](http://lifeway.com) to purchase curriculum materials.

**Please pray** for a revival in our Nation. Pray for civility in the public square. Pray for an end to the COVID-19 pandemic. Pray for our government leaders. Pray that the upcoming election will be peaceful and that every vote is counted. Pray for our friends, relatives, acquaintances, and neighbors who do not know Jesus. Please pray for Bro. Curtis Taylor as he battles health issues.

**VOTE-VOTE-VOTE-VOTE-VOTE-VOTE-VOTE-VOTE-VOTE**

**DOVE for Bereaved Spouses Ministry**

Every 4<sup>th</sup> Sunday  
**2-3:00 p.m.**  
via Zoom

Sis. Carrie Hester at (703) 644-9667 or [ldhester@aol.com](mailto:ldhester@aol.com)  
or  
Sis. Deborah Gibbs at (703) 850-2992 or [da.gibbs@Verizon.net](mailto:da.gibbs@Verizon.net)