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Support

Events

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ACTIVITY FEED

CYCLING ACTIVITY

Race: Zwift Crit Racing Club - Duchy Estate (C) On Duchy Estate In Yorkshire

Alexander Wojciechowski

(10y)

1/8/2025

3

SUMMARY

Distance

21 km

Time

31m 28 s

Elevation

277 m

Calories

300 cal

ACHIEVEMENTS

NEW PR

RODE WITH

+30

SCREENSHOTS

TIMELINE GRAPH

What is Timeline?

POWER (W)	SPEED (km/h)	HEARTRATE (bpm)	CADENCE (rpm)
MAX 379 AVG 162	MAX 65.3 AVG 39.9	MAX 0 AVG 0	MAX 122 AVG 87

POWER DISTRIBUTION

What is Power Distribution?

POWER (W)	MAX 379 AVG 162
SHOW POWER ZONES	