

Do you know how to take care of your skin immediately after your wax?



For best results, it is essential that you take care of your skin between your wax appointments.

Waxing leaves the skin in a vulnerable state for up to 48 hours after the appointment. There are certain things you can do for your skin during this time that will soothe the skin and preserve your waxing results. Additionally, there are things that should be avoided during this time period - this way you can avoid ingrown hairs, breakouts, and irritation! We got you!

These guidelines will help you take care of your skin after your waxing session.

The Do's

Always Apply a Post-Depilatory.

Post-depilatories are amazing! They help your skin recover after your wax, prevent breakouts and condition your skin for smooth, lasting results. Your aesthetician should apply a post-depilatory product immediately after your wax.

Keep Clothing Loose . Dodge Skin Irritation!

Make sure you wear loose clothing after your wax session! This will help reduce the chance of skin irritation. Depending on the area you just had waxed, a fresh t-shirt or pair of cotton (no lace or synthetic fabrics) underwear is a great option! Your skin will thank you!

The Don'ts

Don't touch your skin if you've just waxed!

Natural oils can clog pores, and the bacteria on your skin may increase breakout/infection risk. To avoid bumps and other adverse reactions to your wax, resist scratching or touching your freshly waxed areas!

Watch Your Products Avoid skin irritants.

Avoid using thick body moisturizers, and fragrant body washes, sprays, lotions, or deodorants. Products can clog your open follicles, while fragrant products can risk irritation.

Do you know how to take care of your skin immediately after your wax?

The Do's

Stay Cool and Calm **Reach out with questions!**

It's totally normal for your skin to be red and tender after a wax, especially if it's your first! Make sure you understand the instructions your esthetician gave you and any options they recommend for continued discomfort. A cool compress or a soothing treatment mask may be on the list. Communicate anything that seems out of the norm.

Wait to Exfoliate **24-hours minimum.**

Waxing is a form of exfoliation and your skin must recover before you exfoliate at home! Make sure to hydrate the skin with a recommended product to keep the skin balanced and conditioned.

Buy High-Quality Products **Take care of your skin - the right way.**

Your skin is your largest organ - take care of it. Make sure you invest in high-quality products that are recommended by a specialist.

The Don'ts

Don't Pick Your Skin **If you see an ingrown hair, let it be!**

In between waxes you may notice ingrown hairs, but it's best to leave them be! A regular home care routine will help reduce the number of ingrown hairs you get - so be consistent and patient! Leaving the extractions to your esthetician ensures they get done correctly and don't leave behind a scar.

Avoid the Sun **Plan ahead.**

For at least 24 hours after your wax, avoid sun exposure. Freshly waxed skin is very sensitive, so sun exposure can be more damaging than normal.

Avoid Physical Activity **Sweat can hurt!**

Sweat, friction, and heat are a recipe for disaster post-wax. This is one of the most commonly ignored recommendations that leads to both immediate and long term skin challenges. This includes intimate activity and swimming!



BEAUTY & WELLNESS

LASH AFTER CARE

- DO NOT GET LASHES WET FOR THE FIRST 24 HOURS.
- DO NOT USE MASCARA ON YOUR LASH EXTENSIONS.
- DO NOT PICK OR PULL ON YOUR LASH EXTENSIONS.
- BRUSH YOUR LASHES DAILY.
- WASH AND RINSE YOUR LASHES DAILY WITH LASH CLEANSER, USING YOUR FINGERS OR PREFERABLY A CLEANSING BRUSH.
- AVOID EYE MAKEUP AND CREAMS WITH OILS.
- WHEN USING EYELINER, USE POWDER EYELINER OR WATER-BASED LIQUIDS.
- TRY TO SLEEP ON YOUR SIDE OR BACK TO AVOID SQUISHING YOUR LASHES.
- REMEMBER YOUR LIFESTYLE AND ACTIVITIES LIKE EXERCISE, SWIMMING, HOT YOGA, ETC. WILL AFFECT YOUR LASH RETENTION.

REMEMBER TO SCHEDULE YOUR FILLS WITHIN 3 WEEKS OF YOUR PREVIOUS APPOINTMENT.

