

Health & Wellness Facts

Simplify the Holidays: Reduce, Reuse and Repurpose!

In December, you may look forward to spending time with loved ones but dread the drudgery of complex cooking, elaborate decorations and endless shopping. This year, minimize stress and maximize enjoyment with these tips. ·

Reduce! Limit the amount of time spent on devices like laptops, smartphones and televisions. Time away from technology creates opportunities to have meaningful conversations and share memorable stories. ·

Reuse! Decide to reuse holiday decorations rather than buying new. Consider donating extra decor to food banks, nursing homes or other local organizations. Eliminating excess decorations saves time, money and storage space. ·

Repurpose! While eliminating holiday kitchen duties may not be possible, make the most of the time. Repurpose your regular holiday baking as a new family tradition. Get the whole family involved in baking favorite recipes to use as gifts for friends and relatives.

The information contained in the Health and Wellness Corner is for information purposes only. Always consult your medical professional.

Baptisms

“Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit.” Matthew 28:19

To date in 2019 Antioch has **baptized 17 people**

Resources

Suggested Reading: *Becoming a Welcoming Church* by Thom S. Rainer.

Spiritual Gifts Survey: Do you know what your spiritual gift is? You may visit www.antioch-church.org to discover your spiritual gift.

Crisis Text: Need to talk? PRS CrisisText connect can help, just text the word “CONNECT” to the number 855-11 or call the CrisisLink hotline at (703) 527-4077 to speak with a trained crisis worker.

National Suicide Prevention Lifeline - 1-800-273-TALK (8255).

Notice

When entering and exiting the Sanctuary’s parking lot please follow the directional arrows that are marked for your safety as well as others.

Inclement Weather Information

For inclement weather information, tune-in to: WTOP 103.5 FM or www.WTOPnews.com, WJLA-ABC channel 7 or www.wjla.com, News Channel 8 or www.news8.net, WUSA channel 9 or www.wusa9.com.

Bereavements

Bro. Harry Goins
Passing of his father

Bro. Garvis Toler
Passing of his sister

Sis. Benita Toler
Passing of her mother

Today’s Sermon

Rev. Dr. Marshal L. Ausberry, Sr.

Topic: _____
Text: _____

Have a question about today’s sermon? E-mail your questions to Bible@antioch-church.org.

Worship Center
6531 Little Ox Road
Fairfax Station, VA 22039
(571) 732-4357

Administrative Office & Ministry Center
6525B Little Ox Road
Fairfax Station, VA 22039
(703) 425-0710 (office)
(703) 764-9172 (fax)
www.antioch-church.org

Download Antioch’s official Church App!
Available for all Apple & Android devices.
Search for “Antioch FFX” in iTunes or Google Play. Get yours TODAY!

Wi-Fi Access
Network Name: ABCBOTSPOT
Password: abchotspot

Tweet with the Pastor:
www.twitter.com/mausberry

Antioch Video Release Policy

All Antioch Baptist Church events are subject to recording by still picture as well as video/audio means. By attending Antioch events you consent to the capturing and reproduction of your image and voice and the respectful reproduction of your likeness by Antioch Baptist Church in whatever form of medium the Church deems appropriate. This material is likely to be viewed by the public and under no circumstances will your likeness be used in connection with commercial endorsements of any kind.

On Campus Solicitation Policy

Church members are encouraged to participate in political and governmental affairs, including involvement in the political party of their choice. Church facilities may not be used for political purposes to include: distributing materials that endorse a particular candidate or political party. Additionally, any solicitations, must be submitted, in advance, to the Executive Pastor for approval.

Antioch Baptist Church



Our purpose

Loving God, Loving Others

We expect Antioch members to...

*Gather to **Worship**,
Study the **Word**,*

*Commit to **Work**, and*

*Reach the **World** for Jesus Christ.*

Rev. Dr. Marshal L. Ausberry, Sr., Pastor

Prayer Focus 2020

Pray for 50 Baptisms

Trustee of the Week

Bro. Willie Horne
(703) 609-6508

December 1, 2019

8:00 a.m., 9:30 a.m., & 11:30 a.m.

