

WHAT TO WEAR FOR HORSEBACK RIDING



A Fitted, comfortable shirt!

EX: T-shirt, Sweater, Long sleeve, Hoodie, Tank Top

Long pants prevent rubbing and provide better grip and comfort in the saddle.

EX: Jeans, Riding Pants, Sweatpants, leggings

(We recommend jeans and riding breeches the most!!)

Closed-toe shoes with a small heel. Riding boots or sturdy shoes help keep your feet secure in the stirrups.

EX: Boots, Sneakers

Additional Info!

Weather-appropriate layers - Bring a light jacket or wear sunscreen depending on conditions.

Helmets - Riding helmets are required and will be provided unless you choose to bring your own.

WHAT NOT TO WEAR FOR HORSEBACK RIDING



Open-toe shoes- No sandals, flip-flops, crocs, or shoes without a heel. They are unsafe in stirrups.

Shorts -They can cause painful rubbing and offer no protection.

Loose or flowing clothing - Avoid Crop tops, open-back shirts, scarves, baggy jackets, long skirts, or anything that could get caught on equipment.

Bulky backpacks or bags -These affect balance and can interfere with the saddle.

Costumes or accessories - Items like capes, wings, or decorative pieces can spook horses or get tangled.