

# **THE MOVEMENT: SANITY IN HUMANITY**

A Transformational Curriculum for a New Generation

A Global Awakening Rooted in Empathy, Science, and Shared Origins

*A Global  
Awakening  
for Today's  
Youth*



# **“Sanity in Humanity” – A Transformational Curriculum for a New Generation**

A Global Awakening Rooted in Empathy, Science, and Shared Origins

What if a single idea could shift a student’s worldview forever?

What if we stopped teaching young people what to think, and instead helped them rethink humanity itself?

**INTRODUCING: The Sanity in Humanity Educational Program**

A revolutionary, science-rooted, empathy-centered curriculum package designed for schools and youth programs worldwide. This isn’t just a lesson. It’s a reboot.

**THE WHY: A Powerful Perspective Shift That Changes Lives**

We believe this perspective is so transformative, it can have an instant and lasting impact on how young people understand themselves, each other, and the world around them.

- Science tells us we are all part of the same human family, and every person on Earth is at most your 50th cousin.
- Nature shows us that diversity is its greatest strength; variety is not division, it is beauty.
- History warns us that when we forget our shared origins, fear, division, and hate creep in.

This program teaches students to see themselves not as isolated individuals or divided tribes, but as connected members of one astonishing species, sharing a fragile planet in an infinite universe.

## **PILLARS OF MORAL FORTITUDE**

The five habits you’ll use in every discussion and activity:

1. Emotional Composure
2. Practice pausing and settling your emotions when you feel attacked, so you can choose a calm, constructive response.
3. Empathy Inquiry
4. Replace confrontation with genuine listening: invite, “Tell me more,” to disarm hostility and open dialogue.
5. Empathic Perspective
6. Acknowledge your blind spots and be ready to admit when you might be wrong. Humility fosters mutual understanding.
7. Courageous Consistency
8. Moral courage isn’t a one-off. Deliberately rehearse these skills so they become your default way of engaging.
9. Purpose Alignment
10. Constantly check your motive: are you solving the problem or seeking moral superiority? Align with the former for healthier outcomes.

## THE PACKAGE: Everything You Need to Ignite a Global Mindset

“Sanity in Humanity: Rebooting the Human Connection” is a turn-key educational experience designed for middle schools, high schools, and community programs.

- 80-minute documentary film
- “The Weight of Memory: I Am Bernie Furshpan” is a deeply moving story of Holocaust survival, inherited trauma, and an urgent call for tolerance and remembrance.
- 30-minute guided presentation with a 24-slide multimedia deck
- Framing the story of humanity with science, compassion, and a global perspective.
- Five follow-up interactive sessions (30 minutes each) with student workbook exercises:
  - a. Where We All Came From – Exploring human origins and genetic kinship
  - b. Nature Loves Diversity – Celebrating human variation and unity
  - c. The Roots of Hate – Understanding fear, manipulation, and division
  - d. What Is True Leadership? – Redefining power through empathy
  - e. The Reboot Starts With You – Personal accountability and change

## THE IMPACT: Why Schools Need This Now

This is more than an educational supplement. It’s an essential tool for shaping emotionally intelligent, globally aware citizens. Your students will walk away with:

- A renewed sense of belonging to the human family
- The critical thinking tools to challenge harmful ideologies
- The empathy to treat others with dignity and understanding
- The leadership vision to stand up for justice in their own communities

In a world overwhelmed by digital noise, division, and misinformation, Sanity in Humanity gives students the grounding truth they’ve been missing.

## WHO IT’S FOR

- Schools (Grades 7–12)
- Youth organizations
- Social studies and history departments
- Diversity, equity, and inclusion (DEI) programs
- Leadership and civic engagement courses

## THE TAKEAWAY

“Sanity in Humanity” is not just a program; it’s a movement.

- Scientifically grounded
- Emotionally resonant
- Culturally inclusive
- Logistically simple to implement
- Permanently impactful

## **JOIN THE MOVEMENT**

Let's teach the next generation not just to remember history, but to reframe humanity.

Let's give them the lens that sees past difference and division, and into our common human story.

**Because we are cousins.**

**Because we are builders.**

**Because we must do better.**

**The reboot starts now.**

## **SANITY IN HUMANITY**

A curriculum for our shared future.

From the heart,

A handwritten signature in black ink that reads "Bernie Furshpan". The signature is written in a cursive, flowing style with a long horizontal line extending from the bottom of the name.

For more info, visit [iambernie.com](http://iambernie.com) or contact [iambernie2025@gmail.com](mailto:iambernie2025@gmail.com)