JANUARY 2026

Moose Jaw & District Senior Citizen Association
#101 – 510 Main Street N., Moose Jaw, Sask., S6H 3K3
306-694-4223; Email: mjsenior@shaw.ca
Website: https://moosejawseniors.ca

OFFICE HOURS (Tanya): Monday to Friday 9:00 am to 2:00 pm

FRONT DESK HOURS Monday to Friday 9:00 am to 4:00 pm

ACTIVITY CENTRE HOURS; Mon, Wed and Thurs: 8:00 am to 8:00 pm; Tues & Fri 8:00 am to 4:00 pm

KITCHEN HOURS- Mon, Wed & Fri: 8:00 am- 2:00 pm Tues & Thurs: 8:00 am to 4:00 pm

CLOSED HOLIDAYS

LETTER FROM OUR EXECUTIVE DIRECTOR

I would like to take this opportunity to sincerely thank our members, volunteers, staff, and Board of Directors for the many hours you have dedicated to helping make our centre a better place. We have come a long way since I first started, and none of this progress would have been possible without your commitment and support.

Over the past year, we have completed several important improvements, including refinishing the XYZ floor and renovating our kitchen with new flooring, freshly painted cabinets, and new equipment. These upgrades will benefit our centre for many years to come.

We are also very grateful for our partnership with Moose Jaw Co-op, and we are pleased to say that the partnership has been just as positive for them as it has been for us.

As part of our continued efforts to support the operations and sustainability of the centre, our membership fees have been updated to $75 for a basic membership and $100 for an enhanced membership. This increase will help us maintain our programs, facilities, and services for everyone to enjoy.

This past year has been our best yet, and we look forward to the year ahead with optimism.

We are excited about welcoming new members, introducing new activities, and building new friendships within our community.

Thank you all for being part of our journey and for helping our centre continue to grow

Executive Director
Tanya Legare

Congratulations to our December Winners

Coffee Card: Beth Warkentin

Mini Crib Tournament: N/A

Mini Shuffleboard Tournament N/A

UPCOMING EVENTS

CENTRE IS CLOSED: Jan 1 & 2

January 17 – Military Whist

January 24 – Rory Allen

ON A TRIAL BASIS – WILL BE REVIEWED

NEW: PUNCH CARDS NOW AVAILABLE

Tired of always needing the correct change for your activity fee? We are selling - 10 punches for $20.00 "punch cards". Bring your card with you to your activity and the activity leader will punch for your attendance. Cards are available for purchase at the front desk.

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Happy JANUARY Birthday to these Members

Natalie D.	Margaret A	Caroline B	Vivian B	Paul B
Juanita C	Doug C.	Heather C	Cameron C	Joann C
James D	Fairlie G	Mark G	Kim H	Colin J
Gordon K	Loretta K	Debbie L	`Verna M	Hugh M
Brian P	Tom R	Roy S	Ruby S	Lorri S
Lynette S	Wendy S	Dodi S	Wayne S	Bonnie S
Tom S	Jackie S	Mike V	Janet W	Pauline Y
Barb Y				

January Facts:

Birthstone: Garnet: While traditionally known for its deep red colour, garnet comes in a wide variety of colours including orange, green and yellow. The stone is historically associated with symbols of love, passion, loyalty and friendship.

Birth Flowers: Carnation and snow drop, symbolizing love, admiration, gratitude, hope and renewal.

Zodiac Signs:

Capricorn (Dec 22 – Jan 19) Element: Earth Symbol: Sea-goat

Aquarius (Jan 20- Feb 18) Element: Air Symbol: The Water Bearer

Fun Facts: January is named after the Roman God Janus, the gold of beginnings, gates, transitions, time, doorways and endings. He is typically depicted with two faces, one looking back at the past year and one looking forward to the future.

January 1st – New Years Day.

January 4 – National Ribbon Skirt Day, a day to celebrate Indigenous culture.

