Sange Mon 懺海文

Repentance is the mysterious medicine which cures illness and the Secret Dharma to change one's fate. If we wish to cure terrible disease or transform evil karma, then we should repent our sins.

The law of cause and effect is strictly impartial and impossible to escape. Since even minute transgressions bring about dreadful effects, the great sins of being unfilial, unjust, unfair, unfaithful, unethical, turning one's back on virtue and forgetting the debts of gratitude that we owe others who have shown us favor, will bring about even worse retribution. The accumulation of these sins, become the cause for severe disease inviting misfortune and disaster.

Reflecting deeply upon this, I realize that I have perpetuated this behavior since the infinite past. I have become drunk with the wine of illusion which has consequently created unlimited and profoundly evil karma within my life. For example;
I may have been a child who despised my parents, a disciple who disgraced his master, a subject who defied the sovereign, a husband who oppressed his wife, a wife who conquered her husband, a mother in law who despised her daughter in law, a daughter in law who opposed the mother in law, or siblings who erected walls of disharmony between each other,
when I have shown spite for those who have treated me favorably, schemed to take advantage of an others misfortune, broke a promise, spoke ill of others, lied, spoke recklessly or deceitfully, or when I have acted immorally, behaved violently, killed or stole, when my feelings were so strong that I refused to get along or compromise with others, when feelings were so cold that I could not love another, or so profoundly vindictive

that I bore grudges against others, when I was unjust and caused others to suffer, when my desires were so strong that I had uncontrollable attachment to things, and other various sins, offenses and transgressions which when accumulated, resulted in the manifestation of evil karma. This karma then became the very substance of my bones and flesh which beckoned miserable consequences. Not only did these evil actions give birth to terrible karma, but they set the stage for further commitment of other sins during the lifetime.

The phenomena is just like the person who wears black clothes to refuse to acknowledge the filthy grime around their own collar, or the person who wears white and is dreadfully terrified of even the slightest speck of dirt of impurity.

I must feel, however, profound joy for the one piece of great fortune that I possess. I have been able to encounter the Wonderful Dharma of Myōhō Renge Kyō which is extremely difficult to encounter.

As I now kneel before the Eternal Buddha, sacred Lord the Dharma Realm, I have been endowed with the heart that is able to deeply repent in order to expiate my sins.

The Sutra states that the vast sea of evil karma is created from illusion to the truth. If I embrace the desire to repent my sins and sit erect in observance of the true aspects of life, I will see that the offenses of mankind are just as frost and dew, which dissipate in the warm rays of the sun.

I sincerely repent my offenses and heartily pray the ray of Namu Myōhō Renge Kyō that I chant and embrace, will shine its sacred light on the true aspects of my life.

I further pray that my evil karma which I myself have created since the infinite past be expiated, that I may quickly be saved from the suffering of illness, that my fixed evil karma be transformed and I am granted the great benefit of peaceful existence throughout this lifetime.

I sincerely pray.