

# SHE IS ME MINISTRY

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NO. 6 | SEPTEMBER 2025

WELCOME TO OUR

## Monthly Newsletter

*we're so glad you're here!*

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### A Global Women's Community



### **Encouragement, Support, and Personal Growth found here!**

The She Is Me Ministry was birthed through the survival of dysfunction and trauma. The lessons learned are used as a vehicle for evolution.

The She Is Me Ministry offers a safe space where support, encouragement, transparency, and healing are available through the power of God's word and community to make a global impact.

All activities and services offered empower women to build strong character, healthy relationships, and positive habits that will lead to divine destiny and purpose.

# Welcoming the Fall and a New Season of Faith

There's a quiet kind of wonder that comes with the changing of seasons. As summer fades and fall steps in, the world begins its gentle transformation. The air cools. The trees blush in brilliant shades of amber, crimson, and gold. And if we're paying attention, we can feel it—not just in the atmosphere, but in our spirit.

*Fall is a season of beauty, but also of change. And change, when held in God's hands, is never wasted.*

Ecclesiastes 3:11 has always felt like a whisper of reassurance. A reminder that even when life feels uncertain or in transition, God is still crafting something beautiful. Just as He paints the leaves with color before they fall, He is intentional with every detail of our lives. The trees don't resist the change—they embrace it. They let go of what once was, trusting that what's ahead is part of a divine rhythm. In our spiritual lives, we're often invited into similar moments: seasons where God asks us to release, to trust, to be still.

Maybe you're entering a season of slowing down. Or perhaps God is stirring something new within you—a calling, a shift, a deeper dependence on Him. Whatever it is, fall reminds us that transformation can be breathtaking, even when it's quiet.

As the weather cools and we reach for sweaters and warm drinks, there's a natural pull toward comfort and closeness. Spiritually, this is a beautiful time to draw near to God. To cozy up in His Word. To reflect, journal, and listen.

Fall invites us to pause. To notice. To be present. And in that stillness, we often hear God more clearly.

There's something eternal stirring in us, even as the leaves fall. A longing for purpose. A desire for deeper connection. A hope that what we're walking through is part of something far greater.

The falling leaves aren't a loss—they're a preparation. Trees shed so they can rest, so they can be ready for what's next. In our lives, letting go might look like releasing control, forgiving someone, or stepping away from something that no longer aligns with God's plan. It's not always easy. But it's sacred. Because when we make room, God fills it with something new. Something beautiful. Something eternal.

As you sip your cider and watch the leaves turn, may you be reminded: this season is not just about nature's change—it's about yours, too. God is making something beautiful in you. In His time. In His way. And it will be worth the wait.

**The She Is Me Ministry is launching a new initiative to help the community by offering support, encouragement, hope, and healing. Through a collaborative effort of community leaders and professionals, we are hosting an open forum for young parents to have honest dialog about the very real-life issues that they face daily, in a safe, judgement-free environment. We will offer parenting tools, techniques, and community resources to aid in the challenges of raising children in today's society. A free breakfast and safe kids' play zone will be available as well.**

# LET'S TALK ABOUT IT

SHE IS ME MINISTRY  
PRESENTS



Join us for an honest conversation regarding real life issues in a safe, judgment-free environment that offers encouragement, hope, and healing. This is a family affair, so bring the children!

**FREE AND OPEN TO THE PUBLIC  
SCAN THE QR CODE TO REGISTER  
NOW!**

## WHAT TO EXPECT:

- FREE BREAKFAST
- SAFE KIDS PLAY ZONE
- COMMUNITY PROFESSIONALS PROVIDING RESOURCES
- SUCCESSFUL PARENTING TECHNIQUES and TOOLS

