



SURVIVORS CIRCLE

Time heals all wounds is not necessarily true for survivors of suicide. Time is necessary for healing, but time is not enough. Shared feelings enrich and lead to growth and healing.

Time: 6:30 – 8:00 PM

We ask all those accepted into the 8-member group to kindly make an 8-week commitment so that group interaction or attachment to members is not interrupted. A schedule of topics with group projects will be provided beforehand.

Registration is required, please call for a form to be sent to you. Seats are limited to 10.

**WE WILL PROVIDE:
SUPPORT
INFORMATION
REASSURANCE**

**EVERY TUESDAY
6:30 – 8:00 PM FOR
8 WEEKS:**

**OCTOBER 15
OCTOBER 22
OCTOBER 29
NOVEMBER 5
NOVEMBER 12
NOVEMBER 19
NOVEMBER 26
DECEMBER 3**

ZOOM ONLINE

DHB Wellness & Associates LLC
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Rockville, MD 20850

QUESTIONS?
301-529-4699