THE ORDER OF MATINS

(1) Reader: Glory to Thee, our God, glory to Thee.

O Heavenly King, Comforter, Spirit of Truth, Who art everywhere present and fillest all things, Treasury of good things and Giver of life: Come and dwell in us, and cleanse us of all impurity, and save our souls, O Good One.

(II) Holy God, Holy Mighty, Holy Immortal, have mercy on us. Thrice. Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, blot out our sins. O Master, pardon our iniquities. O Holy One, visit and heal our infirmities for Thy name's sake.

Lord, have mercy. Thrice.

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from the evil one. << Through the prayers of our holy fathers...>>

Priest: For Thine is the kingdom, and the power, and the glory: of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto the ages of ages.

Reader: Amen. Lord, have mercy. Twelve times.

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

(III) Come, let us worship and fall down before the King our God. Come, let us worship and fall down before Christ the King our God. Come, let us worship and fall down before Christ himself, the King, our God.

Psalm 19

May the Lord hear you in the day of trouble; may the name of the God of Jacob shield you. May he send you his help from the holy place, and support you from Sion. May he remember your every sacrifice, and accept with favour your whole burnt offering. May the Lord give you your heart's desire, and fulfil your every purpose. We shall rejoice in your salvation, and be magnified in the name of the Lord our God. May the Lord fulfil all your petitions. Now I know that the Lord has saved his Christ. He will hear him from his holy heaven; in mighty acts is the salvation of his right hand. Some put their trust in chariots and some in horses, but we will call on the name of the Lord our God. They were fettered and fell, but we have risen and been set upright. Lord, save the king, and hear us on the day we call upon you.

Psalm 20

The king will rejoice in your power, O Lord, he will exult exceedingly in your salvation. You gave him his heart's desire; you did not deny him the request of his lips. For you came to meet him with blessings of goodness; you placed a crown of precious stones upon his head. He asked you for life, and you gave him length of days for age on age. Great is his glory because of your salvation; you will place on him glory and majesty. For you will give him blessing for age on age, and make him glad with the joy of your countenance.

For the king puts his hope in the Lord, and through the mercy of the Most High he will not be shaken. May your hand light upon all your enemies, and your right hand find out all who hate you. You will make them like a blazing oven at the time of your presence. The Lord will confound them in his wrath and fire will devour them. You will destroy their offspring from the earth, and their seed from among the children of humankind. Because they intended evils against you, and devised plans by which they can in no way succeed. For you will put them to flight; among your remnants you will prepare their presence. Be exalted, Lord, in your power; we will sing and praise your mighty acts.

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and to the ages of ages. Amen.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (thrice)

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever and unto ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Mas-ter, pardon our iniquities. Holy One, visit and heal our infirmities for Thy name's sake.

Lord, have mercy. (thrice)

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from the evil one.

<< Through the prayers of our holy fathers...>>

Priest: For Thine is the kingdom, and the power, and the glory, of the Father, and of the Son and of the Holy Spirit, now and ever, and unto ages of ages. Amen.

The *Reader* says the following Troparia:

Lord, save Thy people, and bless Thine inheritance, granting to faithful Christians victory over their enemies, and guarding your common-wealth by your Cross.

Glory...

Lifted up on the Cross of your own will, to the new commonwealth that bears your name grant your mercies, Christ God; make your faithful people glad by your power, granting them victories over their enemies; may they have your help in battle: a weapon of peace, an invincible tro-phy.

Both now...

Theotokion

O champion dread who cannot be put to confusion, despise not our petitions, O good and all-praised Theotokos; establish the way of the Orthodox; save those who have been called upon to govern us, leading us all to that victory which is from heaven, for thou art she who gavest birth to God and alone art blessed.

<<Through the prayers of our holy fathers...>><<next page>>

Priest: Have mercy on us, O God, according to your great mercy. We pray you, hear and have mercy.

Reader: Lord have mercy. (x3)

Priest: For you, O God, are merciful, and love humankind, and to you we give glory, to the Father, the Son and the Holy Spirit, now and for ever and to the ages of ages.

Reader: Amen. In the name of the Lord, Father bless.

(IV) Priest: Glory to the holy, consubstantial, life-giving and undivided Trinity, always, now and for ever, and to the ages of ages.

Reader: Amen.

(V) Reader: Glory to God in the highest and on earth peace, good will towards men. (thrice)

O Lord, open my lips, and my mouth shall show forth Thy praise. (twice)

PSALM 3

O Lord, how many are my foes. Many are rising against me; many are saying of me, there is no help for him in God. But Thou, O Lord, art a shield about me, my glory, and the lifter of my head. I cry aloud to the Lord, and He answers me from His holy hill. I lie down and sleep; I wake again, for the Lord sustains me. I am not afraid of ten thousands of people who have set themselves against me round about. Arise, O Lord. Deliver me, O my God. For Thou dost smite all my enemies on the cheek, Thou dost break the teeth of the wicked. Deliverance belongs to the Lord; Thy blessing be upon Thy people.

And again:

I lie down and sleep; I wake again, for the Lord sustains me.

PSALM 37

O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. For Thine arrows have sunk into me, and Thy hand has come down on me. There is no soundness in my flesh because of Thine indignation; there is no health in my bones because of my sin. For my iniquities have gone over my head; they weigh like a burden too heavy for me. My wounds grow foul and fester because of my foolishness, I am utterly bowed down and prostrate; all the day I go about mourning. For my loins are filled with burning, and there is no soundness in my flesh. I am utterly spent and crushed; I groan because of the tumult of my heart. Lord, all my longing is known to Thee, my sighing is not hidden from Thee. My heart throbs, my strength fails me; and the light of my eyes – it also has gone from me. My friends and companions stand aloof from my plague, and my kinsmen stand afar off. Those who seek my life lay their snares, those who seek my hurt speak of ruin, and meditate treachery all the day long. But I am like a deaf man, I do not hear, like a dumb man who does not open his mouth. Yea, I am like a man who does not hear, and in whose mouth are no rebukes. But for Thee, O Lord, do I wait; it is Thou, O Lord my God, Who wilt answer. For I

pray "Only let them not rejoice over me, who boast against me when my foot slips." For I am ready to fall, and my pain is ever with me. I confess my iniquity, I am sorry for my sin. Those who are my foes without cause are mighty, and many are those who hate me wrongfully. Those who render me evil for good are my adversaries because I follow after good. Do not forsake me, O Lord. O my God, be not far from me. Make haste to help me, O Lord, my salvation.

And again:

Do not forsake me, O Lord. O my God, be not far from me. Make haste to help me, O Lord, my salvation.

PSALM 62

O God, Thou art my God, I seek Thee, my soul thirsts for Thee; my flesh faints for Thee, as in a dry and weary land where no water is. So I have looked upon Thee in the sanctuary, beholding Thy power and glory. Because Thy steadfast love is better than life, my lips will praise Thee. So I will bless Thee as long as I live; I will lift up my hands and call on Thy Name. My soul is feasted as with marrow and fat, and my mouth praises Thee with joyful lips when I think of Thee upon my bed, and meditate on Thee in the watches of the night; for Thou hast been my help, and in the shadow of Thy wings I sing for joy. My soul clings to Thee; Thy right hand upholds me. But those who seek to destroy my life shall go down into the depths of the earth; they shall be given over to the power of the sword, they shall be prey for jackals. But the king shall rejoice in God; all who swear by him shall glory; for the mouths of liars will be stopped.

And again:

I meditate on Thee in the watches of the night; for Thou hast been my help, and in the shadow of Thy wings I sing for joy. My soul clings to Thee; Thy right hand upholds me.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Alleluia, alleluia, alleluia, glory to Thee, O God. (thrice)

Lord, have mercy. (thrice)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

PSALM 87

O Lord, my God, I call for help by day; I cry out in the night before Thee. Let my prayer come before Thee, incline Thine ear to my cry. For my soul is full of troubles, and my life draws near to Sheol. I am reckoned among those who go down to the Pit; I am a man who has no strength, like one forsaken among the dead, like the slain that lie in the grave, like those whom Thou dost remember no more, for they are cut off from Thy hand. Thou hast put me in the depths of the Pit, in the regions dark and deep. Thy wrath lies heavy upon me, and Thou dost overwhelm me with all Thy waves. Thou hast caused my companions to shun me; Thou hast made me a thing of horror to them. I am shut in so that I cannot escape; my eyes grow dim through sorrow. Every day I call upon Thee, O Lord; I spread out my hands to Thee. Dost Thou work wonders for the dead? Do the shades rise up to praise Thee? Is Thy steadfast love declared in the grave, or Thy faithfulness in Abaddon? Are Thy wonders known in the darkness, or Thy saving help in the land of forgetfulness? But I, O Lord, cry to Thee; in the morning my prayer comes before Thee. O Lord, why dost Thou cast me off? Why dost Thou hide Thy face from me? Afflicted and close to death from my youth up, I suffer Thy terrors; I am helpless. Thy wrath has swept over me; Thy dread assaults destroy me. They surround me like a flood all day long; they close in upon me together. Thou hast caused lover and friend to shun me; my companions are in darkness.

And again:

O Lord, my God, I call for help by day; I cry out in the night before Thee. Let my prayer come before Thee, incline Thine ear to my cry.

PSALM 102

Bless the Lord, O my soul; and all that is within me, bless His holy name. Bless the Lord, O my soul, and forget not all His benefits, Who forgives all your iniquity, Who heals all your diseases, Who redeems your life from the Pit, Who crowns you with steadfast love and mercy, Who satisfies you with good as long as you live so that your youth is renewed like the eagle's. The Lord works vindication and justice for all who are oppressed. He made known His ways to Moses, His acts to the people of Israel. The Lord is merciful and gracious, slow to anger and abounding in steadfast love. He will not always chide, nor will He keep His anger forever. He does not deal with us according to our sins, nor requite us according to our iniquities. For as the heavens are high above the earth, so great is His steadfast love toward those who fear Him; as far as the east is from the west, so far does He remove our transgressions from us. As a father pities his children, so the Lord pities those who fear Him. For He knows our frame; He remembers that we are dust. As for man, his days are like grass;

he flourishes like a flower of the field; for the wind passes over it, and it is gone. and its place knows it no more. But the steadfast love of the Lord is from everlasting to everlasting upon those who fear Him, and His righteousness to children's children, to those who keep His covenant and remember to do His commandments. The Lord has established His throne in the heavens, and His Kingdom rules over all. Bless the Lord, O you His angels, you mighty ones who do His word, hearkening to the voice of His word. Bless the Lord, all His hosts, His ministers that do His will. Bless the Lord, all His works, in all places of His dominion. Bless the Lord, O my soul.

