## Presented by Ohio KAN RINSHIP & With support from NAVIGATOR WITH SUPPORT FROM





## Some topics covered:

## **Custody and other legal issues**

## **Positive Parenting strategies**

**Self- care practices** 

Childhood trauma and mental health

Weekly online meetings Tuesdays 11:30am - 12:30pm Thursdays 6:30pm - 7:30pm

Interested? Contact Angela at: angela@kinshipcaregiversconnect.com 203-466-9821 visit <u>kinshipcaregiversconnect.com</u>