Order of Worship

Antioch's worship services are available via live streaming. Visit www.antioch-church.org and click on the "Live Stream" button.

8:00 a.m.	9:30 a.m. & 11:30 a.m.
A Time to Connect	A Time to Connect
Call to Worship	Call to Worship
Congregational Hymn	Congregational Hymn
Welcome	Praise Selection
Pastoral Reflections	Welcome
Worship through Giving	Pastoral Reflections
Offertory Prayer/Doxology	Worship through Giving
Hymn of Preparation	Offertory Prayer/Doxology
Sermon	Hymn of Preparation
Invitation to Discipleship	Sermon
Communion	Invitation to Discipleship
Benediction	Communion
	Benediction

Announcements

Lord's Supper Observance Change (December Only)

December's Lord's Supper (Communion) observance will be held TODAY, during all 3 worship services.

Christian Education Holiday Schedule

Christian Education classes will be held TODAY and Sunday, December 29 for 2019. New Member Orientation, Baptism Class, and all Christian Education classes will resume on January 5, 2020. Please mark your calendars accordingly.

Women's Ministry Christmas Fellowship

Please register at www.antioch-church.org for the Women's Ministry Christmas Fellowship on Saturday, December 7 from 9:30 a.m. to 12:00 p.m. in the Ministry Center Multipurpose Room. Cost is \$20.00.

Christmas Worship Service

Invite your friends and family to worship with us at our Christmas Cantata on Sunday, December 8 during our 9:30 a.m. & 11:30 a.m. worship services.

Town Hall & All Saints Meetings (Members Only)

The next Town Hall meeting will be held on Monday, December 9 at 7:00 p.m. in room 400. The next All Saints meeting will be held on Thursday, December 19 at 7:00 p.m. in the Worship Center Sanctuary. Please mark your calendars accordingly.

Pastor's 2020 Preaching Calendar

If you have a topic you would like Pastor to consider addressing in 2020 please email your topics to pastor@antioch-church.org.

Announcements

Giving Tree

December 8 is the last day to contribute to Giving Tree. Visit the sign-up table TODAY in the church foyer and pick your star. This year we are asking that all gifts be brought in unwrapped and the star placed outside of the package. Thank you for your generosity! For more information please contact Sis. Tiffany Horne at abcgivingtree@gmail.com.

40 Days of Prayer

Please join us for the 40 days of prayer initiative. Please pray and read your Bible consecutively for the next 40 days. Submit your prayer testimonies at 40days@antioch-church.org.

Surviving the Holidays:

Surviving the Holidays is a freestanding event that does not require participation in our traditional weekly Grief Share program. This one-time session will take place on December 15 at 11:30 a.m. in room 405. There is no cost to attend but we encourage you to register by emailing Rev Jeff Gaines at jgaines@antioch-church.org.

Children's Christmas Choir

Children ages 4-9 years old are invited to sing with the Praising Saints Children's Choir on Sunday, December 15 at 9:30 a.m. worship service. Rehearsal times are, Saturday, December 7 from 12 to 1 p.m., and Saturday, December 14 from 1 to 2 p.m. Prior to rehearsal dates, please contact Sis. Gwen King at abcpraisingsaintschoir@gmail.com to receive the music.

Save the Date

New Years Eve Service will be held on Tuesday, December 31, 2019 at 7:00 p.m. in the Sanctuary.

<i>Read through the Bible in 2019</i>	
Week 46	Week 47
◇ Ezekiel 46-48; John 16	◇ Ezra 1-2; John 21
◇ Daniel 1-3; Psalm 88; John 17	◇ Ezra 3-4; Psalm 92; 1 John 1
◇ Dan 4-6; John 18	◇ Haggai; Zechariah 1; Ps 138; 1 John 2
◇ Dan 7-9; Psalm 91; John 19	◇ Zech 2-5; Psalm 93; 1 John 3
◇ Dan 10-12; John 20	◇ Zech 6-8; 1 John 4

Prayer Focus

Please pray for our local, state, and national leaders.

