



SURVIVORS CIRCLE

Time heals all wounds is not necessarily true for survivors of suicide. Time is necessary for healing, but time is not enough. Shared feelings enrich and lead to growth and healing.

Time: 6:30 – 8:00 PM

We ask for all those accepted into the 8-member group to kindly make an 8-week commitment so that group interaction or attachment to members is not interrupted. A schedule of topics with group projects will be provided beforehand.

Registration is required, please call for a form to be sent to you. Seats are limited to 8. Next group will be scheduled in

**WE WILL PROVIDE:
SUPPORT
INFORMATION
REASSURANCE**

**EVERY TUESDAY
6:30 – 8:00 PM FOR
8 WEEKS:**

**JULY 7
JULY 14
JULY 21
JULY 28
AUG 4
AUG 11
AUG 18
AUG 25**

ZOOM ONLINE

DHB Wellness & Associates LLC
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QUESTIONS?
301-529-4699