



## MARCH 2026

**Moose Jaw & District Senior Citizen Association**  
**#101 – 510 Main Street N., Moose Jaw, Sask., S6H 3K3**  
**306-694-4223; Email: [mjsenior@shaw.ca](mailto:mjsenior@shaw.ca)**  
**Website: <https://moosejawseniors.ca>**



OFFICE HOURS (Tanya): Monday to Friday 9:00 am to 2:00 pm

FRONT DESK HOURS Monday to Friday 9:00 am to 4:00 pm

ACTIVITY CENTRE HOURS; Mon, Wed and Thurs: 8:00 am to 8:00 pm; Tues & Fri 8:00 am to 4:00 pm

KITCHEN HOURS- Mon, Wed & Fri: 8:00 am- 2:00 pm Tues & Thurs: 8:00 am to 4:00 pm

### CLOSED HOLIDAYS

The Eaton's centre provides a community for people over 50. We are space for them to enjoy sharing their interests with others, make new friends, and have fun.

We help older adults improve their mental and physical health. We combat social isolation and create opportunities for our members to enjoy new sports and hobbies.

For a few hours, we offer a home away from home, companionship, and a safe place to enjoy life after retirement

With this in mind - at the last meeting of the Board, they have decided to honor our older senior members.

**Anyone who is ninety will receive their membership (basic and enhanced) free beginning on February 5, 2026**

We would like them to come to Eatons to make new friends, have fun, explore new interests and especially keep physically and mentally active.

### EATON CENTRE – Active Minds, Happy Hearts

#### **MJ&DSCA BOARD**

**President** Dave Pelletier

**Vice President** Ernie Wilson

**Secretary** Elaine Parsons

#### **Directors:**

Nylene Johnson, Candace Thorne, Al Witzel

Alan Thiessen

#### **UPCOMING EVENTS**

**March 17 – St. Patrick's Day**

**March 20 – Line Dance Party**

**March 21 – Military Whist Tournament**

**March 22 – 2026 Revue Concert**

**March 24 – Mini Shuffleboard Tournament**

**March 25 – Mini Cribbage Tournament**

**March 28 -Spring Craft Sale**





We recently received a call from Josh at the Base, who was looking for someone to attend a gathering they were hosting and asked if we knew anyone who could teach line dancing. Naturally, the first person that came to mind was Mary Calhoun. Mary connected with Josh and arrangements were made for her to go out and teach. Mary attended the event along with a few of our other dancers: Jackie Johnstone, Pat Lamb and Connie McGregor. By all accounts, they had a absolute wonderful time.

Mary was given \$300.00 by the Base for her time, and she generously donated that money back to our Centre.

Thank you, Mary, for all that you do for our Centre and our community. We are also grateful to Jackie, Pat and Connie for representing us so well. Your support and dedication mean so much!

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**NOTICE**

Wednesday pickleball 1:00 – 3:00 p.m. is for beginners only. There will no longer be any Level 2 at 2:00 pm

Monday morning 9:00 am will also be for beginners only, starting March 1, 2026

**GLAD TO SEE ALL THE BEGINNERS COMING OUT FOR PICKLEBALL. HAVE FUN**

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## **A PIECE OF EATON HISTORY**

*Written By Ross Leighton,*

*Who Was One of the Original Board Directors and the Society's First President*

(CONTINUED from February Newsletter)

A committee appointed by council made up of the following persons was to be responsible for hiring an architect finalizing the floor plan and raising addition funds (\$300,000.00) and overseeing construction. Representing Cosmos – Ross Leighton, Bob Browne, Bob Johnstone; representing XYZ Society – Charles Brown, Arnold Weiusbrod, Ted Belsey, (Mary Bjork and Lydia Shropshire), later replaced by Tom Knapper and Joan Pinkerton. The city also appointed retired lawyer Bill Gardner and Ralph Cawsey as citizens at large with Jean Roe as the liaison with council, and representatives from Parks and Recreation and Culture, the City Planner CHMC. This committee proceeded to appoint various committees and had engaged the services of an architect, when it was learned a group of members of the Cosmos Centre were challenging the legality of the original vote. A second vote was taken which resulted in Cosmos abandoning any participation in the joint venture.

Our committee chairman went to council explaining the situation. He stated that while the Cosmos had rejected the proposed joint venture, That Cosmos represented a small portion of the city's seniors, and if council chose, they could still (1) proceed with the proposed new centre; (2) choose to discontinue the project and if so they should disband our committee.

