

UV Safety Month



Try your hardest to stay out of the sun during the hottest times of the day.



Beware of reflections off of items as well as puddles of water, snow, and even buildings.



Protect your eyes as best as you can. Wear sunglasses and a wide brimmed hat when possible.



Sun screen is one of our biggest tools to fight the UV rays. Make sure to apply generously as well as use SPF 15 or higher