Sunday School

God's Word commands us to grow in our faith and knowledge of Him.

We encourage you to participate in the following classes:

9:30 a.m. – Children and Adult Sunday school – "The Gospel Project"

9:30 a.m. – Youth "Encounter"

11:30 a.m. – Adult Sunday school – "The Gospel Project"

Recurring Ministries & Bible Studies

Sunday*

- ◆ **Awana Bible Club** meets Sundays at 4:00 p.m. (Multipurpose Room)
- ◆ **Baptism Class** meets 4th Sundays at 9:30 a.m. (room 405) *Pre-Registration Required*
- ◆ **Cancer Exchange Ministry** will resume January 16, 2020.
- ◆ **Divorce Care** Resumes January 2020 at 11:30 a.m.
- ◆ **Elderly Care Ministry Bible Study - Fair Oaks** meets on the 1st Sundays at 10:00 a.m. (Sunrise Senior Living - Fair Oaks)
- ◆ **Elderly Care Ministry Worship Services - Fair Oaks** meets on the 3rd Sundays at 10:00 a.m. (Sunrise Senior Living - Fair Oaks)
- ◆ **Elderly Care Ministry Worship Service - Burke** meets on the 1st Sundays at 2:30 p.m. (Burke Health & Rehab Center)
- ◆ **Grief Share** resumes January 2020 at 11:30 a.m. (room 405)
- ◆ **Married Couples Sunday School** meets at 11:30 a.m. (room 401)
- ◆ **New Member Orientation (held on 1st & 2nd Sundays)** meets at 9:30 a.m. (rooms 403 & 405) *Pre-Registration Required*
- ◆ **Male Mentoring** meets 4th Sundays at 1:15 p.m. (room 405 & youth lounge)
- * **2nd Sundays-Lord's Supper observance**

Monday

- ◆ **Antioch Bible Institute** meets Mondays 6:00 p.m. (Registration is required)

Tuesday

- ◆ **Academic Tutoring** meets Tuesdays at 7:00 p.m. (room 205)
- ◆ **Modern Maturity Ministry** meets 2nd Tuesdays at 12 noon (Multipurpose Room)
- ◆ **Homeless Ministry** serves on the 4th Tuesdays at 4:00 p.m. (Fairfax Presbyterian Church, 10723 Main Street, Fairfax, VA)

Wednesday

- ◆ **Pastor's Bible Study** meets Wednesdays at 7:00 p.m. (Multipurpose room)

Thursday

- ◆ **Sonrise Bible Study** meets Thursdays at 6:00 a.m. (room 400)

Friday

- ◆ **Friday A.M. Bible Study** will resume January 10, 2020
- ◆ **Friday Fun Night** meets 3rd Fridays at 6:30 p.m. (room 203)
- ◆ **Marriage Ministry** meets 3rd Fridays at 6:30 p.m. (Multipurpose room)

Saturday

- ◆ **Dance Ministry Rehearsals - 2nd & 3rd Saturdays** (room 409)
 - *12 noon - 1:30 p.m. Wee Worshipers (ages 6-8)/Joyful Praise (8-10)
 - *10:00 a.m. - 11:45 p.m. New Life I & II (ages 11-18)
- ◆ **Elderly Care Ministry** meets on the 3rd Saturdays at 10:00 a.m. (room 403)
- ◆ **Men's Forum** meets 4th Saturdays at 8:00 a.m. (Multipurpose Room)
- ◆ **Military Ministry** meets 2nd Saturdays at 10:30 a.m. (rooms 205 A&B)
- ◆ **Women's Ministry Events** meets every 1st Saturday (See Bulletin announcements for information)