



Kinship Caregivers Connect Virtual Support Group: *Thursday*

Presented by **ohioKAN** KINSHIP & ADOPTION NAVIGATOR

August Schedule

8/7

Journaling Workshop featuring Onita

8/14

Using Art for Self-Care: DIY Collage ft. Deborah

8/21

Managing Challenging Emotions
Through Family Togetherness

8/28

Open discussion

**Weekly online meetings
Thursday 6:30pm - 7:45pm**

Interested? Contact Angela at
angela@kinshipcaregiversconnect.com or 614-382-6272
or visit kinshipcaregiversconnect.com