# NOW EVERYONE CAN MAKE THIEIR OWN PAHCHAN

Annual Report 2023-24



Hamari Pahchan NGO

#### CONTENT

Founder's note	2
Vision, Mission and Values	5
Area of Intervention	6
Our Approach	7
Increasing counts (Highlights)	8
Drishti Project	9
Skill development	14
Sukhad: Menstrual Hygiene	18
Legal Aid	22
Gadgetshala	24
Malnutrition-Eradicating Hunger	27
Empowering Elderly Lives	31
Key events/ year at a glance	35



# FOUNDER'S NOTE

Dear Supporters,

As we reflect on the journey of our NGO over the past year, it fills me with immense pride and gratitude to see how far we have come. Our organization has experienced remarkable growth, both in terms of our impact and our reach.

We have launched several new initiatives that have touched the lives of many, from innovative educational programs to community development projects. These efforts have not only expanded our footprint but also deepened our commitment to making a meaningful difference in the world.

One of our most significant achievements has been the increase in our members and volunteers. With more dedicated individuals joining our cause, we have been able to amplify our efforts and reach even more communities in need.

A particular highlight has been our outreach to students in various countries, providing them with opportunities for learning, growth, and empowerment. Seeing the positive impact we have had on these young minds has been incredibly rewarding and reinforces our belief in the power of education to transform lives.

None of this would have been possible without the generous support of our donors, partners, volunteers, and everyone else who has contributed their time, resources, and expertise. Your commitment and belief in our mission have been the driving force behind our success this year.

As we look ahead, we are filled with excitement and optimism for the future. We see boundless potential for further growth, innovation, and positive change. Together, we can continue to build a better world for all.

Thank you for being a part of this incredible journey.

Tarun Mathur Founder, Hamari Pahchan NGO



WE CARE

## WE EDUCATE

# WE CREATE

# WE EMPOWER

# WE BELEIVE



# little about us!

SPEIL-English

# VISION, MISSION AND VALUES



# Vision

To help everyone create their own identity, hence, Hamari 'Pahchan' (Our Identity.)



# **Mission**

We seek a world full of hope, tolerance, and equity, where there is no poverty and everyone lives with a sense of dignity and security.



# Values

We believe in integrity, transparency, equity & justice.

# **6 Area of Intervention**

#### Hygiene

The Sukhad initiative will be expanded to cover additional underprivileged communities and ensure access to menstrual hygiene services.

#### **Primary and Digital Education**

To improve learning results, various teaching approaches and tools are being implemented. Continued activities aiming at closing the digital divide and improving digital literacy abilities among marginalised individuals.

#### **Employment**

Continued skill development programmes aimed at providing those who need market-ready abilities for long-term living.

#### Food

Adoption of extensive nutrition programmes to combat hunger and malnutrition among children

#### Legal Empowerment

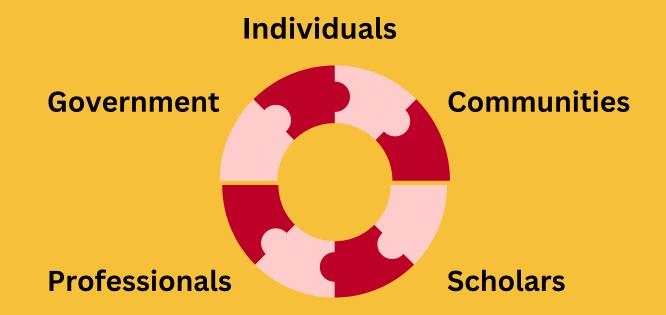
Collaboration with lawyers and civil society organisations to raise legal knowledge and enable communities to exercise their rights.

#### **Bridging Generations**

Developing specialised programmes and services to improve the health, well-being, and social inclusion of the elderly.

# **Our Approach**

We operate seven active branches across Delhi NCR, Uttar Pradesh, and Haridwar, with thousands of volunteers dedicated to our cause. Additionally, we collaborate with virtual volunteers and interns from across the country. Furthermore, we are endorsed by the Delhi government, Delhi Police, Professionals, Scholars and numerous celebrities.



