

WELCOME TO OUR

# Monthly Newsletter

*we're so glad you're here!*

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## A Global Women's Community



**Encouragement, Support, and Personal Growth found here!**

The She Is Me Ministry was birthed through the survival of dysfunction and trauma. The lessons learned are used as a vehicle for evolution.

The She Is Me Ministry offers a safe space where support, encouragement, transparency, and healing are available through the power of God's word and community to make a global impact.

All activities and services offered empower women to build strong character, healthy relationships, and positive habits that will lead to divine destiny and purpose.

# FEBRUARY FOCUS

## PREPARING THE SOIL OF OUR HEARTS TO REAP A HARVEST

*“Break up your unplowed ground,  
for it is time to seek the Lord, until  
He comes and showers His  
righteousness on you.”*

— Hosea 10:12





## February Theme: A Heart Postured for Harvest

When we prepare our hearts, we position ourselves for:

- Clarity in hearing God's voice
- Strength to endure the growing season
  - Fruitfulness that blesses others
- Peace that comes from alignment with God's will

**Harvest is coming—but preparation is the key.**

### Prayer for February

*Lord, prepare the soil of my heart. Break up the hardened places, remove anything that hinders growth, and plant Your Word deeply within me. Make me receptive, teachable, and ready for the harvest You have planned. Let this month be a season of quiet cultivation and spiritual renewal. Amen.*

### Scripture Focus

“Break up your unplowed ground, for it is time to seek the Lord, until He comes and showers His righteousness on you.” —  
Hosea 10:12

This verse reminds us that spiritual harvest doesn't happen by accident. It begins with preparation—softening the hardened places, uprooting what no longer belongs, and making room for God's righteousness to take root.

# Preparing the Soil of Our Hearts to Reap a Harvest

As we step into February, a month often associated with love, warmth, and reflection, God invites us into a deeper kind of preparation—one that happens beneath the surface. Just as a farmer tends to the soil long before a seed ever sprouts, we too must prepare the soil of our hearts for the harvest God desires to bring forth in our lives.

This month, we lean into intentional spiritual cultivation. We slow down. We examine. We surrender. And we allow God to do the gentle, transformative work that leads to growth.

## The Work Beneath the Surface

Before any visible growth appears, God works in the hidden places. Soil preparation is not glamorous—it's digging, turning, breaking, removing, enriching. **In the same way, God calls us to:**

- Examine our hearts

What attitudes, habits, or fears have hardened the soil?

- Remove the weeds

What distractions or patterns choke out spiritual growth?

- Invite the Holy Spirit to soften us

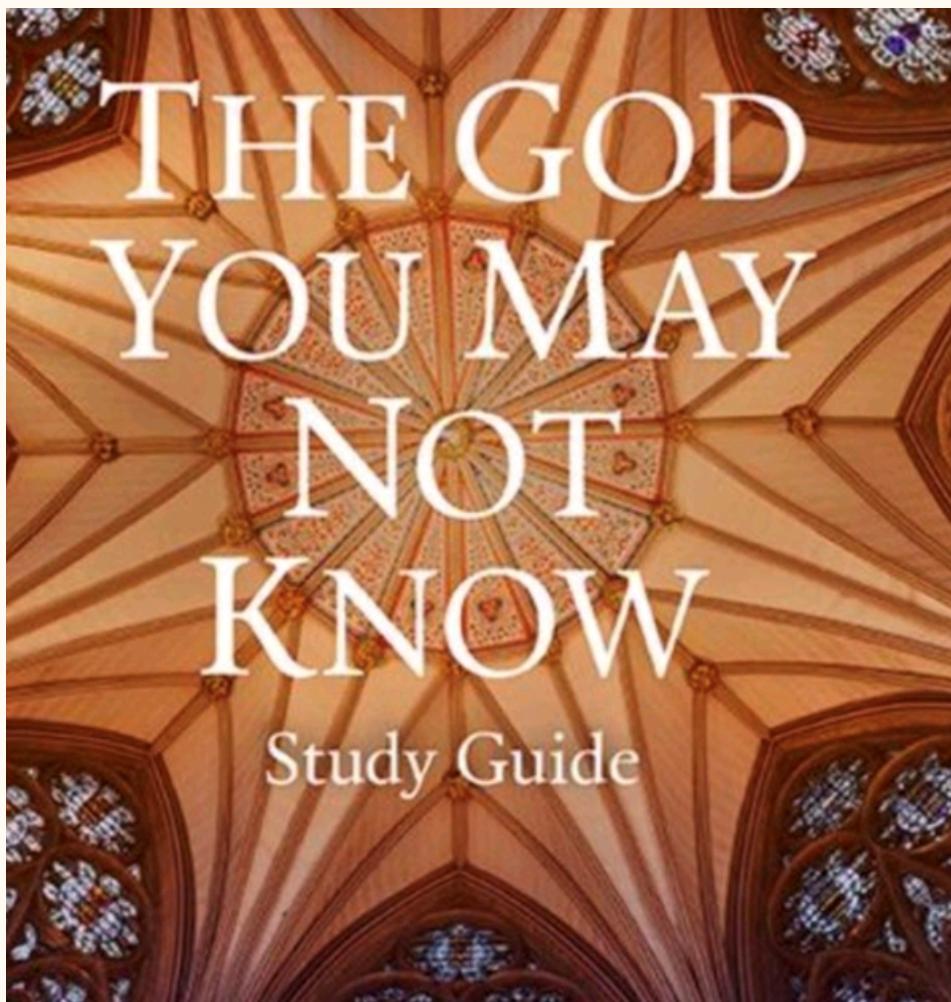
Tenderness is a sign of readiness.

