

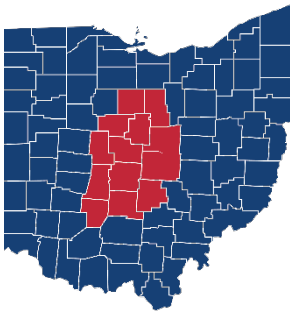


Department of Children & Youth

Ohio Children's Trust Fund

Central Region Programs

Serving Crawford,
Delaware, Fairfield,
Fayette, Franklin, Knox,
Licking, Madison, Marion,
Morrow, Pickaway,
Richland, and Union
Counties



Central Regional Prevention Coordinator

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The Center for Family
Safety and Healing
655 E. Livingston Ave,
Columbus, Ohio 43205

Triple P Level 3 Primary Care

Level 3 Triple P Primary Care is typically delivered as 2-4 brief, individual sessions with parents of children ages birth to 12. Parents will identify a topic or behavior to focus on, set goals for change, then create a parenting plan using positive parenting strategies.

- **Nationwide Children's Hospital Early Childhood Mental Health**
Open to Crawford, Franklin, Madison, and Richland Counties
Contact: TripleP@NationwideChildrens.org
Website: www.Nationwidechildrens.org/Behavioral-Health
- **Prevention Awareness Support Services (PASS)**
Open to Delaware and Morrow Counties
Contact: Liz Wintringham, 740.513.422 ext. 30, lwintringham@passaah.org
Website: www.PASSAAH.org
- **Fairfield County Family and Children First Council**
Open to Fairfield County
Contact: Tiffany Wilson, tiffany.wilson@fairfieldcountyohio.gov
Website: www.FACFC.org
- **Fayette County Community Action Commission**
Open to Fayette County
Contact: Brittany Coil, bcoil@cacfayettecounty.org
Website: www.CACFayetteCounty.org
- **Knox County Head Start**
Open to Knox County
Contact: Susan McDonald, 740.324.5789; psiknox@gmail.com
Website: www.KnoxHeadStart.org
- **Action for Children**
Open to Marion and Union Counties
Contact: Melinda Moreno; 614.585.9725, triplep@actionforchildren.org
Website: www.ActionForChildren.org

Triple P Level 3 Discussion Group

Level 3 Triple P Discussion Group offers 5 two-hour standalone groups for parents of children ages birth to 12. Each group covers a specific parenting concern including Dealing with Disobedience, Managing Fighting and Aggression, Hassle-Free Shopping/Outings, Hassle-Free Mealtimes, and Developing Good Bedtime Routines.

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Website: www.ActionForChildren.org
- **Pickaway County Educational Service Center**
Open to Pickaway County
Contact: dawn Whiteside; 740-474.7529, dawn.whiteside@pickawayesc.org
Website: www.PickawayESC.org

Triple P Level 4 Group, 0-12 & Teen

Level 4 Group offers five, 2-hour group sessions and three, 20-minute individual telephone consultations and may be scheduled as a five-week group or an eight-week group. This group is for parents and caregivers of children and adolescents from birth to 12 years and pre-teens and teens from 10 years to 12 years with moderate to severe behavioral and/or emotional difficulties or for parents that are motivated to gain a more in-depth understanding of positive parenting.

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Triple P Level 4 Group, Stepping Stones

Level 4 Group Stepping Stones offers six, 2.5-hour group sessions and three, 20-minute individual telephone consultations and may be scheduled as a six-week group or a nine-week group. This group is for parents and caregivers of children from birth to 12 years with a developmental delay or disability.

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Triple P Level 4, Fear-Less

Level 4 Fear-Less offers six, 2-hour group sessions. It may also be delivered as a one-day, six-hour workshop or six, 2-hour individual sessions. Triple P Fear-Less is for parents or caregivers of children aged from 6 to 14 years who have moderate to high levels of anxiety that negatively impact everyday functioning. Triple P Fear-Less helps caregivers connect with other caregivers, learn about anxiety and how to promote emotional resilience, and strategies to effectively respond to their child's anxiety.

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Triple P Level 5, Pathways

The Pathways Triple P program can be completed in five, 60-90-minute individual sessions or five 2-hour group sessions. Pathways has been developed as an intensive intervention program for parents who have difficulty regulating their emotions and as a result are considered at risk of physically or emotionally harming their children. Pathways requires parents to have received Triple P Level 4 sessions teaching them positive parenting and child management skills. Caregivers will learn how to identify and break out of parent traps, manage anger and unhelpful thoughts, and develop coping plans for high-risk situations.

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