Health & Wellness Facts Grief during Covid-19

Matthew 5:4 reminds each of us that "blessed are those who mourn, for they shall be comforted." We know that losing a loved one, friend, or colleague at any time is a difficult journey. However, with the current COVID-19 crisis, dealing with grief is even more difficult and complex; those who love us the most cannot, in many cases, attend the funeral service or visit our home to check on us. As a result, you may experience feelings of guilt, lack of closure, and feelings of isolation. Please rest assured knowing that you are not alone in your season of grief. We want to let you know that your Antioch family has resources available to assist you and your family during your season of grief. With access to certified therapists, spiritual counselors, and grief support group leaders, we will walk with you every step of the way. If you have experienced a loss or know someone who has experienced a loss, please let us know. Our staff will work closely with you to setup a video conference call or any form of communication you prefer to assist you on this journey. During the call we will pray with you and assist with any needs you may have during this unprecedented time.

The information contained in the Health and Wellness Corner is for information purposes only. Always consult your medical professional.

Bereavements

Bro. Artiss Best Passing of his Brother

Sis. Patricia Cloud *Passing of her Brother*

Bro. Tyrone CrabbPassing of his Grandmother

Gayle CarrPassing of her Mother

Bro. Todd Cranford *Passing of his Father*

Sis. Thomasine Davis *Passing of her Brther*

Bro. Lemenuel Dungy Passing of his Sister **Bro. Earle Jones**Passing of his Wife
Sis. Linda Eatmon-Jones

Bro. Steven LeePassing of his Father

Bro. Steve MialPassing of his Sister

Bro. Letroy McFadden *Passing of his Brother*

Sis. Aretha Woods
Passing of her Mother
Passing of her Grandmother

Sis. Lucinda Scott-Willoughby
Passing of her Uncle

Deaconess Lillian Threat *Passing of her Brother*

Today's Sermon

Rev. Dr. Marshal L. Ausberry, Sr.

Topic:	 	
Text:		

Have a question about today's sermon? E-mail your questions to Bible@antioch-church.org.

Worship Center

6531 Little Ox Road Fairfax Station, VA 22039 (571) 732-4357

Administrative Office & Ministry Center

6525B Little Ox Road Fairfax Station, VA 22039 (703) 425-0710 (office) (703) 764-9172 (fax) www.antioch-church.org Download Antioch's official Church App! Available for all Apple & Android devices. Search for "Antioch FFX" in iTunes or Google Play. Get yours TODAY!

Wi-Fi Access
Network Name: ABCHOTSPOT
Password: abchotspot

<u>Tweet with the Pastor</u>: www.twitter.com/mausberry

Antioch Video Release Policy

All Antioch Baptist Church events are subject to recording by still picture as well as video/audio means. By attending Antioch events you consent to the capturing and reproduction of your image and voice and the respectful reproduction of your likeness by Antioch Baptist Church in whatever form of medium the Church deems appropriate. This material is likely to be viewed by the public and under no circumstances will your likeness be used in connection with commercial endorsements of any kind.

On Campus Solicitation Policy

Church members are encouraged to participate in political and governmental affairs, including involvement in the political party of their choice. Church facilities may <u>not</u> be used for political purposes to include: distributing materials that endorse a particular candidate or political party. Additionally, any solicitations, <u>must</u> be submitted, in advance, to the Executive Pastor for approval.

Antioch Baptist Church



Our purpose

Loving God, Loving Others

We expect Antioch members to...

Gather to Worship,

Study the Word,

Commit to Work, and

Reach the World for Jesus Christ.

Rev. Dr. Marshal L. Ausberry, Sr., Pastor

Prayer Focus 2020

Pray for 50 Baptisms

Trustee of the Week Bro. Bob. Sinclair (571) 225-5259

May 31, 2020 8:00 a.m. and 10:00 a.m. (online only)

Order of Worship

Antioch's worship services are available via live streaming. Visit www.antioch-church.org and click on the "Live Stream" button on **Sunday, May 10 at 8:00 a.m. and 10:00 a.m.**

Announcements

Keep up to Date on Ministry Events

Due to COVID-19 and safety precautions, please check the website at www.antioch-church.org for any changes to Ministry or recurring events.

Vacation Bible School (VBS)

As we seek to ensure the safety of our children and adults, our children's VBS will not be held this year due to the COVID-19 pandemic. If you have any questions or concerns, please contact Deacon Harvey Simpkins at https://links.goverizon.net.

