

# CLASSROOM MIRRORS (STUDENTS IN THE REAL WORLD)

*These characters bridge EmberWood into the lived classroom experience.*

## **Mira — Identity, Authenticity & Belonging**

- Loves learning and curiosity
- Feels pressure to fit in
- Torn between being real and being accepted
- Represents social masking and authenticity conflict

**Teaches:** Identity formation, peer pressure, self-trust, belonging vs. fitting in

### **Mira anchors:**

- Identity & belonging units
- Peer dynamics
- Social masking
- Authenticity vs conformity



## Nova — Neurodivergence, Intensity & Regulation

- Big energy, big ideas, big emotions
- Explosive when overwhelmed, frozen when overloaded
- Thrives with movement, rhythm, and skill focus
- Shines in project based interests and embodied learning

**Teaches:** Neurodivergent affirmation, executive function, regulation, support not punishment

**Nova anchors:**

- Regulation & rupture
- Sensory integration
- Embodied learning
- Behavior + support reframes
- Yo-Yo as executive function tool



# LUCY — THE UNSEEN FIRE

**Archetype:** The Longing Heart **JOY Role:** Self-Love & Recognition

**Core Motive** To be seen without having to perform.

## Values

- Authenticity
- Longing
- Self-trust
- Vulnerability
- Emotional truth

## What Lucy Represents

- Childhood invisibility
- Family estrangement
- School isolation
- Social exclusion
- The fear of being unlikable
- The ache of trying to exist without being mirrored

## Emotional Role in the System

Lucy teaches:

- Love that is withheld hurts the nervous system
- Being misread wounds identity
- Recognition restores regulation

Lucy is: The fire that waits to be named.



Lucy is the **emotional bridge between invisibility and self-recognition.**

Where Skyla leaps... Where Benny waits... Where Luma signals... Where the FlameKeeper witnesses...

**Lucy is the one who shines so bright they almost disappears.**

Lucy represents:

- The child who feels real on the inside but unseen on the outside
- The one who is misread, mislabeled, or bypassed
- The one who burns with truth but doubts their right to be visible
- The one who wonders: "Am I real if no one sees me?"

## **ROWAN & THE CORE FRAMEWORK**

Nova lives at the center of **Lonely** and **Tired**.

The story teaches adults to ask: “Is this child dysregulated... or disappearing?”

Nova is the whisper behind: “I want to keep trying, but I don’t know how.”

Because invisibility makes asking feel dangerous.

### **WHY ROWAN MATTERS**

Rowan is the narrative embodiment of a lived experience of:

- being misread
  - being overlooked
  - being emotionally bypassed
  - being told implicitly that your presence is “too much” or “not enough”
- The biological cost of exclusion
  - The psychological cost of being unmirrored
  - The human need for recognition to regulate the nervous system

***Rowan carries the fire that teaches others how to see what they have been trained to overlook.***



## **ROWAN’S EMOTIONAL ROLE IN THE UNIVERSE**

Rowan is the living embodiment of:

- Invisibility
- Misinterpretation
- Delayed recognition
- The fear of being unlikable
- The ache of wanting to be chosen
- The exhaustion of having to prove you exist

They teaches the world:

- That being unseen hurts the body
- That exclusion is felt before it is understood
- That visibility is not vanity — it is survival
- That recognition restores the nervous system