January 8 – National Day of Remembrance for Victims of Air Disasters.

Funny Bones: Answer on page ?

1. Penny's Mom has 5 children. The first one's named January, the second one, February, the third one, March, and the fourth one, April. What is the fifth one's name?
2. What do you call it when a snowman has a tantrum?
3. What do snowmen call their offspring?
4. What do mountains wear to keep warm?

SUDOKU (Easy) #1488 (Answer on page 9)

						2		
			9	4			6	
		1			3		5	7
9					6			
		5			8	1	4	
2					9	8		
		9		7			3	
	8	4						
7								

EATON CENTRE MERCHANDISE FOR SALE

COLORS NOT EXACT – FOR REFERENCE ONLY

11 Different Colors Are Available And All Orders Must Be Prepaid

The Logo Is As Shown

HATS – $30.00

MUG - $20.00

POLO SHIRT SM – XL = $30.00

XXL AND BIGGER = $33.00

T-SHIRT SM – XL = $25.00

XXL AND BIGGER = $28.00

HOODIES SM – XL =$$40.00

XXL = $5.00

3XL & BIGGER = $50.OO

can be ordered with a zipper for an additional $5

SEE FRONT DESK FOR ORDER FORM OR MORE INFORMATION

FREE PARKING PASSES!!

Moose Jaw City Hall has gifted the MJ&DSCA with 10 parking passes/per month for 2026. They will be available to win **monthly** through a lottery system. If you are a current member and would like to participate in the draw, please enter your membership card number and your name at the front desk. ONLY ONE ENTRY PER MEMBER PER MONTH PLEASE! Passes entitle winners to free meter parking in Moose Jaw for one month and are transferable. Congratulations to **January** winners: Lorne Deason, David Duckworth, George Nightingale, Diana Dean, Sheila Leahy, Barb Arnold, Randy Armitage, Laurianne Nightingale, Rodney Schmidt, Caron Pelletier

All issues with the MJ&DSCA portion of our building (bathrooms, XYZ Auditorium, card room, craft room, etc.) are to be brought to the Executive Director.

If there is something that needs repaired or addressed, please pick up a maintenance report at desk. Complete it and return. Thankyou.

BOOKS AND PUZZLES

We are looking for your already read book to add to our library. If you have any, please bring them to the Eaton Centre. Maybe you will find a new book to read or a puzzle to complete. Please drop off all the donations at the desk.

MJ&DSCA BOARD

President

Dave Pelletier

Secretary

Elaine Parsons

Directors:

Nylene Johnson, Ernie Wilson, Candace Thorne, Al Witzel

Tina received a special treat from an admirer!

VALENTINE RAFFLE BASKET DRAW DATE: Feb. 11, 2026

INCLUDES: Bath and Body works duo in Pink Chiffon; Australian Organic Body Butters; Dove foaming bath salts; Hanging art heart; Quilted wallet; Necklace from Maurice's; Portable Phone charger; Valentine Socks, Hand crocheted towel and Dishcloth; silicone Hearts pie crust weights; Flavoured coffee; Truffles.

TICKETS AT FRONT DESK

MOOSE JAW & DISTRICT SENIOR CITIZENS ASSOC. INC.

Will be having a Monthly 50/50 Draw

Beginning January 1, 2026 & Concluding December 25,2026

12,000 tickets sold for $5.00 each.

