



No amount is safe.

FAMILY PEER SUPPORTERS TRAINING

(Specialty Area in FASD)

- ✓ Ensures that those employed in Ohio as Family Peer Supporters (with a specialty area in FASD) meet the high standards of performance.
- ✓ Creates uniformity of core competencies of practitioners.
- ✓ Ensures professional development, continued education and supervision.
- ✓ Advances uniform standards, scope of practice and best practice.
- ✓ Promotes ethical practice within the profession.
- ✓ Encourages cultural sensitivity and cultural competency within family and professional partnerships.
- ✓ Instills confidence with the families served.

If you or someone you know is interested in being a FASD Family Peer Supporter, please contact:

RACHELLE MARTIN NAMI FRANKLIN COUNTY
(614) 501-6264 rachelle@namifc.org



Training Information:

Virtual Via Zoom

February 10 | 9:00 a.m. - 5:00 p.m.

February 11 | 9:00 a.m. - 5:00 p.m.

February 12 | 9:00 a.m. - 5:00 p.m.

February 25 | 9:00 a.m. - 5:00 p.m.

February 26 | 9:00 a.m. - 5:00 p.m.

Meeting ID: 778-659-9694

*Meets the 40-hour competency-based peer services training requirement for the Ohio Family Peer Support certification.

Fetal Alcohol Spectrum Disorders (FASD)

Fetal Alcohol Spectrum Disorders is an umbrella term used to describe disorders that result from alcohol exposure during pregnancy.

"Of all substances of abuse, including heroin cocaine and marijuana, alcohol produces by far the most serious effects on the brain of the fetus."
(Institute of Medicine Report to Congress 1996)

Behaviors You May Notice in an Individual with FASD:

- Difficulty learning and remembering new information;
- Difficulty learning from mistakes
- Self-regulation difficulties; including temper tantrums, anger, rigidity;
- Difficulty understanding social cues / body language;
- Excessive friendliness with strangers; and,
- Need for close supervision.



FASD Mission Statement

To increase awareness of the impact of alcohol-exposed pregnancies, collaborate with agencies to establish resources, coordinate interventions and diagnostic services for families affected by Fetal Alcohol Spectrum Disorders.



To learn more, contact
Rachelle A. Martin:

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 www.namifc.org



Family Peer Supporter

Presented by NAMI Franklin County

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FASD Peer Supporter Skills



- Experience as a caretaker or advocate for an individual with FASD
- Involvement in navigating systems
- Sensitive to the needs of families who are struggling and need support
- Offers optimism to families in need of support and direction
- Supports the families' strong points in problem solving and solution seeking
- Knowledge of community resources

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What FASD Peer Supporters Offer

- Emotional connection and support from someone who has "been there"
- Information and educational support on systems and strategies
- Assistance for families as they develop [positive approaches and methods
- for dealing with the day-to-day needs of their families and themselves
- Helping families navigate services, such as helping arrange child care, transportation or housing, etc.
- Hope - helping families look to the future in a realistic way



 **NAMI** | Franklin County
National Alliance on Mental Illness