# **INCREASING COUNTS 2023-24**

## 30+

slums worked in Adopted <u>5</u> new slums

## 70+

sessions conducted for 2000+ women teaching various vocational skills

# 9000+

products sold under Skill Development

# 50000+

sanitary pads distributed

# 25000+

# 100000+

menstrual Hygiene kit 30+ sessions conducted to educate on mentrual hygiene active volunteers and interns

# 500+

mass distribution drives conducted

# 50000+

cooked nutritious meals distributed

# DRISHTI PROJECT



### 5000+ regular attendees

**30+ Social entrepreneurs extended support for the project** 



The Drishti Project aims to bridge the gap between prosperous and impoverished children by equipping them with critical life skills. Through this programme, we are committed to empowering children from marginalised groups, allowing them to take key opportunities for a better future. Our focus goes beyond academic education to include personality development, ensuring each child has the confidence, resilience, and skills needed to flourish in an increasingly competitive environment. By closing this gap, we provide the groundwork for a more equal society in which all children can reach their full potential and live a life with equal opportunities.



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# Vear at Glance With SOcial

- Hamari Pahchan NGO organised an event in Bhanwar Singh Camp to raise awareness about air pollution's causes and effects, attended by approximately 20 children. Expert speakers discussed pollution sources and health effects, urging action like carpooling and using energy-efficient appliances. Interactive exhibits and workshops engaged attendees in learning about pollution prevention and proper waste disposal
- Hamari Pahchan NGO conducted a practical class teaching children to craft useful items from waste. Emphasizing the three Rs—reduce, recycle, and reuse—participants learned to create reusable goods for a sustainable future.
- We hosted a workshop on waste segregation for underprivileged children in Bhanwar Singh Camp. The session aimed to educate them about waste management's importance and its environmental benefits.
- An intern led a workshop on the five human senses, facilitated by Hirdiya. It aimed to explain the functions of sight, hearing, taste, smell, and touch through interactive methods.
- Our team conducted a weekly class on India's map for underprivileged children at Bhanwar Singh Camp. With 18–19 attendees, we engaged them with interactive learning activities.
- Verb class was held at Arjun Camp, Mahipalpur for underprivileged children. They learned about verb types, forms, and sentence integration, emphasising fluency and accuracy. Activities included 'dumb charades' and discussions.
- We hosted a workshop on innovation and creativity for underprivileged children at Bhanwar Singh Camp. Through brainstorming sessions, design activities, and inspirational stories, we aimed to foster their creativity and problem-solving skills.
- A class was conducted in Arjun Camp, Mahipalpur for underprivileged children, teaching them English introductions. It's vital for communication, social interaction, and professional and travel experiences.



# Vear at Glance With SOcial Enterpreneurs

- Hamari Pahchan NGO hosted a "Stress Management" workshop for students aged 12-15 at Bhanwar Singh Camp. Facilitated by intern Ananya, it provided insights and techniques for effective stress management.
- Science and Technology Workshop: Introducing children to advancements in science and technology to broaden their knowledge and possibilities.
- Sports Education Workshop: Encouraging physical activity and sports participation for overall health and wellbeing.
- Meditation Workshop: Providing tools for relaxation and mindfulness to promote emotional and mental balance.
- Art and Craft Workshop: Fostering creativity and self-expression through artistic endeavours.
- Guitar Lesson was held to teach children how to play the guitar. During the event, children expressed interest in music, enthusiastic about learning something new.
- We organised a Karate workshop for underprivileged children in Vasant Vihar's slums, aiming to teach selfdefence, discipline, confidence, and fitness through Karate. Facilitated by trained instructors from our organization, the workshop began with a warm-up session, followed by structured lessons in basic Karate techniques. The children enthusiastically engaged in the activities, showing a keen interest in mastering the martial arts. The workshop proved transformative, equipping children with self-defence skills, discipline, and confidence. It also fostered camaraderie and mutual respect among participants, creating a supportive environment for growth and empowerment.