And again:

In all places of His dominion, bless the Lord, O my soul.

PSALM 142

Hear my prayer, O Lord; give ear to my supplications. In Thy faithfulness answer me, in Thy righteousness. Enter not into judgment with Thy servant; for no man living is righteous before Thee. For the enemy has pursued me; he has crushed my life to the ground; he has made me sit in darkness like those long dead. Therefore my spirit faints within me; my heart within me is appalled. I remember the days of old, I meditate on all that Thou hast done; I muse on what Thy hands have wrought. I stretch out my hands to Thee; my soul thirsts for Thee like a parched land. Make haste to answer me, O Lord. My spirit fails. Hide not Thy face from me, lest I be like those who go down to the Pit. Let me hear in the morning of Thy steadfast love, for in Thee I put my trust. Teach me the way I should go, for to Thee I lift up my soul. Deliver me, O Lord, from my enemies. I have fled to Thee for refuge. Teach me to do Thy will, for Thou art my God. Let Thy good spirit lead me on a level path. For Thy Name's sake, O Lord, preserve my life. In Thy righteousness bring me out of trouble. And in Thy steadfast love cut off my enemies, and destroy all my adversaries, for I am Thy servant.

And again:

In Thy faithfulness answer me, in Thy righteousness. Enter not into judgment with Thy servant. (twice)

Let Thy good spirit lead me on a level path.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Alleluia, alleluia, alleluia, glory to Thee, O God. (thrice)

After the conclusion of the Six Psalms, the deacon begins the Great Litany.

Deacon: In peace, let us pray to the Lord.

R. Lord, have mercy. (after each petition)

For the peace from above and for the salvation of our souls, let us pray to the Lord. R.

For the peace of the whole world, for the welfare of the holy Churches of God, and for the union of all, let us pray to the Lord. R.

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord. R.

For our Metropolitan N, for our Bishop [or Archbishop] N., for the honorable priesthood, the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord. R.

For this country, its President, for all civil authorities, and for the armed forces, let us pray to the Lord. R.

For this city, 1 for every city and countryside, and for the faithful dwelling in them, let us pray to the Lord. R.

For seasonable weather, for abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord. R.

For travelers by land, by sea, and by air; for the sick and the suffering; for captives and their salvation, let us pray to the Lord. R.

That we may be delivered from all affliction, wrath, danger, and necessity, let us pray to the Lord. R.

Help us, save us, have mercy on us, and keep us, O God, by Thy grace. R.

Commemorating our most holy, most pure, most blessed and glorious Lady Theotokos and Ever-virgin Mary with all the saints, let us commend ourselves and each other, and all our life unto Christ our God.

R. To Thee, O Lord.

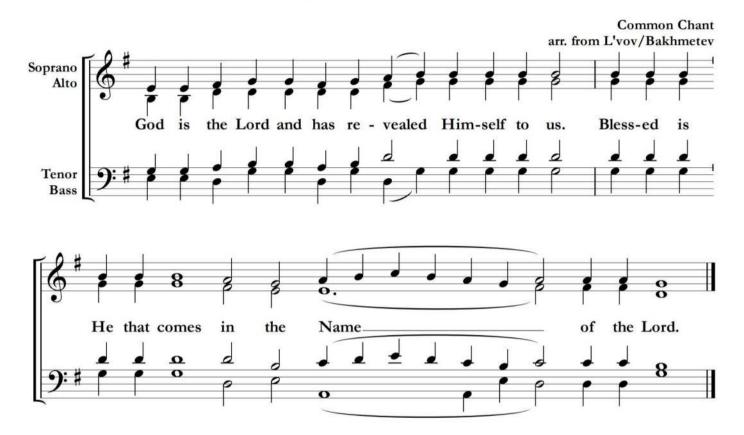
Priest: For unto Thee are due all glory, honor, and worship: to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages.

R. Amen.

¹ Or village, or holy monastery.

God is the Lord Tone 3

Deacon: In the 3rd Tone: God is the Lord and has revealed Himself to us. Blessed is He that comes in the Name of the Lord. O give thanks unto the Lord, for He is good; for His mercy endures forever.



Deacon: All nations compassed me round about, but in the Name of the Lord have I driven them back. **R**

Deacon: I shall not die, but live, and declare the works of the Lord. R

Deacon: The stone which the builders refused is become the head stone of the corner: this is the Lord's doing, and it is marvelous in our eyes. R

The order for the appointed Troparia: On Sundays, the Troparion of the Resurrection in the tone of the week is sung twice, Glory ... Troparion from the Menaion, Now and ever ... Resurrectional Theotokion in the same tone as the Menaion Troparion. If there are two Troparia from the Menaion, The Resurrectional Troparion is sung only once, then the first Troparion from the Menaion, Glory... second Troparion from the Menaion, Now and ever ... Resurrectional Theotokion in the tone of the second Menaion Troparion. On Great Feasts, the Festal Troparion is sung three times. At Festal Matins on a weekday in honor of a saint, the Troparion from the Menaion is sung twice, Glory... now and ever ... Resurrectional Theotokion in the tone of the Menaion Troparion.

Resurrectional Troparion Tone 3



VENERABLE SISOES THE GREAT (429) Troparion - Tone 1

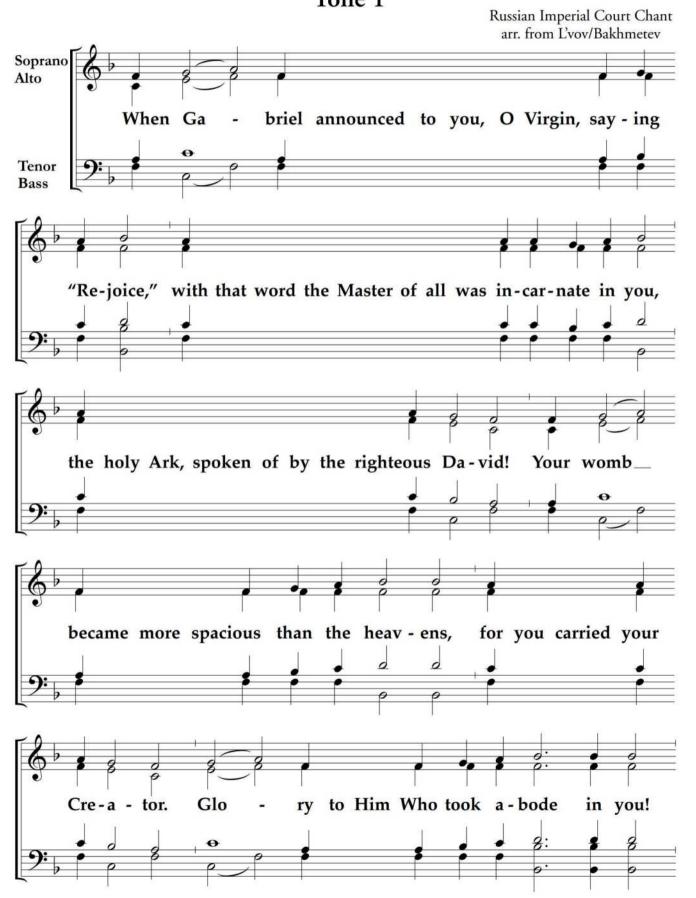


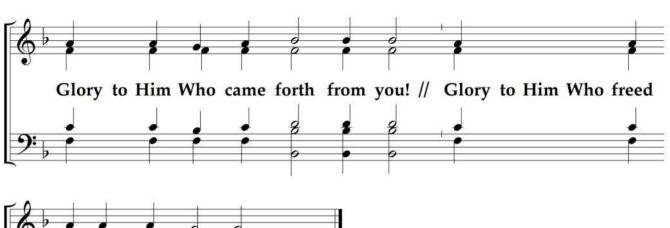
^{*} Pronounced see - SO - ees.

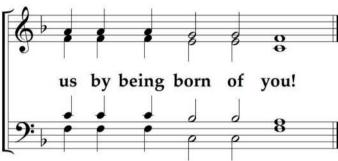




RESURRECTIONAL DISMISSAL THEOTKION Tone 1







PSALM 14

A Psalm of David.

Lord, who shall abide in Thy tabernacle, and who shall dwell in Thy holy mountain?

He that walketh uprightly, and worketh righteousness, and speaketh the truth in his heart.

He that hath not deceived with his tongue, nor done evil to his neighbour, nor taken up a reproach against his neighbour.

In whose eyes the evildoer is contemned; but he honoureth them that fear the Lord.

He that sweareth to his neighbour, and forsweareth not; he that hath not put his money out to usury, nor taken bribes against the innocent.

He that doeth these things shall never be moved.

PSALM 15

A pillar inscription for David.

Preserve me, O Lord, for in Thee have I hoped. I said unto the Lord, Thou art my God, for Thou hast no need of my goods.

To the saints that are in his land hath the Lord been wondrous; He hath wrought all His desires in them.

Their infirmities were multiplied; they hastened afterwards.

Their meetings for blood will I not assemble, nor take up their names into my lips.

The Lord is the portion of mine inheritance and of my cup; it is Thou that shalt restore mine inheritance to me.

The lines are fallen unto me among the best places, for mine inheritance is most excellent to me.

I will bless the Lord, who hath given me understanding; my reins also have instructed me till the night season.

I have seen the Lord always before me, because He is at my right hand, that I may not be moved.

Therefore my heart was glad, and my tongue rejoiced; my flesh also shall rest in hope.

For Thou wilt not leave my soul in hell, neither wilt Thou suffer Thine Holy One to see corruption.