- Plant the Word intentionally

*Seeds of truth grow when planted in prepared soil.*

*This is the month to let God do the deep work. Not rushed. Not forced. Just surrendered.*

# New Bible Study



The God You  
May Not Know

By David  
Jeremiah

Take the Journey from  
knowing about God to  
knowing God

Our new study begins March 3.  
The God You May Not Know by Dr. David Jeremiah.  
Available at: [www.davidjeremiah.org](http://www.davidjeremiah.org) (search  
products) key the title for hardback book and study  
guide.

# JOURNEY OF TRANSFORMATION

A Transformational Journey Designed to Heal Your Past and Build Your Future

This 10-week course will guide you into deeper intimacy with God, increased faith, and a renewed mindset. Through biblical principles, practical strategies, and prayer, you will experience healing, clarity, and restoration.

 March 16-May 18, 2026

 Mondays | 7:00 PM-9:00 PM EST

 Live on Zoom

 Interactive Study Guide Included

## Are You Ready for Your Transformation?

Limited spots available. Secure your place today.

Register today:

[www.sheismeministry.com](http://www.sheismeministry.com)

## Why This Course Matters

## This Is Your Season to Heal, Grow, and Transform

Whether you're seeking emotional healing, spiritual renewal, or practical tools for success, this course is designed to meet you where you are. You will be supported, encouraged, and equipped every step of the way.

### Key Benefits:

- ✓ Strengthen your faith
- ✓ Renew your mindset
- ✓ Break generational cycles
- ✓ Build confidence and clarity
- ✓ Develop practical life skills
- ✓ Connect with a community of women

# 2026 Daily Bible Reading Plan

## “The Bible Recap with Tara- Leigh Cobble”

### (YouVersion bible app)

Join us, beginning January 1, as we read and study God’s word together daily. We will learn how to apply the word of God to our lives, carrying out our purpose, becoming stronger, and more faithful disciples of the Lord Jesus Christ.



# Daily Prayer Service

Join us as we cover our families, our city, our nation, and the world in prayer. There is power when we gather and intercede. Please visit our website to submit your prayer request at [www.sheismeministry.com](http://www.sheismeministry.com)

★ **Daily Prayer Call** | Mon-Sat ★  
at 12 Noon EST ★

Call: (978) 330-9798

If we ever needed to intercede and stand in the gap for others with prayer, we absolutely need to do it now 🙏

Take a moment to pause, breathe, and connect with God and community. Join us as we pray, reflect, and lift one another up—whether you're at work, at home, or on the go.

You can listen to yesterday's recorded prayer by dialing **640-220-3000** Entering Telepray# **9783309798**, and Recording #

Let's stand together in faith and keep our hearts aligned with heaven.

★ Pray without ceasing! ★



[www.sheismeministry.com](http://www.sheismeministry.com)

#PrayerCall | #FaithInAction | #MiddayPrayer | #PrayWithoutCeasing | #SheIsMeMinistry

# Focal Theme for 2026

Peace,  
Purpose,  
Prosperity

“For I know the plans I have for you,  
declares the Lord,  
plans to prosper you and not to harm you,  
plans to give you hope and a future.”

JEREMIAH 29:11

# CONNECT WITH US ON SOCIAL MEDIA

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