#### Hamari Pahchan NGO

To Join Four-Week Trainings Programs in -

/ Legal Drafting	V Skill Development	
Marketing	V Makeup Artist	
Camera Handling	V General Managemen	
Video Editing	V Social Work	
TV Anchoring And News Reporting	V Counseling	

We Are Also Giving Four-week Coaching Chess Cricket Footbal After Successful completion of the course Accelificate with the provided. To bal lowed rockes at CO Hamari Pahchan NGO Mobile: 9911173557 | 8882590888 www.hamaripabcha.org 256A; Bhanwar Singh Camp Variant Vihory Delib 110057

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# **SKILL DEVELOPMENT**

DAR 9000+ products sold 70+ sessions conducted for 2000+ women teaching them various vocational skills



Our Skill Development Project is methodically developed to eliminate unemployment, provide equitable chances for everyone to make a living, and empower women. We provide vocational skills required for long-term employment through regular training programmes and workshops. Furthermore, we give a forum for unemployed women to promote and sell their products, promoting initiative and economic independence. By providing complete assistance and resources, we hope to provide individuals, particularly women, with the skills and opportunities they need to prosper in today's competitive labour market, furthering our purpose of socioeconomic empowerment and equitable development.

# IMPLEMENTATION



## **Sessions provided this year**

**Financial literacy** Mastering sewing techniques and stitching Healthcare skills training Candle making Achieving expertise in crocheting for financial freedom Handmade products created:

#### Year at Glance with Social Enterpreneurs

- Our team hosted a workshop at Bhanwar Singh Camp, empowering underprivileged women for independence. Activities included financial literacy, entrepreneurship guidance, and self-empowerment sessions.
- Renu led the sewing program, teaching Croatian techniques. A dedicated trainer expands their skills. Participants learned felt wool cutting and bag making. They improved coaster quality and crafted corporate kits. Ongoing training continues, with remuneration.
- our organisation hosted an empowering session for women at Bhanwar Singh Camp. Led by professionals and volunteers, the session fostered collaboration and support. Participants were left equipped with valuable skills and insights, ready to navigate challenges and pursue their goals with confidence.
- Hamari Pahchan NGO conducted a women empowerment workshop led by intern Simra at Bhanwar Singh Camp, promoting gender equality and nursing as a rewarding profession.



# SUKHAD PROJECT

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150+ Distribution drive 100+ Awareness Sessions 40+ Social entrepreneurs project associates 50000+ sanitary pads distributed 25000+ Menstrual Hygiene kit

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+ Awarenes

ps

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The initiative, launched in 2020, aimed to destigmatise menstruation and enhance menstrual hygiene through the distribution of sanitary pads and kits. Over time, it expanded to include educational sessions for underprivileged girls and women on maintaining intimate hygiene and introducing eco-friendly alternatives like menstrual cups. These sessions also focus on raising awareness and debunking myths surrounding menstruation. However, our commitment doesn't stop there. We're dedicated to ensuring the sustainability of this project and providing women with livelihood opportunities. Currently, we're developing a pad-making machine to economically empower women while addressing menstrual challenges. This endeavour seeks to produce more eco-friendly and user-friendly pads, furthering our mission of menstrual health and empowerment.

# SOCIAL ENTERPRENEURS EXTENDING THE PROJECT IMPACT

- Our interns, Niyamat and Mansa, conducted sessions on menstrual hygiene, taboos, and stigmas. The beneficiaries of these sessions were girls aged 13 to 15. The sessions were well-attended and served to educate and empower the participants.
- The "Educating Male Teenagers about Menstrual Hygiene" event was a significant step towards breaking the taboo. Positive outcomes included increased awareness, empathy, knowledge, and behaviour change.



## Glimpse of social entrepreneur delivering session menstrual hygiene



# LEGAL AID

### 50+ Awareness camps

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The Hamari Pahchan NGO's Legal Aid Project offers critical legal aid to marginalised people, enabling access to justice. Our skilled legal professionals provide assistance and advocacy on a variety of topics, such as human rights violations, gender-based violence, and land conflicts. We help people understand and exercise their legal rights through outreach to the community and education. We work with governments and civil society organisations to overcome systemic impediments to justice and achieve equality under the law. Our objective is to build a society in which all individuals, regardless of background, are treated fairly and equally under the law.