Thou hast shown me the paths of life, with Thy presence shalt Thou fill me with joy; at Thy right hand there are pleasures for evermore.

PSALM 16

A prayer of David.

Hear my right, O Lord; attend unto my supplication. Give ear unto my prayer, that goeth not out of feigned lips.

Let my judgment come forth from Thy presence; let mine eyes behold the things that are equal.

Thou hast proved mine heart, Thou hast visited it in the night; Thou hast tried me by fire, and unrighteousness hath not been found in me.

That my mouth may not speak the works of men, for the sake of the words of Thy lips have I kept hard ways.

Set Thou my goings in Thy paths, that my footsteps slip not.

I have cried, for Thou hast heard me, O God; incline Thine ear unto me, and hear my words.

Let Thy mercies be made marvellous, O Thou that savest them which put their trust in Thee. From them that have resisted Thy right hand, keep me, O Lord, as the apple of Thine eye.

Thou wilt shelter me with the shelter of Thy wings, from the face of the ungodly, who have afflicted me.

Mine enemies have compassed my soul; they are enclosed in their own fat, their mouth hath spoken proudly.

They have cast me forth, and have now compassed me about; they have set their eyes bowing down to the earth.

They have taken me, like as a lion that is ready for his prey, and as it were a young lion lurking in secret places.

Arise, O Lord, prevent them, and supplant them; deliver my soul from the wicked, Thy sword from the enemies of Thine hand.

From Thy few of the earth do Thou separate them in their life, O Lord; their belly hath been filled with Thy hid treasure.

They have satisfied themselves with swine, and have left the rest of their substance to their babes.

As for me, I shall appear before Thy face in righteousness; I shall be satisfied when Thy glory shall appear to me.

Glory. Both now. Alleluia.

Deason: Again and again in peace, let us pray to the Lord.

R Lord, have mercy.

Help us, save us, have mercy on us, and keep us, O God, by Thy grace.

R Lord, have mercy.

Commemorating our most holy, most pure, most blessed and glorious Lady Theotokos and Ever-virgin Mary with all the saints, let us commend ourselves and each other, and all our life unto Christ our God.

To Thee, O Lord.

Priest: For Thine is the might, and Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

R'Amen.

THIRD TONE RESURRECTIONAL KATHISMATA (Plain Reading) First Kathisma

Christ is risen from the dead, He Who is the first-fruits of those that slept: the First-born of creation and the Creator of all things created! He hath renewed by Himself the nature of our corrupt race. Wherefore, thou shalt reign no more, O Death; for the Lord of all hath nullified thy power and dissolved it.

Arise, O Lord my God, let Thy hand be lifted high; forget not Thy paupers to the end.

When Thou didst taste death in the flesh, O Lord, Thou didst check bitter Death by Thy Resurrection, and didst make man to prevail over it, restoring victory over the old curse. Wherefore, O Supporter and Champion of our life, glory to Thee.

Glory... Both now... Amen.

Awed by the beauty of thy virginity and the exceeding radiance of thy purity, Gabriel stood amazed and cried to thee, O Mother of God: What praise may I offer thee, that is worthy of thy beauty? By what name shall I call thee? I am lost and bewildered. But I shall greet thee, as I was commanded: Hail! Thou that art full of grace.

PSALM 21

Unto the end: over the help that cometh in the morning; a Psalm of David.

O God my God, look to me; why hast Thou forsaken me? Far from my salvation are the words of my transgressions.

O my God, I will cry in the daytime, but Thou wilt not hear; and in the night season, and it shall not be reputed unto folly in me.

But Thou dwellest in the holy place, O Thou praise of Israel. Our fathers hoped in Thee; they hoped, and Thou didst deliver them.

They cried unto Thee, and were delivered; they hoped in Thee, and were not ashamed.

But I am a worm, and no man; a reproach of men, and the outcast of the people.

All they that saw me laughed me to scorn; they spake with their lips, they shook their heads, saying, He hoped in the Lord, let Him deliver him; let Him save him, seeing He delighteth in him.

For Thou are He that took me out of the womb; my hope from my mother's breasts. I was cast upon Thee from the womb. Thou art my God from my mother's belly. Be not far from me,

For trouble is near, for there is none to help.

Many bulls have compassed me; fat bulls have beset me round.

They have opened their mouths against me, as a ravening and roaring lion.

I am poured out like water, and all my bones are scattered; my heart is become like wax melting in the midst of my bowels.

My strength is dried up like a potsherd, and my tongue hath cleaved to my throat; and Thou hast brought me down into the dust of death.

For many dogs have compassed me, and the assembly of the wicked have enclosed me.

They have pierced my hands and my feet, they have told all my bones; and they have looked and stared upon me.

They have parted my garments among them, and cast lots upon my vesture.

But remove not Thou Thy help far from me, O Lord; haste Thee to help me.

Deliver my soul from the sword, mine only one from the hand of the dog.

Save me from the lion's mouth, and my lowliness from the horns of unicorns.

I will declare Thy name unto my brethren; in the midst of the church will I sing praise unto Thee.

Ye that fear the Lord, praise Him; all ye the seed of Jacob, glorify Him.

Let all the seed of Israel fear Him.

For He hath not despised nor abhorred the supplication of the poor, neither hath He hid His face from me; but when I cried unto Him, He heard me.

My praise is of Thee in the great congregation; I will pay my vows before them that fear Him.

The poor shall eat and be satisfied, and they shall praise the Lord that seek Him; their hearts shall live for ever and ever.

All the ends of the earth shall remember and turn unto the Lord, and all the kindreds of the nations shall worship before Him.

For the kingdom is the Lord's, and He is governor among the nations.

All they that be fat upon earth have eaten and worshipped; all they that go down to the dust shall fall down before Him.

Yea, my soul liveth to Him, and my seed shall serve Him.

The generation to come shall be told of the Lord, and they shall declare His righteousness unto a people that shall be born, whom the Lord hath made.

PSALM 22

A Psalm of David.

The Lord is my shepherd, and I shall not want.

In a place of green pasture, there hath He made me to dwell; He hath nurtured me beside the water of rest.

He hath converted my soul; He hath led me in the paths of righteousness for His name's sake.

Yea, though I walk in the midst of the shadow of death, I will fear no evil; for Thou art with me.

Thy rod and Thy staff, they have comforted me.

Thou hast prepared a table before me, in the presence of them that afflict me.

Thou hast anointed my head with oil, and like the best wine doth Thy cup inebriate me.

And Thy mercy shall pursue me all the days of my life, and I will dwell in the house of the Lord unto length of days.

PSALM 23

A Psalm of David on the first day of the week.

The earth is the Lord's, and the fulness thereof; the world, and all they that dwell therein.

He hath founded it upon the seas, and prepared it upon the rivers.

Who shall ascend into the mountain of the Lord, or who shall stand in His holy place?

He that is innocent in hands, and pure in heart, who hath not received his soul in vain, nor sworn deceitfully to his neighbour.

He shall receive a blessing from the Lord, and mercy from God his Saviour.

This is the generation of them that seek the Lord, that seek the face of the God of Jacob.

Lift up your gates, O ye princes, and be ye lifted up, ye everlasting gates; and the King of Glory shall come in.

Who is this King of Glory? The Lord strong and mighty, the Lord mighty in battle.

Lift up your gates, ye princes, and be ye lifted up, ye everlasting gates; and the King of Glory shall come in.

Who is this King of Glory? The Lord of hosts, He is the King of Glory.

Glory. Both now. Alleluia.

Deacon: Again and again in peace, let us pray to the Lord.

R Lord, have mercy.

Help us, save us, have mercy on us, and keep us, O God, by Thy grace.

Cord, have mercy.

Commemorating our most holy, most pure, most blessed and glorious Lady Theotokos and Evervirgin Mary with all the saints, let us commend ourselves and each other, and all our life unto Christ our God.

To Thee, O Lord.

Friest: For Thou art a good God and lovest mankind, and unto Thee do we...

Second Kathisma

Because of Thine immutable Divinity, O Lord, and Thy voluntary sufferings, Hades was overwhelmed, and moaned within itself, saying, Verily, I am in dread fear of the Person of this incorruptible body; for I see the unseen fighting me secretly, and behold those whom I have held shouting, Glory to Thy Resurrection, O Christ.

I will confess Thee, O Lord, with my whole heart, I will tell of all Thy wonders.

Let us believers speak of divine things, of the secret of Thine inscrutable Crucifixion, of Thine ineffable Resurrection; for today have Death and Hades been led captive, and the race of man hath been invested with incorruption. Therefore, do we cry in gratitude, Glory to Thy Resurrection, O Christ.

Glory... Both now... Amen.

Verily, O Theotokos, the incomprehensible and boundless, consubstantial with the Father and the Spirit, hast thou held secretly in thy womb. And by thy birth-giving we have learned to glorify in the world the act of the one immiscible Trinity. Therefore, with gratitude we cry to thee, Rejoice, O thou that art full of grace.

Blessed are the blameless in the way, who walk in the law of the Lord. Blessed are they that search out His testimonies; with their whole heart shall they seek after Him. For they that work iniquity have not walked in His ways. Thou hast enjoined Thy commandments, that we should keep them most diligently. Would that my ways were directed to keep Thy statutes. Then shall I not be ashamed, when I look on all Thy commandments. I will confess Thee with uprightness of heart, when I have learned the judgements of Thy righteousness. I will keep thy statutes; do not utterly forsake me. Wherewithal shall a young man correct his way? By keeping Thy words. With my whole heart have I sought after Thee, cast me not away from Thy commandments. In my heart have I hid Thy sayings that I might not sin against Thee.





42 Evlogetaria Basil Kazan





44 Evlogetaria Basil Kazan



Deacon: Again and again in peace, let us pray to the Lord.

R. Lord, have mercy.

Help us, save us, have mercy on us, and keep us, O God, by Thy grace.

R. Lord, have mercy.

Commemorating our most holy, most pure, most blessed and glorious Lady Theotokos and Ever-virgin Mary with all the saints, let us commend ourselves and each other, and all our life upto Christ our God.

R. To Thee, O Lord.

Priest: For blessed is Thy Name, and glorified is Thy Kingdom...