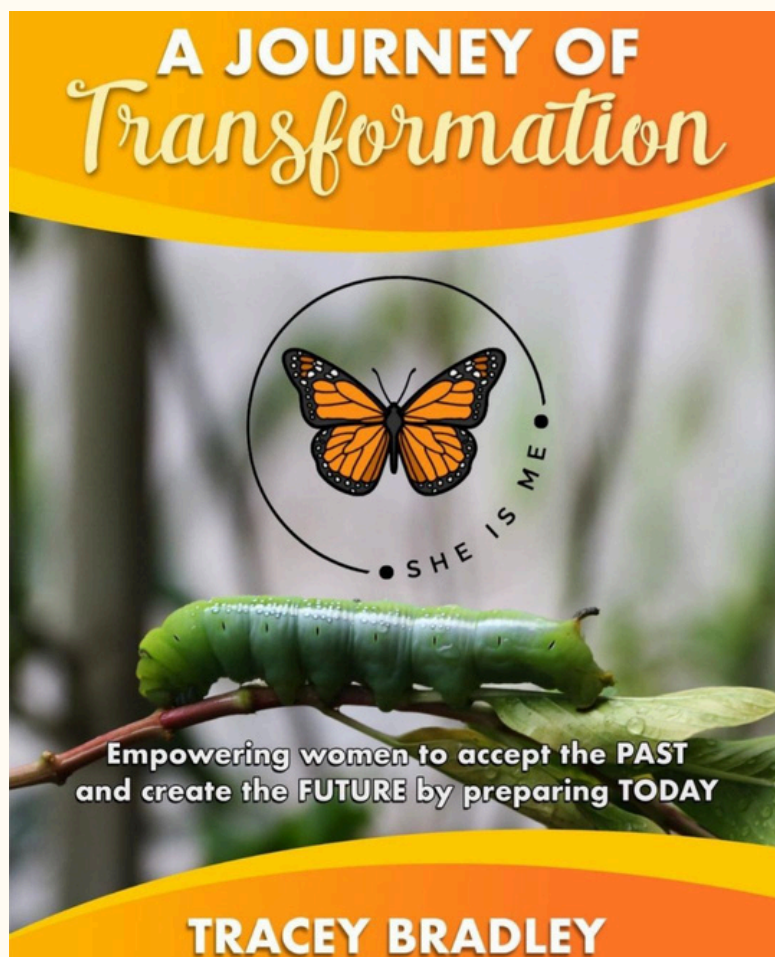


**13 SEPTEMBER 2025 10:00AM- 12:00PM**

**TRAY'S FAMILY FUN HOUSE 4814 DOVER RD. LOUISVILLE, KY 40216**

**JOIN US NOW! 502-509-1226 [www.sheismeministry.com](http://www.sheismeministry.com) [Info@sheismeministry.com](mailto:Info@sheismeministry.com)**

# A JOURNEY OF TRANSFORMATION



Each Monday from 7:00 PM- 9:00 PM EST on Zoom, this 10- week course along with an interactive study guide will lead you to develop intimacy with God, increase your faith, and change your mindset.

