

Sunday, April 19 | 12pm
Hybrid Event



Free Programs & Services to Support Caregivers

**with Shrid Dhungel from
The Ontario Caregiver Organization**

Lunch provided by Mosaic Home Care Services

FREE PROGRAMS & SERVICES TO SUPPORT CAREGIVERS

***Information Session with Shrid Dhungel from
The Ontario Caregiver Organization***

**Sunday, April 19 following worship
Hybrid event**

Most of us, at some point in our lives, will be a caregiver to someone close to us. Caregivers provide important support including physical and emotional assistance in a variety of different settings. In order to do so, caregivers need support too. This presentation is a great way to introduce caregivers to all the free programs, services and resources that we offer and how they can get connected to them. The presentation will also cover the current caregiving landscape in Ontario.

For those joining in person, lunch will be provided by Mosaic Home Care Services.

We look forward to welcoming Shrid Dhungel, M.P.H., Regional and Project Lead, Community Engagement, The Ontario Caregiver Organization.