R. Amen.

THIRD TONE RESURRECTIONAL HYPAKOE (Troparia Tone 3)

To the ointment-bearing women the brilliant angel of sweet words, startling them, did say: Why seek ye the living One in the grave? He is verily risen, and hath emptied the tombs. Know ye, therefore, that the changeless One hath changed corruption to incorruption. And say to God: How dreadful are Thy works; for Thou hast saved mankind.

THIRD TONE RESURRECTIONAL ANABATHMOI (Stichera Tone 3)

First Antiphony

- + Thou didst verily deliver the captivity of Zion from Babylon, O Word. Likewise, draw thou me out of suffering into life.
- + They who sow in Timan with divine tears, shall reap with rejoicing the sheaves of eternal life.
- + Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.
- + With the Holy Spirit every gift is good; for He doth shine forth together with the Father and the Son; and in Him doth all creation live and move.

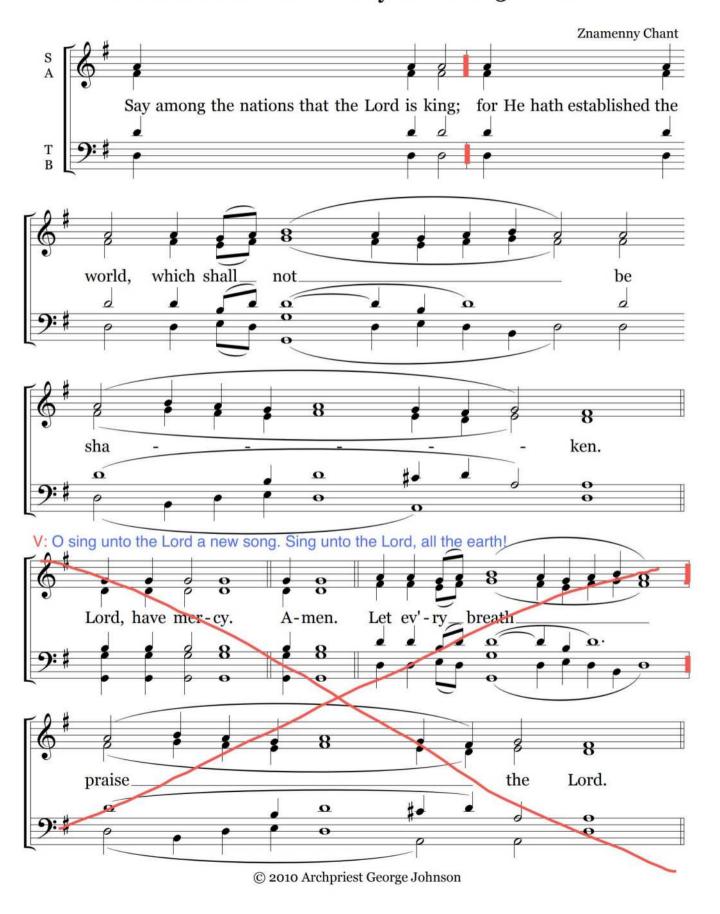
Second Antiphony

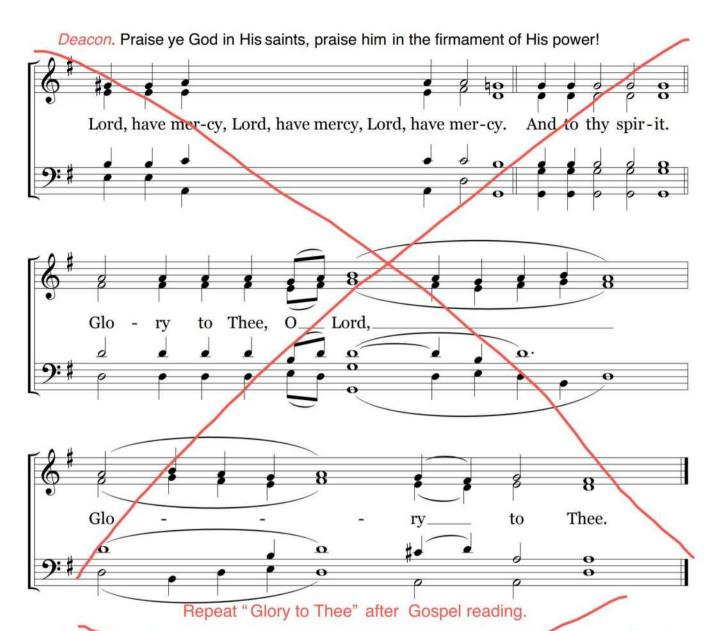
- + If the Lord buildeth not the house of virtues, then vainly do we labor; but if He defend and protect our lives, none shall prevail against our city.
- + The saints are verily the hire of the fruit of the womb. And they have not ceased to be Thy sons, in the Spirit, O Christ, and Thou art like a father.
- + Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.
- + By the Holy Spirit hath all holiness and wisdom been observed; for He is the Creator of all the essence of creation. Therefore, let us worship Him; for He is God, as is the Father and the Word.

Third Antiphony

- + Happy are they who fear the Lord; for they walk in the way of His commandments, and eat of the fruits of universal life.
- + Rejoice with gladness, O chief Shepherd, as thou beholdest thy children's children around thy table, offering branches of good deeds.
- + Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.
- + Verily, all the riches of honor are of the Holy Spirit. And of Him too is grace and life for all creation. Wherefore, He is to be praised with the Father and the Word.

Prokeimenon at Sunday Matins: 3rd Tone





On Sundays, the choir then sings Having beheld the Resurrection of Christ... once. At Festal Matins, Having beheld... is not sung, and the reader immediately begins Psalm50.4

Choir (in Stichera Tone 6):

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless One. We venerate Thy Cross, O Christ, and we praise and glorify Thy holy Resurrection; for Thou art our God, and we know no other than Thee; we call on Thy Name.

Come, all you faithful,

let us venerate Christ's holy Resurrection.

For, behold, through the Cross joy has come into all the world.

Let us ever bless the Lord, praising His Resurrection,

for by enduring the Cross for us,//

He has destroyed death by death.

PSALM 50

Have mercy upon me, O God, according to Thy great mercy: according to the multitude of Thy tender mercies blot out mine iniquity. Wash me thoroughly from mine iniquity and cleanse me from my sin. For I acknowledge mine iniquity and my sin is ever before me. Against Thee only have I sinned and done evil in Thy sight: that Thou mightest be justified in Thy words, and prevail when Thou art judged. For behold, I was shapen in iniquity and in sin did my mother conceive me. For behold, Thou hast loved truth: the unclear and hidden things of Thy wisdom Thou hast made clear to me. Thou shall sprinkle me with hyssop, and I shall be clean: Thou shalt wash me, and I shall be whiter than snow. Thou shalt make me to hear joy and gladness: the bones which Thou hast broken shall rejoice. Turn away Thy face from my sins, and blot out all my iniquities. Create in me a clean heart, O God: and renew a right spirit within me. Cast me not away from Thy presence and take not Thy Holy Spirit from me. Restore unto me the joy of Thy salvation and steady me with a guiding spirit. Then will I teach transgressors Thy ways and the impious shall be converted unto Thee. Deliver me from bloodguiltiness, O God, Thou God of my salvation and my tongue shall sing aloud of Thy righteousness. O Lord, open Thou my lips and my mouth shall declare Thy praise. For hadst Thou desired sacrifice, I would have given it Thee: Thou delightest not in burnt offerings. Sacrifices to God are a contrite spirit: a contrite and humble heart, O God, Thou wilt not despise. Do good, O Lord, in Thy good will unto Zion that the walls of Jerusalem may be built up. Then shalt Thou be pleased with the sacrifice of righteousness, with burnt offering and whole burnt offerings: then shall they offer bullocks upon Thine altar.

Then the choir sings the appointed verses and Post-Gospel Sticheron. On Sundays, the following verses are used:

Byzantine Tone 2

Glory to the Father, and to the Son, and to the Holy Spirit.

Through the prayers of the Apostles, O merciful One, blot out all the multitude of our transgressions.

Both now and ever and unto ages of ages. Amen.

Through the prayers of the Theotokos, O merciful One, blot out all the multitude of our transgressions.

Have mercy on me, O God, according to Thy great mercy, and according to the multitude of Thy tender mercies blot out my transgression.

Jesus, having risen from the grave as He foretold, hath given unto us life eternal and great mercy.

But on Sundays of the Triodion, the idiomela of repentance are sung instead:

Tone 8

Glory to the Father, and to the Son, and to the Holy Spirit.

Open to me the doors of repentance, O Life-giver, for my spirit rises early to pray towards Thy holy Temple, bearing the temple of my body all defiled; but in Thy compassion, purify me by the loving-kindness of Thy mercy.

Now and ever and unto ages of ages. Amen.

Lead me on the paths of salvation, O Mother of God, for I have profaned my soul with shameful sins and have wasted my life in laziness; but by thine intercessions, deliver me from all impurity.

Tone 6

Have mercy on me, O God, according to Thy great mercy, and according to the multitude of Thy tender mercies, blot out my transgressions.

When I think of the many evil things I have done, wretch that I am, I tremble at the fearful day of judgement; but trusting in Thy loving-kindness, like David I cry to Thee: "Have mercy on me, O God, according to Thy great mercy!"

At the conclusion of these hymns, the deacon begins the Great Intercession:

Deacon: O God, save Thy people and bless Thine inheritance. Visit Thy world with mercy and compassions. Exalt the horn of Orthodox Christians, and send down upon us Thy rich mercies. Through the intercessions of our all-pure Lady the Theotokos and Ever-virgin Mary... [...] 5 ... of the holy and righteous ancestors of God Joachim and Anna and of all Thy saints, we beseech Thee, O most merciful Lord, hearken to us sinners who make our supplications unto Thee, and have mercy on us.

Choir: Lord, have mercy. (12 times)

Priest: Through the mercy and compassion and love for mankind of Thine only-begotten Son with Whom Thou art blessed, together with Thine all-holy, good, and life-giving Spirit, now and ever and unto ages of ages.

Choir: Amen.

