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Having Lyme disease can cause many unexpected symptoms, but there are things you can do to heal from the infection and get your life back.

If you or a loved one is having trouble with focus, memory, problem-solving, or making decisions, you may be afraid it's the onset of dementia or ADD/ADHD. But it could be Lyme disease.

Lyme disease is a bacterial infection caused by the bite of an infected deer tick that can cause a rash, fever, fatigue, joint aches, and more. Most people don't realize that in addition to these physical symptoms, Lyme disease can also lead to neuropsychological symptoms, including:

- Impaired attention, focus, concentration, judgment and impulse control
- Impaired memory and speech functions
- Disorganization and getting lost
- Poor problem-solving and decision-making abilities
- Slower mental processing speed
- Symptoms similar to dementia and Alzheimer's disease
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It is estimated that 70% of people affected by Lyme disease experience a decrease in mental sharpness and memory loss.

If the infection is caught early, antibiotics can often successfully treat it. Sadly, many people don't even realize they have been bit

by a tick and don't get diagnosed, allowing the infection to fester, wreak havoc on the immune system, and cause a host of inflammatory responses.

When changes in your thinking start to impact your performance at work or school, your relationships, or any aspect of your life, that's when you need to seek help.

Unfortunately, many healthcare professionals don't check for Lyme disease before doling out prescriptions for mental health conditions, so you may not be getting the right treatment. Even worse, the wrong treatment could be increasing your symptoms!

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