



SURVIVORS CIRCLE

Time heals all wounds is not necessarily true for survivors of suicide. Time is necessary for healing, but time is not enough. Shared feelings enrich and lead to growth and healing.

Time: 6:30 – 8:00 PM

We ask for all those accepted into the 8-member group to kindly make an 8-week commitment so that group interaction or attachment to members is not interrupted. A schedule of topics with group projects will be provided beforehand.

Registration is required, please call for a form to be sent to you. Spaces are limited to 10.

WE WILL PROVIDE:
SUPPORT
INFORMATION
REASSURANCE

EVERY TUESDAY
6:30 – 8:00 PM FOR
8 WEEKS:

SEPTEMBER 7
SEPTEMBER 14
SEPTEMBER 21
SEPTEMBER 28
OCTOBER 5
OCTOBER 12
OCTOBER 19
OCTOBER 26

ZOOM ONLINE

DHB Wellness & Associates LLC
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QUESTIONS?
301-529-4699