

How to Take Orthodontic Photos at HOME! By Dr. Jennifer H. Yau

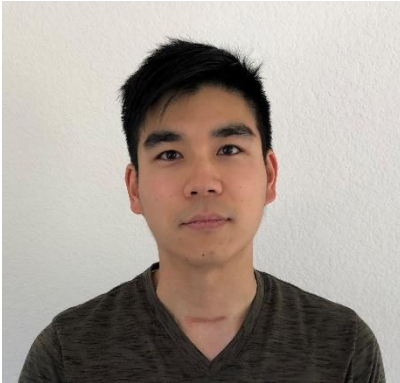
Items Needed:

1. Phone or Camera
2. 2 spoons

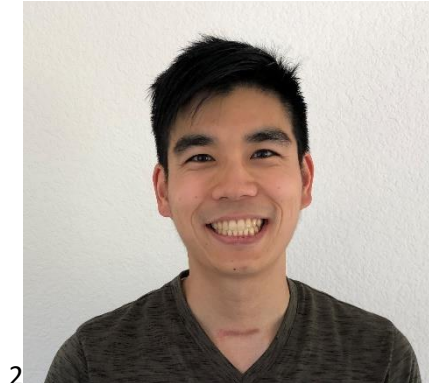
Let's start with the **extraoral** photos, these are photos of the face.

We begin with having the subject facing us. One photo will be taken where the subject does not smile and the other with a nice, wide smile.

#1 Front photo, no smiling



#2 Front photo, smiling



Then have the subject turn 90° to see the side of their face and repeat.

#3 Side photo, no smiling



#4 Side photo, smiling



That's it to the extraoral photos!

Moving on to the ***intraoral*** photos. Please have two spoons ready for this part!

Have the subject take the two spoons and put them against their cheeks, moving their cheeks away from the teeth. Have them smile big with their teeth in contact.

#5 Front teeth



Then have them remove one of the spoons to get a side shot of the teeth. Repeat on the other side.

#6 Side teeth - right



#7 Side teeth - left



Replace both spoons and have the subject lean back to look at the ceiling to capture a picture of the upper teeth. Then have the subject lean forward, chin towards the chest, to capture a picture of the lower teeth.

#8 Upper teeth



#9 Lower teeth



You DID IT! Email them to info@jyortho.com or text them to 725-867-9797

