



How We Establish a Prescription for Peptide Therapy

At Arizona Sports Medicine and PROpeptides, all peptide orders follow a compliant clinical protocol to ensure safe and effective use:

- **Initial Purchase Triggers Medical Review**
 - Upon purchasing any prescription-required peptide, patients automatically receive an email link to schedule a **telemedicine consultation**.
 - Email confirmation: **Admin@arizonasportsmed.com**
- **Provider Review (New Patients)**
 - A licensed provider (PA-C) will conduct a full review of medical history, goals, and any contraindications before approving the prescription.
 - All initial consultations are required for **new patients**.
- **Existing Patients**
 - Returning patients who have already established a treatment plan with us may reorder without another consultation unless their health status changes.
- **Shipping & Fulfillment**
 - Peptides are only shipped after:
 - A provider-patient relationship is confirmed.
 - The peptide is deemed clinically appropriate.
 - A valid prescription is written when required.
 - Orders are fulfilled via a **licensed 503B/503A compounding pharmacy**.
- **Documentation & Follow-Up**
 - All prescriptions are logged in our EHR system.
 - Optional follow-ups may be scheduled for dose optimization or therapy stacking protocols



Comprehensive Peptide List with Prescription Requirements

Peptide / Blend	Primary Uses	Prescription Required?
5-Amino-1MQ	Weight loss, metabolic enhancement	✗ No

Adipotide (FTPP)	Fat loss, metabolic support	✗ No
AOD-9604	Weight loss, fat metabolism	✗ No
BPC-157	Tissue repair, gut health, anti-inflammatory	✗ No
BPC-157 + TB-500 Blend	Tissue repair, inflammation reduction	✗ No
CJC-1295 (No DAC)	Growth hormone stimulation, anti-aging	✓ Yes
CJC-1295 + Ipamorelin Blend	GH release, recovery, anti-aging	✓ Yes
CJC-1295 + Ipamorelin + IGF-1 LR3 Blend	Muscle growth, body composition	✓ Yes
DSIP	Sleep regulation, cortisol modulation	✗ No
DSIP + Selank Blend	Sleep + cognitive enhancement	✗ No
Epithalon	Telomere support, anti-aging	✗ No
Follistatin	Muscle growth, myostatin inhibition	✗ No
GHK-Cu	Skin healing, anti-inflammatory	✗ No
GHK-Cu + Epithalon Blend	Anti-aging, skin repair	✗ No
GHK-Cu + Epithalon + MOTS-C Blend	Cellular repair, metabolism, longevity	✗ No
Gonadorelin	Hormone rebalancing, fertility	✓ Yes
IGF-1 LR3	Muscle growth, glucose regulation	✓ Yes
IGF-1 LR3 + MOTS-C Blend	Muscle mass + metabolic support	✓ Yes
Ipamorelin	GH secretion, recovery, anti-aging	✓ Yes
Kisspeptin	HPG axis activation, fertility	✓ Yes
KPV	Anti-inflammatory, skin/gut repair	✗ No
LL-37	Antimicrobial peptide, tissue repair	✗ No
Melanotan-II	Tanning, libido enhancement	✗ No
MOTS-C	Mitochondrial function, fat metabolism	✗ No

NAD+	Cellular energy, cognitive support	✗ No
Oxytocin	Bonding, intimacy, mood support	✓ Yes
PT-141 (Bremelanotide)	Libido enhancement, ED support	✓ Yes
Selank	Anxiolytic, nootropic	✗ No
Semax	Focus, cognition, neuroprotection	✗ No
Sermorelin	GH secretion, anti-aging	✓ Yes
SS-31	Mitochondrial protection, cellular regeneration	✗ No
TB-500 (Thymosin Beta-4)	Tissue healing, angiogenesis	✗ No
Tesamorelin	GH secretion, visceral fat reduction	✓ Yes
Tesamorelin + Ipamorelin + MOTS-C Blend	Fat loss, GH support, mitochondrial function	✓ Yes
Thymosin Alpha-1	Immune modulation	✓ Yes
R (Triple Agonist) (Retatrutide)	GLP-1, GIP, GCGR agonist for obesity	✓ Yes
Semax + Selank + DSIP Blend	Stress, sleep, and cognitive support	✗ No
TB-500 + BPC-157 + GHK-Cu + KPV Blend (PRO 4)	Comprehensive recovery, inflammation, tissue repair	✗ No