

SUMMER 2025 THROWERS CLINIC

@ Mountain View High School

AGES 12 - 19

16-18 JUNE 2025

**MORNING 9:30 AM - 12:00 PM
AFTERNOON 2:30 PM - 5:00 PM
EVENING 7:00 PM - 9:00 PM**

- Daily Training and instruction, including throwing specific drills with video analysis, weightlifting and athlete specific movement skills
- Program designs for off-season, pre-season, in-season/competition training
- Off-season, pre-season, in-season and competition training program designs for individuals and teams
- One year subscription included with camp registration giving access to program design and further education

SECURE YOUR SPOT TODAY!

