

SANITY FOR HUMANITY

THE REBOOT STARTS NOW



We all come from the same mother.
Every human alive is your cousin, by blood, by
science, by history.

Nature thrives on diversity, and so should we.
But we forgot.
We let fear, envy, and disinformation turn cousins
into enemies.
We followed false leaders. We stayed silent when
we should have stood up.

It's time to reboot.

This is your call to sanity.

- Stop seeing enemies and start seeing extended family.
- Stand up when others are disrespected.
- Reject radical ideologies that demand blind obedience.
- Question before you conform.
- Be the gatekeeper of what enters your mind.
- Hold onto your moral compass — even when it's inconvenient.
- Refuse to justify hate and violence by blaming "the other."
- Lead with empathy, courage, and accountability.
- Teach our youth that they are problem-solvers, not bystanders.
- Be grateful. Hug tighter. Listen longer.
- See the bigger picture, we're all living on the same crust of cooled lava, spinning together.

Humanity doesn't need fixing.
It needs remembering.
We're not broken. We're distracted.
Let's remember who we are.
Sanity for Humanity.
Because we can do better.
And we must.