

# Winter 2026 **THROWERS CLINIC**

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**@ Centennial High School, Boise**  
**All ages welcome!**

**7th & 8th February 2026**

**10 AM - 1 PM**

**High- quality instruction for Beginners & Elite throwers!**

**Over 100 years' combined coaching experience & expertise**

**1 : 1 instruction**

**Video analysis available**

**Scan to secure your spot  
today!**

**\$50 / ATHLETE**



**ITW Winter26**

# Let's throw!!



**WWW.IDAHOTROWERSANDWEIGHTLIFTERS.COM**