

# The Scope: Three SEL Units Across Grades 1–5

## **SEL Unit for Grades 1–2 (early literacy, early emotional vocab)**

Developmentally:

- simpler language
- concrete examples
- stories, pictures, routines
- play-based belonging activities
- gentle introduction of HALT
- early recognition of feelings
- “my flame feels \_\_\_\_”
- help-seeking through DOI basics
- simple inclusive class routines (“save a seat,” “invite in,” “turn & talk partners,” etc.)

## **SEL Unit for Grades 3–4 (expanding emotional literacy + group dynamics)**

Developmentally:

- more nuance
- identifying social cues
- empathy building
- inclusion practices
- HALT as a class-regulation routine
- DOI as a structured sentence frame
- JOY as a skill-building mantra
- combining stories + reflection
- role-play and group collaboration

## **SEL Unit for Grades 4–5 (the leadership version)**

Developmentally:

- identity formation
- buddy/mentor roles
- teaching younger students
- handling conflict
- deeper belonging literacy
- applying HALT compassionately to peers
- DOI as a metacognitive strategy
- using JOY Flame for self-regulation during academic challenges
- group identity, community agreements, student-led problem solving