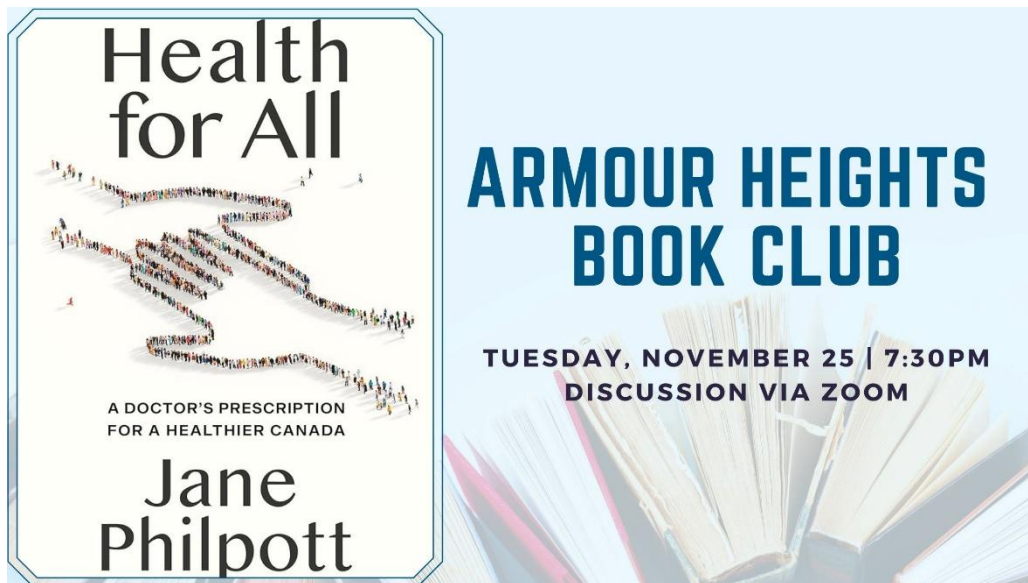




ARMOUR HEIGHTS BOOK CLUB

"Health for All: A Doctor's Prescription for a Healthier Canada"

by Jane Philpott

Tuesday, November 25 | 7:30pm Online via Zoom

Jane Philpott has spent her life learning what makes people sick and what keeps people well. She has witnessed miracles in modern medicine. She has also watched children die of starvation in a world that has plenty of food. With *Health for All*, she sounds a clarion call for a radical disruption in a health care system that is broken—but not beyond repair. The vision is rooted in a deep-seated commitment to health equity.

Decades ago, a few visionary Canadian leaders put laws in place to ensure health care insurance for all. But the structures to deliver that care were never fully developed as envisioned. As a result, our health systems are not comprehensive or well-coordinated. In the wake of a pandemic, we risk it all falling apart. More than six million people have no family doctor, nor any other access to primary care. Emergency rooms are routinely closed. Exhausted health workers wonder if it will ever get better. Some say we should hand health care over to the private sector. But to abandon our commitment to publicly funded health care now would only lead to more expensive and less equitable care. Philpott outlines a different solution—an ambitious, once-in-a-generation reset of health systems with universal access to primary care teams.

What sets this book apart is that it's more than a prescription for better medical care. Philpott looks at the big picture of health for all. This includes an intimate look at the personal roots of well-being: hope, belonging, meaning, and purpose. Then, through real-life stories, she examines the impact of the social determinants of health. Finally, she explains that none of this will happen without the political will to do the hard work of rebuilding a healthy society. The remedy we await is serious leadership to implement what we already know and to put the well-being of Canadians at the top of the agenda.

Whether you will have read the book or not, join us for the discussion Tuesday, November 25 at 7:30pm online via zoom. If you need assistance getting a copy of the book, speak to [Erin Stone](#).