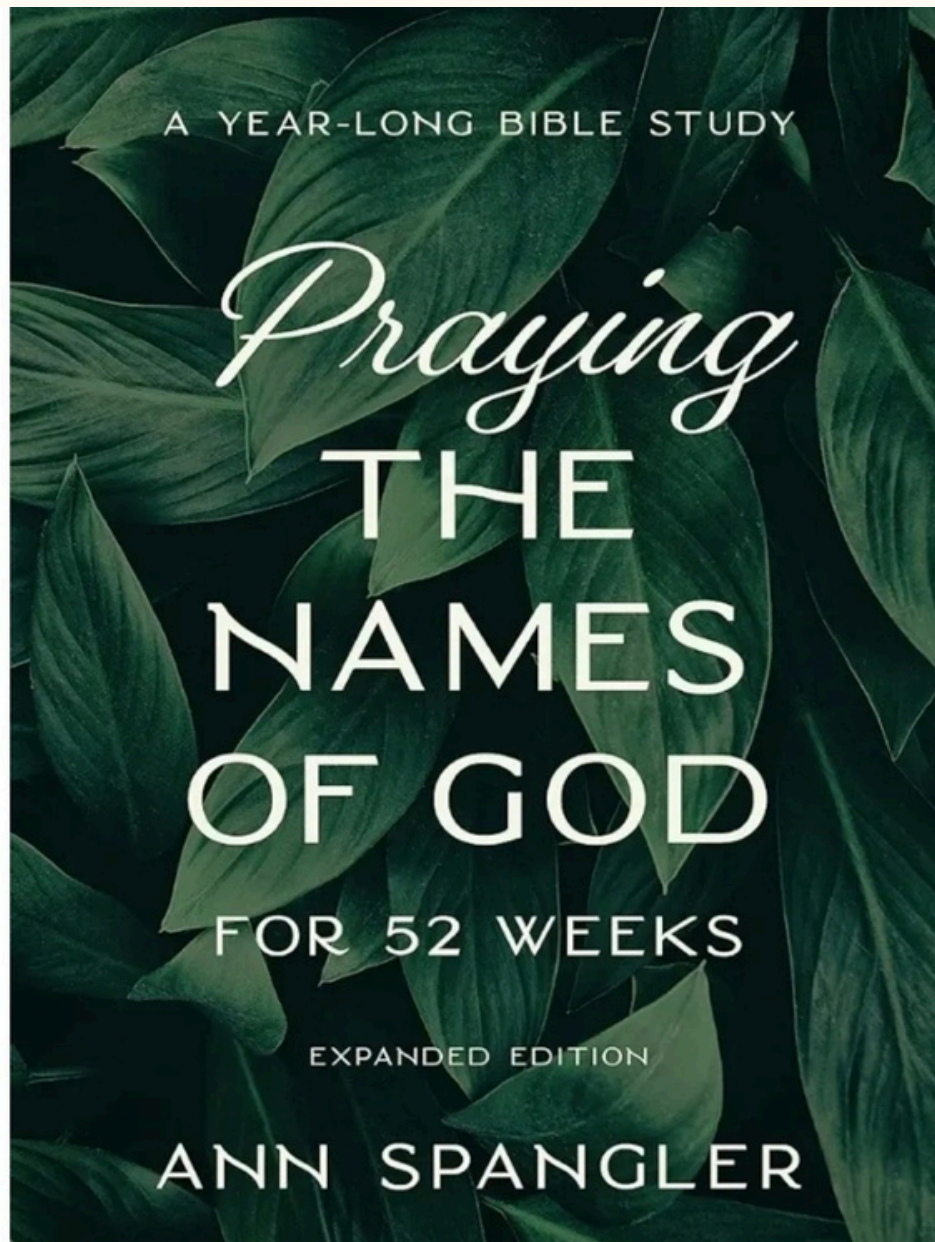
With each lesson, through key fundamental biblical principles, practical tools, strategies, and prayer you will become healed, restored.

In Phase 1, you will discover the impact of generational trauma, family dysfunction, the power of words, and self-sabotaging behavior.

Phase 2 teaches life skills necessary for success such as time management, wealth management, and career development. Each session will empower you to accept and move beyond your past, create your desired future, by preparing today.

**Register now for classes October 13- December 14, 2025.**





## Encounter a Deeper Experience of God's Goodness and Love

We praise God for a wonderful time of rest and rejuvenation during our summer break. We are coming back to finish out the last 26 weeks of our study as we learn the names of Jesus in the New Testament. Join us on-line via Zoom for an hour of power, each Tuesday at 7:30 pm EST. This 52-week study on the names and titles of God will help you experience Him in fresh and deeper ways, revealing many surprising connections between the Old and New Testaments. As we explore His names, we will come face-to-face with the God of Scripture- a God who is both the greatest of all Kings and the most loving of all Fathers. A God enthroned on high who bends low so that we can come to know Him.

To purchase the study guide, go to: <https://www.amazon.com/dp/0310145155>

# CONNECT WITH US ON SOCIAL MEDIA

FB: sheisme.min

IG: sheisme.ministry

YouTube: she.is.me.ministry

TikTok: TraceyBradley0

Email: [info@sheismeministry.com](mailto:info@sheismeministry.com)

**[www.sheismeministry.com](http://www.sheismeministry.com)**

