

## Pool Schedule

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<i>Lap swim 5:00 – 6:55 a.m. Open Swim/ Limited Lap 7-7:55 a.m.</i>	<i>Lap swim 5:00 – 6:55 a.m.</i>	<i>Lap swim 5:00 – 6:55 a.m.</i>	<i>Lap swim 5:00 – 6:55 a.m.</i>	<i>Lap swim 5:00 – 6:55 a.m.</i>	<i>Lap Swim 6:00 – 7:55 a.m.</i>
<i>Deep Water 8:00 - 8:50 a.m.</i>	<i>Open Swim/ Limited Lap Swim 7:00 - 8:55 a.m.</i>	<i>Open Swim/ Limited Lap Swim 7:00– 8:55 a.m</i>	<i>Open Swim/ Limited Lap Swim 7:00 - 9:55 a.m.</i>	<i>Open Swim/Limited Lap swim 7:00 – 8:55 a.m.</i>	<i>Open Swim 8:00 am - 2:45 p.m.</i>
<i>Aqua Zumba 9:00 - 9:50 a.m.</i>	<i>SilverSneaker Splash 9:00– 9:50 a.m</i>	<i>Hybrid Deep Water 9:00– 9:50 a.m</i>		<i>Deep Water 9:00 - 9:50 a.m.</i>	<b>Saturday Swim Lessons 8:30 am -12 pm (Pool is OPEN to members)</b>
<i>Aqua Movers 10:00 - 10:50 a.m.</i>	<i>Gentle Aquacise 10:00 - 10:50 a.m.</i>	<i>Aqua Movers 10:00 - 10:50 a.m.</i>	<i>Gentle Aquacise 10:00 - 10:50 a.m.</i>	<i>Aqua Movers 10:00 - 10:50 am</i>	
<i>Open Swim/Limited Lap Swim 11:00 am– 4:10 p.m.</i>	<i>Aqua Boogie 11:00 - 11:50 a.m.</i>	<i>Open swim/Limited Lap Swim 11:05 – 4:10 pm</i>	<i>Aquacise 11:00 - 11:50 a.m.</i>	<i>Open Swim/ Limited Lap Swim 11:00 am - 7:45 p.m.</i>	
<i>Aqua Cardio Workout 4:15-5:15 pm &amp; 5:15-6:15 pm <b>Begins October 11th</b></i>	<i>Open Swim/ Limited Lap Swim 12:00 – 5:05 p.m.</i>		<i>Open swim/ Limited lap swim 12:00 am – 4:55 pm</i>		
	<i>Aqua Kick 5:10 -5:55 pm</i>	<i>Swim Lessons (Pool CLOSED) 4:30 – 7:15 pm</i>	<i>Aqua Zumba 5:00-6:00 pm</i>		<b>Sunday</b>
<i>Open Swim/Limited Lap Swim 6:20 – 8:15 p.m.</i>	<i>Open Swim/ Limited Lap swim 6:00 – 8:15 p.m.</i>	<i>Open swim/Limited Lap Swim 7:20 – 8:15 pm</i>	<i>Open swim/Limited Lap Swim 6:05 – 8:15 pm</i>		<i>Lap Swim 7:00 – 7:55 a.m.</i>
					<i>Open Swim 8:00 am - 2:45 p.m.</i>

### 25 Yard Pool

**For Current Procedures: Call 815-233-2292 or stop by the front desk**

**Pool Parties available Saturdays & Sundays from 3-5 pm (After Hours) Call to book.**

**Swim Lessons: Wednesday Evenings (Pool Closed), Tuesday Afternoons (Pool Open) & Saturday Mornings (Pool Open). Call to sign-up.**