# ari Pahchan NGO

Veek Trainings Programs in

and News Reporting

Are Also Giving

Chess

10+ field offices equipped with computers. 200+ sessions conducted 30+ Social entrepreneurs associated

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# GAIDGETSHAILA



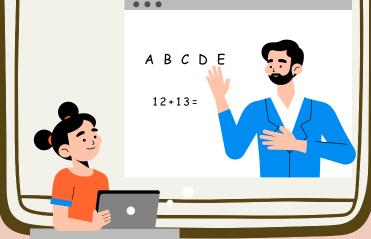
Gadgetshala, an iconic initiative of the Hamari Pahchan NGO, promotes the utilisation of innovation and the internet, equipping people with vital skills for the modern digital age. Gadgetshala provides underprivileged individuals with the resources and equipment they need to learn and succeed in various disciplines. From fundamental computer literacy to sophisticated digital abilities, we ensure that no person is left behind in the age of technology. Gadgetshala bridges the digital gap, allowing people to pursue education, employment, and other possibilities that were previously unavailable. We think strengthening individuals with technology will lead to a more inclusive and equal society.

# Impact Report

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Social Entrepreneur, Jai Gupta led an engaging session on Circuits and Robotics at Bhanwar Singh Camp for children aged 13 to 17. Using interactive methods. he introduced basic concepts of circuits and robotics, followed by hands-on activities. The session concluded with a Q&A segment, promoting active learning and understanding.



00 Computer education encompasses acquiring knowledge and skills in software, hardware, and digital technology for programming, data analysis, and problem-solving. Our NGO conducted a workshop with the help of our social enterpreneur Nysa on Computer Education for slum children in Vasant Vihar  $\bigotimes$ Gadgetshala Drishti

# ERADICATING MALNUTRITION

50000+ cooked nutritious meals distributed 100+ food distribution drives conducted 150+ Nutrition Education Sessions conducted 50+ Social entrepreneurs associated



Our objective for the Eradicating Malnutrition initiative at Hamari Pahchan NGO is threefold: first, to entirely end hunger; second, to secure national food security; and third, to eradicate malnutrition in all forms. To achieve these goals, we have developed a thorough and multidimensional action plan. We hold frequent ration distribution campaigns to deliver needed food to individuals in need. Furthermore, we perform regular surveys in partnership with dietitians to determine nutritional needs and modify our actions accordingly. In addition, we organise frequent handouts of healthy meals to combat malnutrition and boost general health and wellbeing.



# WE INSURED NUTRITION INTAKE

- The food drive, with 10 dedicated volunteers and locals, we distributed nutritious meals to 1000 individuals, including AIIMS patients and families.
- With a sense of camaraderie, we distributed meals and celebrated Lohri with beneficiaries.

#### Regular nutritious food distribution drive Regular ration distribution drives Frequent surveys with dieticians

Complete Eradication of Hunger

# JEMPOWERING JEILIDERILY ILIVES

## +3000 elderly care kits distributed



Our "Empowering Elderly Lives" initiative, led by Hamari Pahchan NGO, aims to improve seniors' overall well-being via medical care, nutrition, and engagement in society. Our action plan focuses on creating a supportive and connected atmosphere via devoted professionals and volunteers.

By interacting with more than 2500 seniors through informative surveys, we gained valuable insights into their challenges, needs, and the support available to them. This data was instrumental in tailoring our support programs to effectively address the varied requirements of our elderly community. 32







# HAMARI PAHCHAN NGO Our year at a glance -

This year, our NGO continued its commitment to creating a significant impact in our community. Here are some key highlights of our efforts:



Cherishing Moments of Love and Unity:

We celebrated the birthdays of 25 children, spreading joy and unity within our community.



By organizing a clothing drive, we managed to provide essential clothing to over 2000 people in need, bringing comfort and relief to the most vulnerable individuals in our community.



In celebration of Lohri, we conducted a food drive to support 50 individuals in need. The distribution took place near Munirka, aligning with our primary goal of promoting joy and togetherness during festive times. This project also seeks to provide essential nourishment to those in need of assistance.



#### **CELEBRATING CHRISTMAS**

An exclusive event held for more than 60 children. The event included a food drive and the distribution of gifts. The goal was to spread happiness and promote unity in the community.



#### BAGS OF HOPE: NEW ARRIVALS

We gifted 300+ children with new school bags and bottles, fostering hope and brighter futures for our young community members.

#### ENHANCING EDUCATION WITH STATIONERY

Over 2500 +children received stationery supplies, empowering their educational journey and enhancing academic achievements.

# **Contact us**

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