⁵ Due to its length, the full text of this petition has been excluded here. The petition should <u>not</u> be abbreviated in this fashion. Clergy should reference the Hieratikon, © St. Tikhon's Monastery Press, 2017, for the full text of this petition.

Irmos



Refrain: Glory to Thy holy resurrection, O Lord!

Our God is He Who cursed the earth to bring forth as fruit thorns through the sweat of the transgressor, and in the flesh receiveth a crown of thorns from the hands of the transgressors of the law. He hath abolished the curse, in that He hath been glorified.

He of Whom death was afraid hath appeared as the vanquisher and victor over death; for having assumed animate flesh subject to sufferings, and contended against the tyrant, He hath raised all up with Himself. He is our God, for He hath been glorified.

Theotokion: All nations glorify thee as the true Theotokos who gave birth without seed; for He is our God Who, having descended into thy sanctified womb, became of our essence. God and Man was born of thee.

Canon of the Cross and Resurrection

Refrain: Glory to Thy Precious Cross and Resurrection, O Lord.

The human race was enslaved by the sin-loving tyrant, but Christ redeemed it by His divine blood, and having deified it hath restored it, in that He hath been glorified.

Christ, Who is the treasury of life, desiring to experience death as one mortal, tasted thereof; and as One immortal by essence, He imparted life to mortals, for He hath been glorified.

Canon of the All-holy Theotokos

Refrain: O most holy Theotokos, save us.

Every heavenly being fittingly bendeth its knee, with those of earth and those in the nethermost parts, before Him Who became incarnate of thee, O Virgin; for He hath been glorified.

O the reconciliation which took place within thee! For He Who abundantly bestoweth gifts hath as God given us the divine Spirit, having received flesh of thee, O Maiden, in that He hath been glorified.

Canon of St. Sisoës

Refrain: O Holy Father Sisoës, pray to God for us!

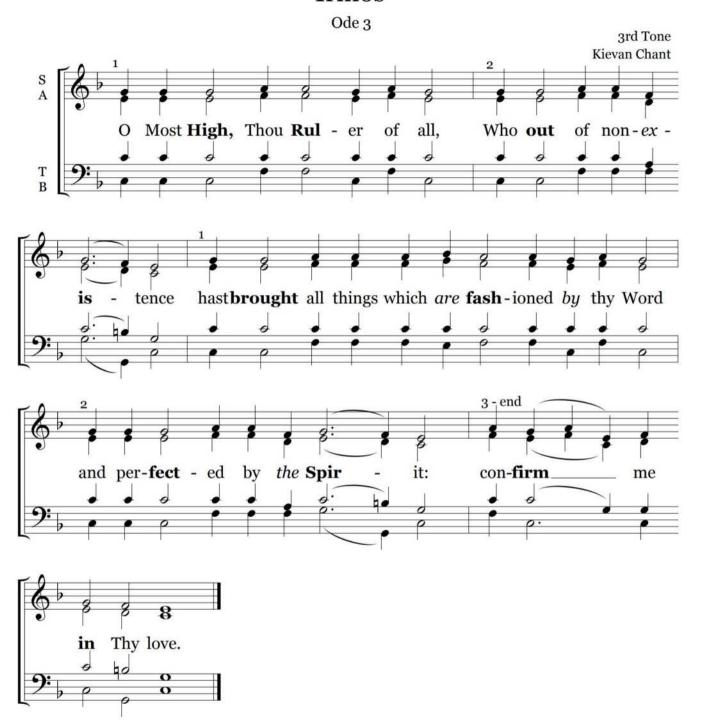
By thy prayers enliven me who am done to death by the passions, O father, interceding with great boldness now before the Life of the living.

Rejecting the love of the flesh, O father, with divine desire thou didst follow after Him Who crieth out to thee with love, O blessed Sisoës.

Theotokion: O all-immaculate one who gavest birth unto the Savior, the Peace of all: save me who am tempest-tossed by the storm of all the passions.

Ode 1. I shall open my mouth and it will be filled with the Spirit; and I shall speak forth to the Queen and Mother. I shall be seen joyfully singing her praises, and I shall delight to sing of her wonders.

Irmos



The ungodly one was confounded by Thy Cross, for he fell into the pit which he dug; but in Thy resurrection, O Christ, Thou didst raise up the lowly.

The preaching of piety to the nations covered them like the water of the sea, O Thou Who lovest mankind; for having risen from the tomb, Thou didst reveal the light of the Trinity.

Theotokion: All-glorious things have been said of thee, O animate city of Him Who reigneth forever; for through thee, O Mistress, did God come to dwell with those on earth.

Canon of the Cross and Resurrection

Refrain: Glory to Thy Precious Cross and Resurrection, O Lord.

O all-precious Cross, thou hast been shown to be the cleansing away of the impurities of the idols, for Jesus all-divine stretched forth His hands upon thee.

O Life-receiving tomb, all of us, the faithful, bow down before thee; for Christ our God was truly buried in thee and hath arisen.

Canon of the All-holy Theotokos

Refrain: O most holy Theotokos, save us.

The Virgin, having sprung forth as the rod of the root of Jesse, as said the prophets, put Thee forth as a flower for us, O Christ. Holy art Thou, O Lord!

That Thou mightest cause mortals to partake of the divine, Thou didst abase Thyself, receiving our flesh from the Virgin. Holy art Thou, O Lord!

Canon of St. Sisoës

Refrain: O Holy Father Sisoës, pray to God for us!

Mightily didst thou subject thy flesh to thy mind, O venerable one, and didst show thy soul to be free of slavery to the passions.

With thy pangs thou didst plough well the furrow of thy soul, O wise and venerable one, and didst grow the grain of dispassion and miracles.

Theotokion: O pure one, we hymn thee as a place of sanctification and the noetic table which received Christ the Bread, the Life of all.

Ode 3. As a living and copious fountain, O Theotokos, do thou strengthen those who hymn thy praises, and are joined together in spiritual company for thy service; and in thy divine glory make them worthy of crowns of glory.

Kontakion, in Tone IV

Having struggled, thou wast seen to be an angel on the earth, O venerable one, ever illumining the thoughts of the faithful with divine signs. Wherefore, we honor thee with faith, O Sisoës.

Glory..., Now and ever...

Thou didst adorn thy life with abstinence; and having mortified thy members, didst triumph over the onslaughts of the passions, O blessed Sisoës, and didst pass over to everlasting life in God, as a worthy heir to His kingdom. Wherefore, cease thou never to pray that our souls be saved.

Irmos



In Thy mercy Thou didst withstand wounds and stripes, O Christ, enduring the malice of blows to Thy cheeks; and with long-suffering deigning to be spit upon, Thou didst thereby accomplish salvation for me. Glory to Thy power, O Lord!

Thou didst partake of death in a mortal body, O Life, for the sake of the suffering of the poor and the groans of Thy paupers; and having brought corruption upon the corrupter, O Allglorious One, Thou didst resurrect all with Thyself, in that Thou hast been glorified.

Theotokion: Remember, O Christ, the flock which Thou hast acquired by Thy suffering; and accepting the merciful entreaties of Thine all glorious Mother. Deliver it by Thy power, O Lord, visiting it in its affliction.

Refrain: Glory to Thy Precious Cross and Resurrection, O Lord.

O Thou Who lovest mankind, Who fashioned man in Thine image: crucified on Golgotha for the sake of him who was slain by the sin of disobedience, Thou didst save him.

Death surrendered the dead whom it had sacrificed; and the corrupt kingdom of hell was destroyed when Thou didst arise from the grave, O Lord.

Refrain: O most holy Theotokos, save us.

O Master, Who set the mountains in the scales of divine understanding, Thou wast cut from the stone of the Virgin without the aid of men's hands. Glory to Thy power, O Thou Who lovest mankind.

Thou hast healed our infirm nature, O Master, within the Virgin uniting to it Thine all-pure divinity, a most speedy remedy, O Word.

Canon of St. Sisoës

Refrain: O Holy Father Sisoës, pray to God for us!

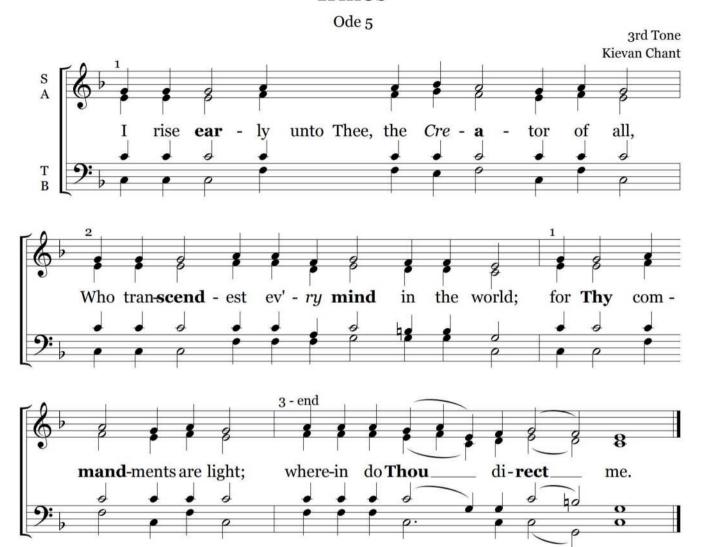
With the rain of grace, O father, thou hast poured forth rivers of wonders, cleansing from defilement those who with faith have recourse unto thee, O blessed one.

Having thoroughly cleansed thy soul with all-night entreaties and day-long standings, O venerable one, thou didst show it to be a dwelling-place of the Trinity.

Theotokion: Habbakuk of old foresaw thee as an unquarried mountain, O all-immaculate one, whence God appeared Who hath renewed us who are corrupted.

Ode 4. He Who sits in clouds of glory upon the throne of Godhead, Jesus the most high God, came with mighty hand and saved those who cried out unto Him: Glory to Thy power, O Christ.

Irmos



Through the envy of the Jews, Thou wast given over to an unjust judge, O Beholder of all. And Thou who judgest the whole earth with justice hast delivered ancient Adam from condemnation.

O Christ Who hast risen from the dead, grant Thy peace unto Thy Churches through the invincible power of Thy Cross, and save Thou our souls.