Council decided to appoint a committee made up of Mayor Montgomery, Alderman Mitchell and Alderman Stern to meet with each group to make a last-ditch effort at reconciling the differences. They reported back to our committee that this effort had failed but also stated that if we still felt strongly that a new facility was needed that we should organize a new group and give some evidence that we were prepared to raise some of the funds and that council would be supportive of us. Our group decided to embark on this mission.

In January 1989 we held a meeting of the city's seniors at the Co-op Auditorium which was attended by about 200 persons. Mr. Gardner, who chaired the meeting, stated that we were proposing to form a new group under the name "The Moose Jaw ad District Senior Citizens Association." He made it abundantly clear that if the XYZ Society were not prepared to support and become part of the new group, we would scrap the whole idea. It was the consensus of that meeting that we proceed to form this new group, and the following people appointed to a committee to get this new group incorporated; Bill Gardner, Ross Leighton, Margaret Patterson, Jean Roe, Charles Brown, Edward Belsey and Jack Frienden.

This new group received their documents of incorporation in March 1989, and another public meeting was called at which a board of directors was elected. Those named to the Board were as follows; Charles Brown, Edward Belsey, Arnold Weisbrod, Nancy Dunn, Ross Leighton, Ralph Cawsey and Andre Palmer.

*To be continued*

Welcome to our new Board member – Mr. Alan Thiessen. He has been appointed by the Board and will be on the Election list at the annual meeting.



I am married to Julie Thiessen, and we have two daughters and two grandsons. I have been retired from teaching for ten years, having taught in rural schools, and spent the last eighteen years in Moose Jaw. I grew up in Regina and convocated from the University of Regina. I have been a homeowner in Moose Jaw since 1988. I fill my time now with volunteering for my church, The Knights of Columbus, as their recorder and Bingo representative, the STWS (Superannuated Teaches of Sask.) on their executive, and now as a new board member for the Moose Jaw & District Senior Citizen Association.

I like to garden, enjoy my grandkids, and fish when not volunteering.

## ***Congratulations to our February Winners***

**Coffee Card:** Tim Andrews

**50/50 winner:** Gail Akister - \$112.50

**Mini Cribbage Tournament February 25, 2026**

**1<sup>st</sup>** Hugh and Candace Millar

**2<sup>nd</sup>** Ron and Linda M<sup>c</sup>Innis

**3<sup>rd</sup>** Walter Hawkins and Dennis Robinson

**Funny Bones:** Answer on page 12

1. How does a leprechaun say goodbye?
2. What do leprechauns order at the diner?
3. What do you get when you cross a pillow with a pebble?
4. What does Ireland have more than any other county?
5. What did the Irish potatoe say to his sweetheart?
6. How are good friends like a four-leaf clover?

## Happy March Birthday to these Members

Barry A	Brent B	Helene C	Alvin C	Dianne D
Terry D	Lorne D	Freda D	Barbara D	Aurora F
Patti G	Frances G	Gregg G	Jeanette H	Myrna H
Heather J	Frederick K	Elaine K	Elsie K	Brian L
Henri L	Meegan L	Sandra L	Wendy L	Mary M
Ellen M	Larry N	Laurianne N	Heather P	Sandra P
Warren R	Gerald R	Sharon S	Phyllis S	Beverly S
Lloyd S	Standidge S	Nicole S	Eva W	Cindy W

### March Facts:

**Birthstone: Aquamarine:** Known for symbolizing purity, clarity and courage and its serene blue colours. **Bloodstone:** Signifies health, strength and protection and recognized by its dark green hue with red spots.

**Birth Flowers: Daffodil-** Representing optimism.

### Zodiac Signs:

Pisces ( February 19-March 20) Element: Water Symbol: Two Fish

Aries ( March 21-31) Element: Fire; Symbol: The Ram

**Fun Facts:** Marking the first day of spring in the Northern Hemisphere with the vernal equinox. It is renowned for the “ In like a lion, out like a lamb” weather pattern. Special dates: The Ides of March (15<sup>th</sup>), St Patrick’s Day (17<sup>th</sup>) NCAA March Madness and the start of Daylight Savings Time.



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**FREE PARKING PASSES!!**

Moose Jaw City Hall has gifted the MJ&DSCA with 10 parking passes/per month for 2026. They will be available to win **monthly** through a lottery system. If you are a current member and would like to participate in the draw, please enter your membership card number and your name at the front desk. **ONLY ONE ENTRY PER MEMBER PER MONTH PLEASE!** Passes entitle winners to free meter parking in Moose Jaw for one month and are transferable. Congratulations to **March** winners: Aurora Fulmore, Barbara Arnold, Mary Calhoun, Darlene Penna, Lorraine Walker, June Curtis, Colette Krawczyk, Cindy Wilson, Laura Adrian, Barb Horton.