January Draw Date: Jan 30/26

Prize value, can be up to $30,000

50% Paid to winner 50% To MJDSA

Winner does not need to be present, will be notified by phone

50/50

- Ticket sales to commence on the 1st of every month from January 1, 2026, and conclude at noon on the last Friday of each month with the draw to follow at 3:00pm until December 25, 2026
- Tickets Available @ #101-510 Main St. N.
  - (Timothy Eaton Garden Building – Main Floor)
- Or you can purchase by E-TRANSFER to: mjsenior@shaw.ca
- If you E-TRANSFER, please send an email with your
- Name, Address & Contact Number
- Draw Dates : Jan 30,Feb 27, Mar 27, Apr 24, May 29, Jun 26, Jul 31, Aug 28, Sep 25, Oct 30, Nov 27, & Dec 25/2026Licence # RR25-0531
- Draw Location: 101-510 Main St N
- ANYONE CAN BUY A TICKET!!! (In Saskatchewan Only & must be 19)

SASK LOTTERIES

EATON CENTRE

CITY OF MOOSE JAW

TURKEY SALAD (Thank goodness for left over turkey)

Ingredients

¼ cup walnuts
¼ cup mayonnaise

¼ plain yogurt
1tbsp Dijon mustard
2 c chopped cooked turkey
1 stalk celery chopped
½ small red onion chopped

1 Tbsp. apple cider vinegar
1 ½ tsp brown sugar

½ tsp kosher salt
¼ tsp pepper
1/4c dried cranberries
½ of a firm apple cored and cubed

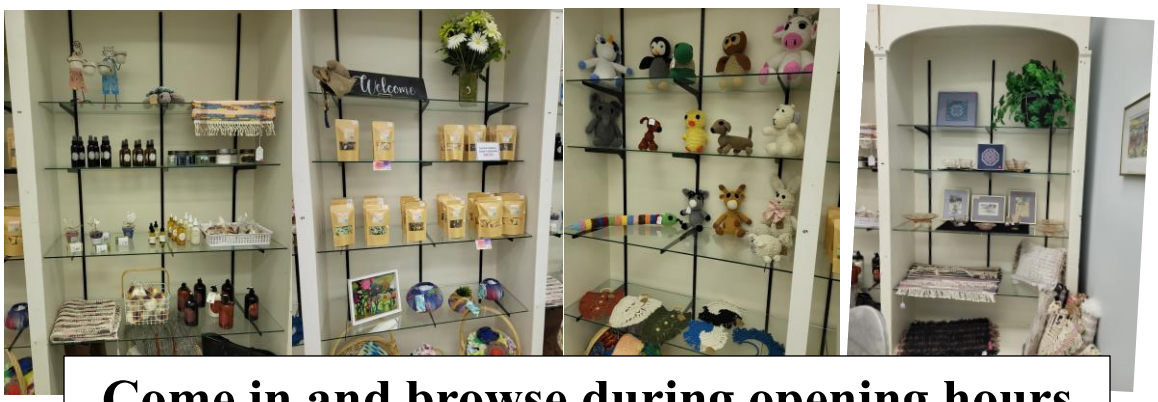
DIRECTIONS:

Preheat oven to 325 degrees. Spread walnuts on a baking sheet and roast until lightly golden, 7 to 9 minutes. Let cool and then chop.

In a large bowl, stir together mayonnaise, yogurt, Dijon mustard, vinegar, brown sugar, salt, pepper and hot sauce to taste (optional) Add remaining ingredients and toss until well combined. Spread on bread or lettuce cups.

ANSWERS TO RIDDLES:

1. **PENNY;** 2. **A MELT DOWN;** 3. **CHILL – DREN;** 4. **SNOWCAPS**



Come in and browse during opening hours

LOOKING FOR VOLUNTEERS TO OVERSEE THE EMPORIUM A FEW HOURS A WEEK

Check out our Silent Auction Items. Bids Close February 11 At Noon

Erin Murphy RPN

Advanced Foot Care Consultant

- Routine & Diabetic Foot Care
- Fungal & Ingrown Toenail Care
- Callous & Corn Removal

Mobility Foot Care

Office at D & D Quality Care 428 Main St

Home visits available

(306) 681-3411

New customers bringing this ad in will Receive $5.00 off their treatment

This could be your ad

D+D QUALITY CARE INC.
Healing Starts With Us
428 MAIN ST N
306 691 0300
D&D Quality Care
YOUR AIDS TO DAILY LIVING STORE
FAMILY BUSINESS
EST. 2003
PowerStep
PINNACLE
Supp Health, DVA,
WCB & SGI Accredited
CERTIFIED FITTERS
LET'S BE AWARE!
You have a good chance to cure breast cancer
if you find and treat it early.
If you think something's wrong, don't wait.
Seek care immediately.