Theotokion: O only Ever- virgin, thou hast been shown to be the holy tabernacle and more spacious than the heavens, in that thou didst receive the Word of God, Whom all creation cannot contain.

Canon of the Cross and Resurrection

Refrain: Glory to Thy Precious Cross and Resurrection, O Lord.

Pierced by a spear in Thy side, O my Christ, Thou didst free from the curse her who was formed from the side of man, and who brought destruction upon all men.

O Christ our Savior, Who art equal to the Father in essence, Thou didst raise from the dead the sacred temple of Thine all-pure and most precious body.

Canon of the Theotokos

Refrain: O most holy Theotokos, save us.

Thy Son, the Word of God, O Virgin, the Creator of Adam the first-formed, is not a created being, even though He fashioned animate flesh for Himself out of thee.

Thy Son, the Lord Jesus, the Word of God, O Virgin, a Hypostasis perfect in two natures, is perfect God and perfect man.

Canon of St. Sisoës

Refrain: O Holy Father Sisoës, pray to God for us!

As a temple of the three-Sunned Godhead, thou didst cast down the passions of thy soul as though they were graven images.

Having slain the wisdom of thy flesh, O God-bearer, thou didst raise up the dead through the activity of the Spirit.

Theotokion: As thou gavest birth unto the never-setting Sun, O Theotokos, enlighten me who am wholly darkened by the passions.

Ode 5. All creation was amazed at thy divine glory, for thou, O unwedded Virgin, didst hold in thee the God of all, and didst bear the Eternal Son, Who rewards with salvation all those who hymn thy praises.

Irmos

Ode 6



An abyss of mercy and compassions hath surrounded me through Thy compassionate descent; for having become incarnate and taken on the form of a servant, O Master, Thou didst deify me, glorifying me with Thyself.

The slayer underwent death, beholding Him Who was dead alive again. These were images of Thy resurrection, O Christ, and of Thine all-pure, vanquishing sufferings.

Theotokion: O all-pure one who alone dost mediate before the Creator and men, in manner past understanding: entreat thy merciful Son, and be thou a champion for thine all-sinful servants.

Canon of the Cross and Resurrection

Refrain: Glory to Thy Precious Cross and Resurrection, O Lord.

Having been tested with wounds by Thy suffering of the Cross, Thou didst raise up with Thyself those wounded by hell. Wherefore, I cry out: Lead up my life from corruption, O Thou Who lovest mankind!

The gates of hell opened unto Thee in fear, and the vessels of the enemy were plundered. Wherefore, the women met Thee, receiving joy instead of grief.

Canon of the Theotokos

Refrain: O most holy Theotokos, save us.

He Who shareth no form receiveth our form from the incorrupt Virgin, becoming man in form and matter without changing in His divinity.

O all-pure one, deliver me from the abyss of sins and the tempest of the passions, for thou art a haven and an abyss of miracles for those who have recourse unto thee with faith.

Canon of St. Sisoës

Refrain: O Holy Father Sisoës, pray to God for us!

Thou didst escape being destroyed by the noetic whale, O father, having acquired abstinence, prayer, unfeigned love, mighty humility and steadfast love for Christ.

Our mighty God directed thy steps toward Himself and manifestly gave thee the strength to trample down serpents and crush the heads of scorpions, O all-blessed God-bearer.

Theotokion: O Mary, thou pure vessel of -virginity, cleanse thou my mind of the darkness of the passions, and fill my heart with grace and righteousness, O all-immaculate one.

Ode 6. As we the Godly-minded, celebrate this sacred and all-honorable feast of the Mother of God: come, let us clap our hands together and glorify the God Whom she bore.

Kontakion, in Tone III: Thou didst arise today from the tomb, O merciful One,/ and didst lead us out of the gates of death./ Today Adam danceth and Eve rejoiceth;/ and together with them both the Prophets and the Patriarchs// unceasingly praise the divine might of Thine authority.

Ikos: Let heaven and earth join chorus today and with one mind hymn Christ God, for He hath raised the prisoners up from the graves. All creation rejoiceth, offering worthy hymns to our Deliverer, the Creator of all; for having led men up from hell today, in that He is the Bestower of life, He exalteth them to the heavens with Him, doth cast down the arrogance of the enemy, and breaketh down the gates of hell by the divine might of His authority.

On July 6th in the Holy Orthodox Church we commemorate Our Holy Father Sisoes the Great of Egypt:

When he died, this was written upon the tablet: Sisoës, the tablet of the Divine Spirit. On the sixth, Sisoës went blameless from earth to Heaven.

An Egyptian by birth, he lived at first in Scetis then, after St Antony's death, settled on the desert mountain on which Antony had earlier lived in asceticism and which was named after him. He learned humility through great struggles with himself, becoming meek and guileless as a lamb. Therefore God gave him the great gifts of healing the sick, driving out unclean spirits and raising the dead. Sisoes lived in the desert for sixty years, and was a fount of living wisdom for all the monks and lay folk who came to him for advice. At the time of his death, his face shone like the sun. The monks stood around him and marvelled at this sight and, when the saint gave up his soul, the whole chamber was filled with a wonderful fragrance. He entered into rest in great old age, in about 429. St Sisoes taught his monks: 'When temptation comes to a man, that man must give himself over to the will of God, and acknowledge that the temptation comes upon him because of his sins. If something good comes to pass, he must acknowledge that it comes about by the providence of God.' A monk asked him: 'How can I please God and be saved?' The saint replied: 'If you desire to please God, withdraw from the world, separate yourself from the earth, leave aside creation and draw near to the Creator, unite yourself to God with prayers and tears, and you will find rest in this world and in the next.' A monk asked Sisoes: 'How can I acquire humility?' The saint replied: 'When a man learns to regard every man as better than himself, he thus acquires humility.' Ammon complained to Sisoes that he could not memorise the wise sayings that he had read, to be able to quote them in conversation with others. The saint replied: 'It is not necessary. That which is necessary is to acquire purity of mind and to speak from this purity, placing one's hope in God.'

On this day we also commemorate:

Uncovering of the Relics of Holy Princess Juliana Ol'shánskaya (16th c.). Martyrs Marinus and Martha, and their children, Audifax and Abbachum (Habákkuk) and those with them at Rome: Cyrinus, Valentine, and Asterius the Presbyter (269). Martyrs Isaurius the Deacon, Innocent, Felix, Hermias, Basil, Peregrinus, Rufus, and Rufinus of Apollonia in Macedonia (3rd c.). Martyr Cointus (Quintus) of Phrygia (ca. 283). Virgin Martyr Lucia (Lucy), Martyr Rixius, and those with them at Rome: Martyrs Anthony, Lucian, Isidore, Dion, Diodorus, Cutonius, Arnosus, Capicus, Saturus (Satyrus), and others (301). Synaxis of the Saints of Rádonezh.

By the intercessions of Thy Saints, O Christ our God, have mercy on us. Amen.

Irmos



The splendid veil of the temple was rent in twain at the crucifixion of the Creator, revealing the truth hidden in the Scripture unto the faithful who cry: O God of our fathers, blessed art Thou!

When Thy side was pierced, O Christ, with the drops of Thy divinely flowing and lifecreating blood, which fell upon the ground according to Thy design, Thou didst restore those on earth, who cry: O God of our fathers, blessed art Thou!

Triadicon: Let us glorify the good Spirit with the Father and the only-begotten Son, O ye faithful, worshipping the one Godhead and Sovereignty in three, crying: O God of our fathers, blessed art Thou!

Canon of the Cross and Resurrection

Refrain: Glory to Thy Precious Cross and Resurrection, O Lord.

Beholding God incarnate, and not a simple man, hanging upon the Cross, the sun was darkened. And unto Him do we chant: O Lord God of our fathers, blessed art Thou!

Terrified, hell received the Bestower of incorruption Who is mighty in divinity, and it vomited forth the souls of the righteous, who cried: Blessed art Thou, O Lord God of our fathers!

Canon of the Theotokos

Refrain: O most holy Theotokos, save us.

O Thou Who art the Lord of glory, Who ruleth the heavenly hosts, Who sittest with the Father, and art borne in the Virgin's arms: O Lord God of our fathers, blessed art Thou!

Harsh is death, yet when Thou didst unite Thyself to it, having become divinely hypostatic flesh through the Virgin, Thou didst destroy it. Blessed art Thou, O Lord God of our fathers.

Canon of St. Sisoës

Refrain: O Holy Father Sisoës, pray to God for us!

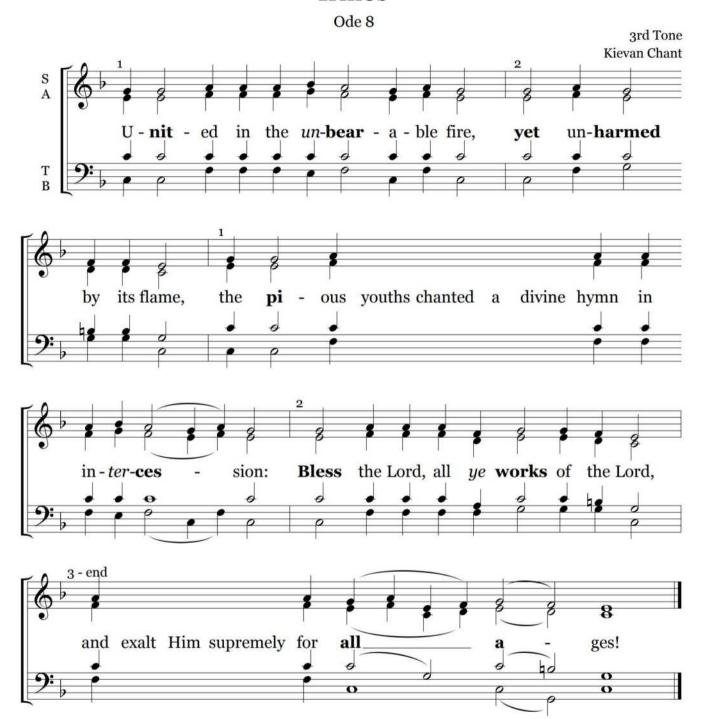
With a pure mind thou didst receive all the radiance of the Spirit, and didst become a beacon for those who cry out with faith: Blessed art Thou, O Lord God, forever!