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**All issues with the MJ&DSCA portion of our building (bathrooms, XYZ Auditorium, card room, craft room, etc.) are to be brought to the Executive Director.**  
**If there is something that needs repaired or addressed, please pick up a maintenance report at desk. Complete it and return. Thankyou.**

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**BOOKS AND PUZZLES**

We are looking for your already read book to add to our library. If you have any, please bring them to the Eaton Centre. Maybe you will find a new book to read or a puzzle to complete. Please drop off all the donations at the desk.



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**We are currently looking for additional board members to join our team. Board members meet once a month and play an important role in helping guide the direction of the Centre. Your experience, ideas and willingness to help can make a real difference and help make our Centre even better. Please consider joining us and being part of shaping a strong future for the Eaton Centre.**

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**“ FIRST DAY OF SPRING”  
LINE DANCE  
PARTY**

**Friday, March 20<sup>th</sup>**

**7:00 – 9:00 pm**

**Hors d’oeuvres Included**

**Admission \$15.00 12 and younger \$10.00**

**Timothy Eaton’s Center**

**#101 - 510 Main St. N. Moose Jaw**

**ALL AGES WELCOME  
COME LEARN AND LAUGH WITH US**



**ST. PATRICK'S RAFFLE BASKET DRAW DATE: Friday, March 13, 2026**



Basket Includes: Irish Liquor; hand soaps; shot glasses; shamrock scarf; Shamrock socks; set of scrubbies; set of art coasters; mug of "gold"; After eights; Junior mints; Flashing necklace.

**TICKETS AVAILABLE AT THE FRONT DESK**

**ST. PATRICK'S DAY**

According to legend, Patrick stood on a hillside and used a staff to drive all serpents into the sea after they attacked him during a 40 day fast. Scholars believe this in an allegory for Patrick driving paganism out of Ireland. Ireland has been largely snake-free since the last Ice Age; it is geographically unlikely snakes were ever there for him to banish.

Patrick was not Irish; he was born in Roman Britain, enslaved by Irish marauders, escaped and later returned as a missionary. It is said that when he returned he used the shamrock as a tool to teach the pagan Irish about the Holy Trinity. The shamrock has since been associated with the saint and you'll see them everywhere around St. Patrick's Day.

While green is now iconic, the original color associated with St. Patrick was blue.

These legends evolved over the centuries, blending the historical missionary with folkloric tales to create the patron saint of Ireland.



MOOSE JAW & DISTRICT SENIOR CITIZENS ASSOC. INC.

Will be having a Monthly 50/50 Draw

Beginning January 1, 2026 & Concluding December 25,2026

12,000 tickets sold for \$5.00 each.

Prize value, can be up to \$30,000

50% Paid to winner

50% To MJDSA

**March Draw  
Date: Mar.  
27/26**

Winner does not need to be present, will be notified by phone

**50/50**

- Ticket sales to commence on the 1st of every month from January 1, 2026, and conclude at noon on the last Friday of each month with the draw to follow at 3:00pm until December 25, 2026
  - Tickets Available @ #101-510 Main St. N.
    - (Timothy Eaton Garden Building – Main Floor)
  - Or you can purchase by E-TRANSFER to: [mjsenior@shaw.ca](mailto:mjsenior@shaw.ca)
  - If you E-TRANSFER, please send an email with your
    - Name, Address & Contact Number
- Draw Dates : Jan 30, Feb 27, Mar 27, Apr 24, May 29, Jun 26, Jul 31, Aug 28, Sep 25, Oct 30, Nov 27, & Dec 25/2026 Licence # RR25-0531
  - Draw Location: 101-510 Main St N
- ANYONE CAN BUY A TICKET!!! (In Saskatchewan Only & must be 19)



## Shepard's Pie Baked Potatoes

### Ingredients

4 medium russet potatoes scrubbed    2 Tbsp Olive oil  
 1-pound lean ground beef                Kosher salt & black pepper

½ med onion chopped                    1 medium carrot finely chopped  
 2 cloves garlic chopped                1 tsp rosemary

1 tsp thyme    2 tbsp. tomato paste    ¼ c red wine  
 ½ c beef broth    2 Tbsp. Worcestershire sauce

2 Tbsp. flour    ½ c. frozen corn            ½ c frozen peas  
 ½ c half and half            4 Tbsp. butter    ¼ c. shredded parmesan

2 tbsp fresh parsley



### DIRECTIONS:

Preheat oven to 400 degrees. Pierce potatoes and arrange on a heatproof plate leaving space between each potato. Drizzle with 1 tbsp. oil. Microwave on high 7 minutes. Turn potatoes and continue cooking until a paring knife can be inserted with no resistance (approx. another 7 minutes)

While potatoes are cooking, cook the ground beef and drain off excess fat. Add onions, carrots, garlic, rosemary and thyme. Season with salt and pepper. Stir in tomato paste and add wine, broth and Worcestershire and bring to a simmer. Sprinkle with flour and cook until sauce is thickened. Stir in corn and peas.