Sudoku puzzle #1488 solution:

4	3	6	5	8	7	2	9	1
5	2	7	1	9	4	3	6	8
8	9	1	6	2	3	4	5	7
9	4	8	7	1	6	5	2	3
6	7	5	2	3	8	1	4	9
2	1	3	4	5	9	8	7	6
1	5	9	8	7	2	6	3	4
3	8	4	9	6	5	7	1	2
7	6	2	3	4	1	9	8	5

THANK YOU TO THESE "ELVES" THAT HELPED WITH PREPARING OUR CHRISTMAS CARDS IN DECEMBER:

Elaine A. Vivian W.

Maureen G., Barb H., Shirley S.

MOOSE JAW & DISTRICT SENIOR CITIZENS ASSOCIATION

510 Main St. *mjsenior @shaw.ca* 306-694-4223

We offer a wide range of activities for our seniors (age 50+). We have a FITNESS LEVEL which includes indoor walking track and gym equipment. OUR TIMOTHY EATON CAFÉ IS OPEN TO EVERYONE.

ATTENTION: Memberships

New memberships will now be valid for one year from date of purchase.

PLEASE CHECK YOUR MEMBERSHIP CARD.. YOU MAY BE DUE TO RENEW!

For Example: if you purchased your 2025 membership March 17 2025, it will expire March 16, 2026.

Regular $75.00 Enhanced (Use of fitness level) $100.00

Members can bring a guest. The guest is the responsibility of the member. Guests must pay $3.00 per activity. The guest can be of any age.

A Great Place to Come and Enjoy with Friends while making new ones.

Active minds, happy hearts!

Moose Jaw & District Senior Citizens Association Inc.

Thanks to their 2025 supporters

Moose Jaw Express **Moose Jaw Co-op Assn. Ltd.**

Culligan Water Conditioning **Success Office Systems**

Elite coating systems Inc. **Sask Water** **End of the Roll**

Community Initiatives Fund **Project Shine**

Service Master Restore

MOOSE JAW SASKATCHEWAN

SASK LOTTERIES

Older Adults Moving Forward

Moose Jaw and District Senior Citizens Assoc.

offers competitive advertising rates for our monthly newsletter. If you have a special event, announcement or product to advertise please contact

Tanya at 306-694-4223 or

email: mjsenior@shaw.ca

ADVERTISING RATES

Ad size	Dimensions	1 Month	3 Months	6 Months	1 year
¼ page	3 X 4.5 in	$25	$65	$80	$100
½ Page	Vertical or Horizonal	$30	$75	$90	$125
Full Page	8 X 11	$35	$85	$125	$200

DID YOU KNOW YOUR GIFT IS ELIGIBLE FOR A CHARITABLE TAX RECEIPT

MJDSCA ISSUES RECEIPT FOR $25 AND OVER

We invite you to make a donation and help us reach our goals. Every contribution, no matter the size, brings us one step closer to achieving our mission.

Scan the QR Code: Simply scan the QR code below with your smartphone to make a quick and secure donation. Or visit our website www.moosejawseniors.ca

THANK YOU FOR YOUR CONTINUED SUPPORT AND GENEROSITY

Moose Jaw & District Seniors Citizens Association.

Our website can be viewed at:

https://moosejawseniors.ca/

Information on the site includes:

* Our Activities * Café * Our History

* Catering * Hall Rentals * Newsletter

*Events * Volunteer Opportunities

Board of Directors

follow us on Facebook - *Moose Jaw & District Seniors Association*