Sunday School for Children & Youth

Parents and Guardians, our virtual Sunday School meets Saturdays for (3 yrs - 6th grade) and Encounter (7th - 12th Grade) via Zoom. Please visit www.antioch-church.org for the links. Below are the scheduled times of classes.

- 10-10:30 a.m. (3rd and 4th grade Class)
- 11-11:30 a.m. (3 & 4 year old and Kindergarten class)
- 1-1:30 p.m. (1st & 2nd grade class)
- 4-4:30 p.m. (5th & 6th grade class)
- 5-5:30 p.m. Encounter (Middle & High School)

Giving Options

On our church website, <u>www.antioch-church.org/give</u> click the link for e-Giving.

Through Mobile Text, Text to (571) 200-2017 with the dollar amount you want to give. If this is your first time using our text giving, follow the link to fill out a short form with your billing information.

Through the Church's App Antioch FFX; Visit www.antioch-church.org/get-app, choose your platform and download. After download open the app and choose give.

If you have any questions, please contact us at (571) 732-4256 or techsupport@antioch-church.org.

Announcements

Women's Ministry 1st Saturday Bible Study

Sisters grab your cup of coffee, Bible, and join in our 1st Saturday Bible Study, June 6 at 10 a.m. as we share and study God's Word via Zoom together. Go to www.antioch-church.org and select Bible Study/Events via Zoom, 1st Saturday Bible Study.

Antioch Bible Institute (ABI) Graduation

ABI is celebrating our annual graduation on Saturday, June 13 at 3:00 p.m. Graduates, alumni, family, and friends are invited to view the 2019 -2020 virtual ABI Graduation Ceremony at www.antioch-church.org via Streaming, Facebook, and YouTube.

Read through the Bible in 2020

♦ Week 22

♦ 1 Chr 22-25; Psalm 78; Romans 5

♦ 1 Kings 1; 1 Chr 26-28; Romans 6

♦ 1 Kings 2; 1 Chr 29; Romans 7

↑ 1 Kings 3; 2 Chr 1; Ps 42; Romans 8
 ↑ 1 Kings 4; Prov 1-2; Psalm 43; Romans 9

Week 23

♦ Proverbs 3-5; Romans 10

♦ Proverbs 6-7; Psalm 7; Romans 11

♦ Proverbs 8-10; Psalm 144; Romans 12

♦ Proverbs 11-13; Ps 8; Romans 13

♦ Proverbs 14-15; Romans 14

Baptisms

"Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit." Matthew 28:19

To date in 2020 Antioch has baptized 3 people

Prayer Focus

Please pray for the health crisis impacting the world.

Resources

Crisis Text: Need to talk? PRS CrisisText connect can help, just text the word "CONNECT" to the number 855-11 or call the CrisisLink hotline at (703) 527-4077 to speak with a trained crisis worker.

National Suicide Prevention Lifeline - 1-800-273-TALK (8255).

Virtual Recurring Ministry Offerings

May-June

Please visit website at www.antioch-church.org for links.

Sunday*

- Sunday Worship Services 8 & 10 a.m. via Live Stream, YouTube, and Facebook Live
- * 2nd Sundays-Lord's Supper observance (in home)
- ♦ AWANA resumes in September
- Cancer Exchange Ministry meets 3rd Sundays at 1:00 p.m. via
 Zoom

Monday

◆ Antioch Bible Institute meets at 6:00 p.m. via Zoom (Registration is required)

Tuesday

♦ Homeless Ministry serves on the 4th Tuesdays at 4:00 p.m. (Fairfax Presbyterian Church, 10723 Main Street, Fairfax, VA)

Wednesday

♦ Pastor's Bible Study meets at 7:00 p.m. via Zoom

Thursday

♦ Sonrise Bible Study meets at 6:00 a.m. via Zoom

Friday

- Friday A.M. Bible Study meets at 9:30 a.m. via Zoom
- ♦ Marriage Ministry meets 3rd Fridays at 7:00 p.m. via Zoom

Saturday

- Sunday School for Children & Youth (via Zoom) see website for times and links
- ♦ Women's Ministry Bible Study/Fellowships meets 1st Saturdays at 10:00 a.m. via Zoom
- ♦ Men Forum meets 4th Saturdays at 8:00 a.m. via Zoom