While potatoes are still warm, cut off top third of each potato. Peel skin from section that was cut off and transfer flesh to a large bowl, Scoop flesh from each potato leaving 1/4" shell. Mash potatoes with the half and half and melted butter. Stir in half of the Parmesan and 1/2 of the parsley.

Sprinkle potato shells with salt and fill with beef filling. Top with mashed potatoes spreading gently over the top. Sprinkle with remaining parmesan. Bake the stuffed potatoes 30-35 minutes then brown under the broiler watching closely until golden brown. Top with remaining parsley.

### ANSWER TO RIDDLES

1. IRISH YOU WELL. 2. PADDY MELTS 3. A SHAM-ROCK 4. IRISHMEN
5. I ONLY HAVE EYES FOR YOU 6. THEY'RE HARD TO FIND



## 2026 REVUE CONCERT

**Invites You**  
**Sunday March 22 at 1 p.m.**  
**Timothy Eaton Gardens - 510 Main St. N.**

### Performers

- Rev. Doug Shepherd - Vocalist
- Keyanna Dunbar and  
Brookelynn Grieger - Keys and Bees, Violinists
- Roger Blager - Vocalist
- Wayne Fisher - Indigenous Dancer
- Cornerstone Vocal - Jazz Choir
- 2 Lt. Sebastian Brown - Honky Tonk Piano
- Farouk Nejah and 15 Wing - Bandmates
- Kelly Sapergia - Accordion and Piano

**Admission — \$8**

**50-50 draw, penny parade, quilt raffle, refreshments**

**Sponsored by the Friends of the Forces Fellowship**

# Spring Craft Sale

March 28, 2026

9:00 a.m. – 3:00 p.m.

Moose Jaw & District Senior Citizens'  
Association

(101 – 510 Main St N, Eaton Centre 510 Main St N)

**Admission: \$2.00**

*Everyone Welcome*

Enjoy Breakfast & Lunch  
Homemade Cinnamon Buns  
Café Open 8am-2pm



**Support Local Vendors**

**Welcome Spring!**



**Come in and browse during opening hours**



LOOKING FOR VOLUNTEERS TO OVERSEE THE EMPORIUM A FEW HOURS A WEEK

## ACTIVITY OF THE MONTH

### Drop in DARTS

**Darts usually refers to a popular pub game where small, pointed missiles are thrown bare-handedly at a circular board divided into sections known as a dart board.**



**To Play darts, stand behind the line (oche) 2.37 meters (7'9.25") from the board, throwing three darts per turn to reduce a score of 501 to exactly ZERO, ENDING ON A DOUBLE OR BULLSEYE. Each player throws in turns, with darts that bounce off or fall out scoring zero.**

**Darts is played Wednesday mornings at Eatons in the card room, from 10 – 11:30 am. It is a learner league of people that want to**



**have fun. They will team you up with a player and if you have never played darts they will teach you the art. The main objective is to have fun**

CHECK OUT OUR SILENT AUCTION ITEMS: BIDDING CLOSES MARCH 25, 2026



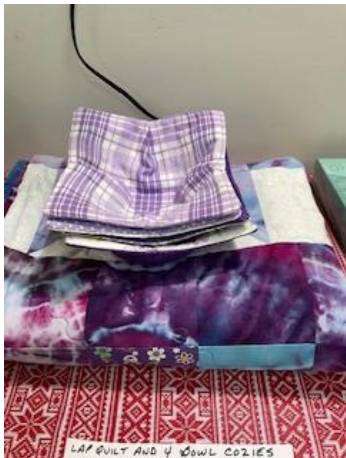
Three (3)  
Puzzles

Starting Bid  
\$10.00



Bird House tea  
light and 3  
wick candle

Starting Bid  
\$10.00



Lap Quilt and  
four (4) Bowl  
Cozies

Starting Bid  
\$15.00



Fur-ever  
Together cat  
ornament  
and small  
table Quilt

Starting Bid  
\$10.00



Two hand  
stitched Art  
Pieces and a  
fun hand-made  
tote bag

Starting Bid  
\$25.00



Printed Plate  
and Small  
Quilt

Starting Bid:  
\$15.00



Donated Walker

Starting Bid:  
\$50.00



10K Gold snake chain

Starting Bid:  
\$50.00



Bradford Exchange Music Box Egg

Several to choose from,, Bid is for one egg.