With the divine fire of abstinence didst thou utterly consume the tinder of sin, and thou didst pass over into the noetic light, crying out: Blessed art Thou, O Lord God, forever!

Theotokion: O Mother of the Savior, save me who am held fast in the abyss of transgressions, and rescue me from all the malice of the enemy, that, saved, I may magnify thine aid.

Ode 7. The Godly-minded children worshipped not the creature rather than the Creator, but trampling upon the threat of fire in manly fashion, they rejoiced and sang: O All-praised Lord and God of our Fathers, blessed art Thou.

Irmos



The splendor of the temple was rent in twain when Thy Cross was planted on Golgotha, and creation fell down in fear, singing: Bless the Lord, all ye works of the Lord! Hymn and exalt Him supremely forever!

Thou didst rise from the tomb, O Christ, and by Thy divine power didst set aright him who fell, deceived into eating of the tree; and he crieth and saith: Bless the Lord, all ye works of the Lord! Hymn and exalt Him supremely forever!

Theotokion: Thou hast been shown to be the temple of God, an animate habitation, and the ark; for thou, O all-pure Theotokos, hast reconciled the Creator with men, and all of us, His works, hymn thee fittingly and exalt Him supremely for all ages.

Canon of the Cross and Resurrection Refrain: Glory to Thy Precious Cross and Resurrection, O Lord.

God, the dispassionate Word, Who in His divinity is not subject to the passions, suffereth in the flesh. Unto Him let us chant: Bless the Lord, all ye works of the Lord! Hymn and exalt Him supremely forever!

Triadicon: Let us piously serve the Godhead in three Persons, Who is ineffably united; and let us chant: Bless the Lord, all ye works of the Lord! Hymn and exalt Him supremely forever!

Canon of the Theotokos Refrain: O most holy Theotokos, save us.

As the Mother of God and one close to Him, thou didst surpass the noetic ranks. We bless thine Offspring, O blessed Virgin, and exalt Him supremely for all ages.

Thou didst show forth a natural beauty, most comely, which illumineth the flesh of the Divinity. We bless thine Offspring, O blessed Virgin, and exalt Him supremely for all ages.

Canon of St. Sisoës

Refrain: O Holy Father Sisoës, pray to God for us!

Abiding in unceasing prayers and entreaties, thou didst drive the gloom of the passions from thy soul, and didst cleanse thy mind's eye. Wherefore, thou wast vouchsafed to behold the future prophetically, O Sisoës, piously crying Aloud: Ye people, exalt the Lord supremely forever!

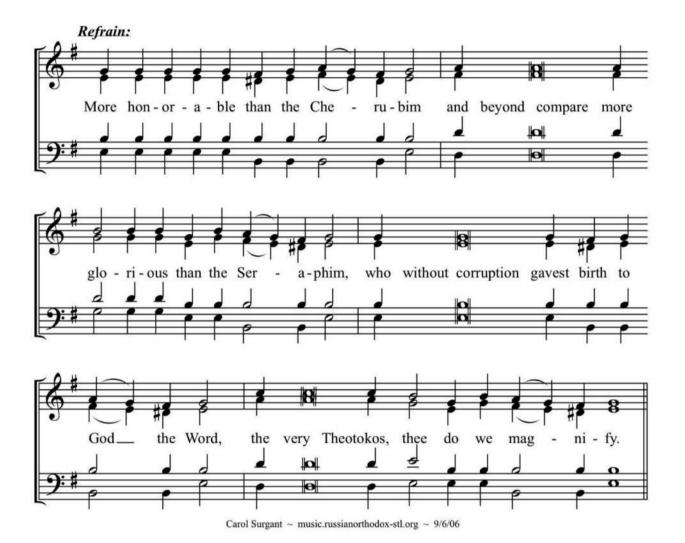
Like an angel didst thou dwell in thy body, O venerable one and thou didst vanquish legions of the adversary. Wherefore, with gladness, O father, thou hast made thine abode in immaterial life, where the ranks of the angels dwell, and with them thou dost cry out: Hymn the Lord, ye priests; ye people, exalt Him supremely for all ages!

Theotokion: Sanctified by the Spirit, thou didst receive the Creator of human nature in thy womb, and didst ineffably give birth unto Him, O pure Maiden. Lauding Him unceasingly, we chant: Ye children, bless; ye priests, hymn; ye people, exalt Him supremely for all ages!

We praise, we bless, and we worship the Lord.

Ode 8. The three holy children in the furnace the Child of the Theotokos saved; then was the type, now is its fulfillment, and the whole world gathers to sing: All ye works praise the Lord and magnify Him unto all ages.

Choir: My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior.



- + For He hath regarded the lowliness of His handmaiden; for behold from henceforth all generations shall call me blessed. (*Refrain*)
- + For He that is mighty hath magnified me, and holy is His Name; and His mercy is on them that fear Him, throughout all generations. (*Refrain*)
- + He hath showed strength with His arm; He hath scattered the proud in the imagination of their hearts. (*Refrain*)
- + He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the empty with good things, and the rich hath He sent empty away. (*Refrain*)
- + He remembering His mercy hath helped His servant Israel, as He promised to our forefathers, Abraham and his seed forever. (*Refrain*)

Irmos



Awesome is it to behold Thee, the Creator, O Word of God, uplifted upon the Tree: God suffering in the flesh for His servants, and lying in the tomb, bereft of breath, and releasing the dead from hell. Wherefore, O Christ, we magnify Thee as omnipotent.

Placed dead in the tomb, Thou didst save the forefathers from the corruption of death; and, raising up the dead, Thou didst cause life to blossom forth, guiding human nature to the light and clothing it in divine incorruption. Wherefore, we ever magnify Thee as the Light of life.

Theotokion: Thou hast been shown to be the temple and throne of God, wherein He Who is in the highest dwelt, born of thee who knewest not man, O most pure one, without in any wise opening the gates of thy flesh. Wherefore, O pure one, by thine unceasing supplications quickly and utterly subdue the barbaric nations.

Canon of the Cross and Resurrection

Refrain: Glory to Thy Precious Cross and Resurrection, O Lord.

From a dishonorable death Thou hast poured forth honor upon all men; and having tasted thereof through Thy crucifixion, O Christ our Savior, Thou hast given me incorruption through Thy mortal essence, in that Thou lovest mankind.

Rising from the tomb, O Christ, Thou didst save me; and thou didst ascend and lead me to Thy Father Who begat Thee; and Thou hast seated me at His right hand in the loving-kindness of Thy mercy, O Lord.

Canon of the Theotokos

Refrain: O most holy Theotokos, save us.

The pious and faithful can never have enough of thy praises, O Virgin; for ever receiving divine and spiritual desire through desire, we magnify thee as the Mother of God.

Thou hast appointed for us an unashamed advocate, her who gave Thee birth, O Christ. Through her entreaties Thou givest us the merciful Spirit, the Bestower of goodness, Who through Thee proceedeth from the Father.

Canon of St. Sisoës

Refrain: O Holy Father Sisoës, pray to God for us!

An awesome wonder took place at the very moment of thy repose; for thy countenance shone forth more brightly than the sun, and choirs of angels arrived to receive thy soul and bear it to the three-Sunned Light.

Delighting in divine beauties, and deified in partaking thereof, illumined with the radiant splendors which issue forth therefrom, O blessed one, by thine entreaties deliver from the dark destruction of the passions those who faithfully honor thy light-bearing memory, O wise one.

Theotokion: There is no salvation for me because of my deeds, O all-immaculate one; for, having trodden the wrong path, I have been filled with darkness. But as thou didst shine forth upon us light from the Light, enlighten and save me, and disdain me not who am grievously perishing.

Ode 9. (<u>Kazan</u>) (<u>Crow</u>) Let all the earth-born mortals rejoice in the Spirit, bearing their lamps. And let the nature of bodiless Minds celebrate with honor the holy festival of the Mother of God, and cry out: Hail! All-blessed, pure, and ever-virgin Theotokos!

And the choir continues with the Ninth Ode of the canon. After the katavasia of the Ninth Ode, the deacon says the Little Litany as above, with this exclamation:

Priest: For all the powers of heaven praise Thee, and unto Thee do we send up glory...

Then the appointed Exapostilaria are sung or read. But on Sundays, after the Little Litany and before the Exapostilaria, the deacon says:

Deacon: Holy is the Lord our God.

Choir: Holy is the Lord our God.

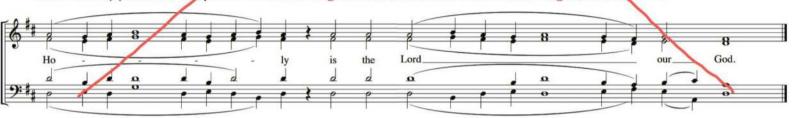
Deacon: For holy is the Lord our God.

Choir: Holy is the Lord our God.

Deacon: Over all peoples is our God.

Choir: Holy is the Lord our God.

And the appointed Exapostilaria are sung or read, and the choir then begins the Praises:



Matins Gospel 4

Fourth Resurrectional Gospel

Saint Luke, Pericope 112 (24:1-12)

Read on the 4th (Third Tone), 15th (Sixth Tone), 26th (First Tone), and 37th (Fourth Tone) Sundays after Pentecost, and on the Sunday of the Paralytic.

Fourth Evangelical Exapostilarion

Having been illumined by the virtues, let us behold the man standing in the Life-bearing tomb in brilliant vesture while the myrrh-bearing women fall prostrate; let us learn of the resurrection of Him Who hath dominion over the heavens; with Peter let us hasten to the sepulchre of Life; and, marveling at what hath taken place, let us remain to behold Christ.

Glory... Both now...

O Lord Who hast commanded us to rejoice, Thou hast transformed the grief of our first parents, bearing the joy of Thine arising into world. Wherefore, O Bestower of life, through her who gave Thee birth send down upon us the light of Thy compassions, a light which illumineth our hearts, that we may cry out to Thee: O God-man Who lovest mankind, glory to Thy resurrection!

