

Come, Let Us Cook (Together)

You'll need as many idioms as you can remember because
You won't ever remember all the colloquialisms and very few of the other things

You'll need one cup of this and several tablespoons of that
Grab the whatchamacallit from the pantry and let's get mixing

Let's whip up a little something for whatshername
she needs us now, more than ever before

We'll need a dash of this and a splash of that
We'll need an ounce of these and a half dozen of those
Let's pull out all the gizmos and thingamabobs
Let's grab the doodads and widgets
Let's pour all the whatchamajiggers out and cover all the thingamajigs

You know, whatshisname
he needs us now, more than ever before

We'll whip up a little something for each of them: her and him
and we'll make ourselves a bite-sized chunk of something, too

We'll need the doohickey from the fridge
Get the whatchamacallit from the cabinet
The thingy off the countertop and
everything else, including the kitchen sink

We'll need something sweet like honey
something tart like lemon
something salty like potato chips
and something spicy like Flamin' Hots
that our children love so much

Needing support and providing support
asking for forgiveness as well as offering it
exuding compassion and accepting it
standing firm in individuality and loving the unity of our village

Connection. Caregiving. Kin.

Some days might seem like a recipe for disaster
a splash of anger
a dash of reflection

Other days will be light and fluffy like your favorite cake

Most days will be a mix

a recipe filled with heartbreak

love

disappointment

fun

and

responsibility

lots

of

responsibility

Some days your body will be spicy

like Flamin Hots

like the ones our children love so much

the days of heartbreak

Some days your heart will be as sweet

as honey

dripping with all the love

you didn't know was possible

Some days your mouth will pucker

like a lemon

sour about the disappointment of the hour

Some days your mind will be free and open

like those sandwiches with the one slice of bread

to all the fun

you forgot you could have

Some days your attitude will be salty

like potato chips

because of all the responsibility

so

much

responsibility

To quote Tom Hanks as Forest Gump: "Life is like a box of chocolates; you never know what you're gonna get."

Some days a disaster, some days full of hope, but everyday kinship, caregiving, and connection.

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Inspiration: Kinship Caregivers Connect Creative Mission: "We are supportive to ourselves and to each other; We are forgiving to ourselves and each other; We are compassionate toward one another and the people around us; We are unique as individuals and as a family."