Starting Bid  
\$40.00



Sterling Silver Charm Bracelet

Starting Bid:  
\$50.00

## Erin Murphy RPN

Advanced Foot Care Consultant

- ❖ Routine & Diabetic Foot Care
- ❖ Fungal & Ingrown Toenail Care
- ❖ Callous & Corn Removal



Office at D & D Quality Care 428 Main St

Home visits available

**(306) 681-3411**

**New customers bringing**

**this ad in will**

**Receive \$5.00 off their treatment**

This could be your ad

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## Try Floor Shuffleboard

*an easy fun game with lots of laughs!*

**Tuesdays and Thursdays at 1:00 pm**

Moose Jae Senior Centre (Eatons)

\$2.00 for Three 8-end games      Shuffleboard cues provided

8 courts located downstairs (elevator available)

Largest floor shuffleboard facility in Saskatchewan

Similar to curling..... but no sweeping and it's warmer!

Get Together for a lot of fun..... and a little exercise!



**D&D QUALITY CARE INC.**

Healing Starts With Us

**428 MAIN ST N**

**306 691 0300**



FAMILY BUSINESS  
EST. 2003



Supp Health, DVA,  
WCB & SGI Accredited

**CERTIFIED FITTERS**



**LET'S BE AWARE!**

You have a good chance to cure breast cancer  
if you find and treat it early.

If you think something's wrong, don't wait.  
Seek care immediately.



## MOOSE JAW & DISTRICT SENIOR CITIZENS ASSOCIATION

\*\*510 Main St.\*\* \*mjsenior @shaw.ca\* 306-694-4223

We offer a wide range of activities for our seniors ( age 50+). We have a FITNESS LEVEL which includes indoor walking track and gym equipment.  
OUR TIMOTHY EATON CAFÉ IS OPEN TO EVERYONE.

### **ATTENTION: Memberships**

**New memberships will now be valid for one year from date of purchase.**

### **PLEASE CHECK YOUR MEMBERSHIP CARD.. YOU MAY BE DUE TO RENEW!**

For Example: if you purchased your 2025 membership March 17 2025, it will expire March 16, 2026.

**Regular \$75.00 Enhanced ( Use of fitness level) \$100.00**

Members can bring a guest. The guest is the responsibility of the member.  
**Guests must pay \$3.00 per activity.** The guest can be of any age.

**A Great Place to Come and Enjoy with Friends while making new ones.**

**Active minds, happy hearts!**

**Moose Jaw & District Senior Citizens Association Inc.**

**Thanks to their 2025 supporters**

**Moose Jaw Express**

**Moose Jaw Co-op Assn. Ltd.**

**Culligan Water Conditioning**

**Success Office Systems**

**Elite coating systems Inc.**

**Sask Water**

**End of the Roll**

**Community Initiatives Fund**

**Project Shine**

**Service Master Restore**



**Moose Jaw and District Senior Citizens Assoc.**

**offers competitive advertising rates for our monthly newsletter. If you have a special event, announcement or product to advertise please contact**

**Tanya at 306-694-4223 or**

**email: [mjsenior@shaw.ca](mailto:mjsenior@shaw.ca)**

**ADVERTISING RATES**

Ad size	Dimensions	1 Month	3 Months	6 Months	1 year
¼ page	3 X 4.5 in	\$25	\$65	\$80	\$100
½ Page	Vertical or Horizontal	\$30	\$75	\$90	\$125
Full Page	8 X 11	\$35	\$85	\$125	\$200

**DID YOU KNOW YOUR GIFT IS ELIGIBLE FOR A  
CHARITABLE TAX RECEIPT  
MJDSCA ISSUES RECEIPT FOR \$25 AND OVER**

**We invite you to make a donation and help us reach our goals. Every contribution, no matter the size, brings us one step closer to achieving our mission.**

Scan the QR Code: Simply scan the QR code below with your smartphone to make a quick and secure donation. Or visit our website [www.moosejawseniors.ca](http://www.moosejawseniors.ca)



THANK YOU FOR YOUR CONTINUED SUPPORT AND GENEROSITY

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Moose Jaw & District Seniors Citizens Association.

Our website can be viewed at:

**<https://moosejawseniors.ca/>**

Information on the site includes:

- \* Our Activities \* Café \* Our History
- \* Catering \* Hall Rentals \* Newsletter
- \* Events \* Volunteer Opportunities

Board of Directors

**follow us on Facebook - *Moose Jaw & District Seniors Association***