

2020 Retrogrades

For information on what a retrograde is and how they affect us, see the Additional Resources section at the end of this article.

Occurrence

Mercury: Rx 3 times/year for approx. 3 weeks

Venus: Rx every 18 months for approx. 6 weeks

Mars: Rx every 26 months for 55 - 80 days

Jupiter: Rx once per year for approx. 4 months

Saturn: Rx once per year for approx. 4.5 months

Chiron: Rx once per year for approx. 5 months

Uranus: Rx once per year for approx. 5 months

Neptune: Rx once per year for approx. 5 months

Pluto: Rx once per year for approx. 5.5 months

2020 Dates and Degrees

Mercury: Feb 17th (12°53' Pisces) - Mar 10th (28°13' Aquarius)

Jun 18th (14°16' Cancer) - Jul 12th (5°30' Cancer)

Oct 14th (11°40' Scorpio) - Nov 4th (25°55' Libra)

Venus May 13th (21°50' Pisces) - Jun 25th (5°20' Pisces)

Mars Sep 10th (28°8' Aries) - Nov 14th (15°14' Aries)

Jupiter May 14th (27°14' Capricorn) - Sep 13th (17°24' Capricorn)

Saturn May 11th (1°57' Aquarius) - Sep 29th (25°20' Capricorn)

Chiron Jul 12th (9°26' Aries) - Dec 16th (4°56' Aries)

Uranus Aug 15th (10°42' Taurus) - Jan 14th (6°43' Taurus)

Neptune Jun 23rd (20°58' Pisces) - Nov 29th (18°10' Pisces)

Pluto Apr 26th (25°0' Capricorn) - Oct 4th (22°29' Capricorn)

Notes

*Rx = Retrograde

*All dates and degrees were taken from the 2020 Ephemeris at astro.com.

*All dates are based on Atlantic time zone.



2020 Chronological Dates

Feb 17th: Mercury goes Rx

Mar 10th: Mercury goes direct

Apr 26th: Pluto goes Rx

May 11th: Saturn goes Rx

May 13th: Venus goes Rx

May 14th: Jupiter goes Rx

Jun 18th: Mercury goes Rx

Jun 23th: Neptune goes Rx

Jun 25th: Venus goes direct

Jul 12th: Mercury goes direct

Jul 12th: Chiron goes Rx

Aug 15th: Uranus goes Rx

Sep 10th: Mars goes Rx

Sep 13th: Jupiter goes direct

Sep 29th: Saturn goes direct

Oct 4th: Pluto goes direct

Oct 14th: Mercury goes Rx

Nov 4th: Mercury goes direct

Nov 14th: Mars goes direct

Nov 29th: Neptune goes direct

Dec 16th: Chiron goes direct



Additional Resources

For more information on what retrogrades are and how they affect us, check out this article:
<https://www.twinflames1111.com/blog/ascension/retrogrades-explained/>

To understand how a retrograde is affecting you personally, you need to apply the location (degrees ° and minutes ') of the retrograde to your natal birth chart. The following link is a teaching video that explains this: <https://www.youtube.com/watch?v=m2wmzgRJoqY>

If you have natal planets retrograde in your birth chart, this video can provide some insight:
<https://www.youtube.com/watch?v=FY5mF3cwDp8&list=WL&index=24&t=0s>