Choir: Let everything that breathes praise the Lord! Praise the Lord from the heavens! Praise Him in the highest! To Thee, O God, is due a song! Praise Him, all you angels of His! Praise Him, all His hosts! To Thee, O God, is due a song!

PSALM 148

- Praise Him, sun and moon, praise Him, all you shining stars.
- Praise Him, you highest heavens, and you waters above the heavens.
- Let them praise the Name of the Lord. For He commanded and they were created.
- And He established them for ever and ever; He fixed their bounds which cannot be passed.
- Praise the Lord from the earth, you sea monsters and all deeps,
- fire and hail, snow and frost, stormy wind fulfilling His command.
- Mountains and all hills, fruit trees and all cedars.
- Beasts and all cattle, creeping things and flying birds.
- Kings of the earth and all peoples, princes and all rulers of the earth.
- Young men and maidens together, old men and children.
- Let them praise the Name of the Lord, for His Name alone is exalted; His glory is above earth and heaven.
- He has raised up a horn for His people, praise for all His saints, for the people of Israel who are near to Him.

PSALM 149

- Sing to the Lord a new song, His praise in the assembly of the faithful.
- Let Israel be glad in his Maker, let the sons of Zion rejoice in their King.
- Let them praise His Name with dancing, making melody to Him with timbrel and lyre.
- For the Lord takes pleasure in His people; He adorns the humble with victory.
- Let the faithful exult in glory; let them sing for joy on their couches.
- Let the high praises of God be in their throats and two-edged swords in their hands, to wreak vengeance on the nations and chastisement on the peoples, to bind their kings with chains and their nobles with fetters of iron,

Stichos: To do among them the judgment that is written./ This glory shall be to all His saints.

Come, all ye nations, and understand the power of the dread mystery;/ for Christ the Savior, Who in the beginning was the Word,/ was crucified for our sake and buried,/ and rose from the dead, that He might save all.// Let us worship Him.

Stichos: Praise ye God in His saints,/ praise Him in the firmament of His power.

Those who guarded Thee declared all the wonders, O Lord;/ but the council of vainglory filled their hands with a reward,/ intending thus to conceal Thy resurrection,/ which the world doth glorify.// Have mercy upon us!

Stichos: Praise Him for His mighty acts,/ praise Him according to the multitude of His greatness.

All were filled with joy, experiencing the resurrection;/ for Mary Magdalene went to the tomb and found an angel seated upon the stone,/ clad in shining raiment, who said:/ "Why seek ye the Living among the dead?/ He is not here, but is risen as He said,// going before you to Galilee!"

Stichos: Praise Him with the sound of trumpet,/ praise Him with psaltery and harp.

In Thy light do we behold light,/ O Master Who lovest mankind;/ for Thou didst rise from the dead,/ granting salvation to the human race./ Let all creation glorify Thee Who alone art sinless./ Have mercy upon us!

Stichos: Praise Him with timbrel and dance,/ praise Him with strings and flute.

With tears the myrrh-bearing women offered Thee a morning hymn, O Lord;/ for, taking sweet-smelling spices,/ they went to Thy tomb, intending to embalm Thine all-pure body./ But an angel, seated upon the stone,/ announced to them: "Why seek ye the Living among the dead?/ For He is risen as God,// trampling down death and granting great mercy unto all!"

Stichos: Praise Him with tuneful cymbals, praise Him with cymbals of jubilation./ Let every breath praise the Lord.

The radiant angel, seated on Thy life-creating tomb,/ said to the myrrh-bearing women:/ "The Deliverer Who hath emptied the graves hath made hades captive and risen on the third day,// in that He alone is God Almighty!"

Stichos: Arise, O Lord my God, let Thy hand be lifted high;/ forget not Thy paupers to the end.

Arriving on the first day of the week,/ Mary Magdalene sought Thee in the tomb;/ and not finding Thee, she lamented, weeping and crying aloud:/ "Woe is me, O my Savior!/ Thou hast been stolen, O King of all!"/ But the two life-bearing angels within the tomb cried out:/ "Why weepest thou, O woman?"/ "I weep," said she, "because they have taken the Lord from the tomb,/ and I know not where they have laid Him!"/ But turning around, she straightway cried out as she saw Thee:// "O my Lord and my God, glory be to Thee!"

Stichos: I will confess Thee, O Lord, with my whole heart,/ I will tell of all Thy wonders.

The Jews closed Life within the tomb,/ but the thief opened up delight with his tongue, crying aloud and saying:/ "He Who was crucified with me for my sake joined me on the Tree,/ and hath revealed Himself to me,/ seated on the throne with the Father;// for He is Christ our God, Who hath great mercy!"

Glory...The matins Gospel sticheron.

THE RESURRECTIONAL EXAPOSTILARIA & THEIR THEOTOKIA

AND THE GOSPEL STICHERA

The composition of the Emperor Constantine VII Porphyrogenitus

THE FIRST EVANGELICAL STICHERON

in Tone I

When the disciples came to the Mount of Olives for Christ's ascension from the earth, the Lord stood before them; and having worshipped Him and learned of the authority given them everywhere, they were sent forth to proclaim to the whole world His resurrection from the dead and His ascension into the heavens. And Christ God, the Savior of our souls, promised to remain with them without fail, forever.

THE SECOND EVANGELICAL STICHERON

in Tone II

When the women who with Mary came bearing myrrh and were at a loss how they would attain their desire, the stone was shown to have been moved, and a civine youth, stilling the turmoil of their souls, said. "The Lord Jesus is risen! Wherefore, tell the disciples who preach Him to go with all baste into Galilee to behold Him risen from the dead, as Bestower of life and Lord!"

THE THIRD EVANGELICAL STICHERON

in Tone III

When Mary Magdalene announced the Savior's resurrection from the dead and His appearance, the disciples, refusing to believe, were reproached for their hardness of heart; but armed with signs and wonders, they were sent forth to preach. Thou, O Lord, didst ascend to Thy Father, the original Light; and they preached the word everywhere, persuading by miracles. Wherefore, enlightened by them, we glorify Thy resurrection from the dead, O Lord Who lovest mankind.

THE FOURTH EVANGELICAL STICHERON in Tone IV

It was very early in the morning, and the women arrived at Thy tomb, O Christ; but the body which they desired was nowhere to be found. Wherefore, two angels clad in shining garments, standing before the perplexed ones, said: "Why seek ye the Living among the dead? He is risen, as He foretold! Why do ye not remember His words?" And believing them, they proclaimed the things that they had seen; yet the glad tidings were thought to be false, so slow yet were the disciples. But Peter ran and, seeing, within himself glorified Thy wonders.

THE FIFTH EVANGELICAL STICHERON in Tone V

Thine all-wise judgements, 0 Christ! How by the grave clothes alone didst Thou give Peter to understand Thy resurrection And, while journeying with Luke and Cleopas, how didst Thou converse with them., and in conversing didst not reveal Thyself straightway? Wherefore, Thou wast reproached as a mere traveller to Jerusalem Who took no part in its doings. Yet, ordering all things for the benefit of Thy creation, Thou didst disclose the prophecies concerning Thee, and madest Thyself known to them when Thou didst break the bread; and their hearts burned within them before they recognized Thee. And to Thine disciples they manifestly proassembled claimed Thy resurrection, whereby do Thou

THE SIXTH EVANGELICAL STICHERON

have mercy upon us

in Tone VI

Thou art the true Peace, 0 Christ, Who givest Thy divine peace to men. After Thine arising Thou didst show Thyself to the disciples, and they were affrighted, thinking that they were seeing a ghost. But Thou didst calm the turmoil of their souls, showing them Thy hands and feet. Yet when still they doubted, Thou didst, by partaking of food and recalling Thy teachings, open their minds to understand the Scriptures. And having promised them the promise of the Father, and blessed them, Thou didst depart into heaven. Wherefore, with them we worship Thee. O Lord, glory be to Thee!

Now and ever..., Theotokion, in Tone II:

All-blessed art thou, O Virgin Theotokos,/ for by Him Who became incarnate through thee hath hades been made captive,/ Adam restored, the curse annulled, Eve set free,/ death slain, and we have been given life./ Wherefore, chanting, we cry aloud:// Blessed is Christ God Who hath been thus well pleased! Glory be to Thee!

and the Great Doxology

THE GREAT DOXOLOGY

notes: A -> Bb

 $D \longrightarrow G$

Glory to God in the *highest*, and on earth peace, good *will among men*. We praise Thee, we bless Thee, we worship Thee, we glor-ify Thee, we give thanks to Thee for Thy great glory. O Lord, heavenly King, God the Father Al-mighty. O Lord, the Only-Begotten Son, Jesus Christ, and O Holy Spirit; O Lord God, Lamb of God, Son of the Father, That tak-est away the sin of the world, have mercy on us. Thou that takest away the sins of the world, re-ceive our prayer. Thou that sittest at the right hand of Father have mercy on us. For Thou only art holy, Thou alone art the Lord, O Jesus Christ, to the glory of God the Father. Amen.

Every day will I bless Thee and I will praise Thy Name forever, yea forever and ever. Vouchsafe, O Lord, to keep us this day without sin. Blessed art Thou, O Lord, the God of our fathers, and praised and glorified is Thy Name unto the ages. Amen. Let Thy mer-cy, O Lord, be upon us, according as we have hoped in Thee.

Blessed art Thou, O Lord, teach me Thy statutes. (thrice)

Lord, **T**hou hast been our refuge in generation and gener-ation. I said: O Lord, **h**ave mercy on me, heal my soul, for I have sinned against Thee. O Lord, **u**nto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. For with Thee **i**s the fountain of life; in Thy light shall we see *light*. O continue Thy mercy unto them that **k**now Thee.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (thrice)

Glory to the Father, and to the Son, and to the Holy **S**pir-it, both now and ever and unto ages of **a**ges. A-men.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.





Часы и Божественная Литургия

на церковно-славянском и английском языках

Hours and Divine Liturgy

in Church Slavonic and English

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Vespers Litanies

on Tone 2 Znamenny Themes

L. Margitich / arr. John Childs

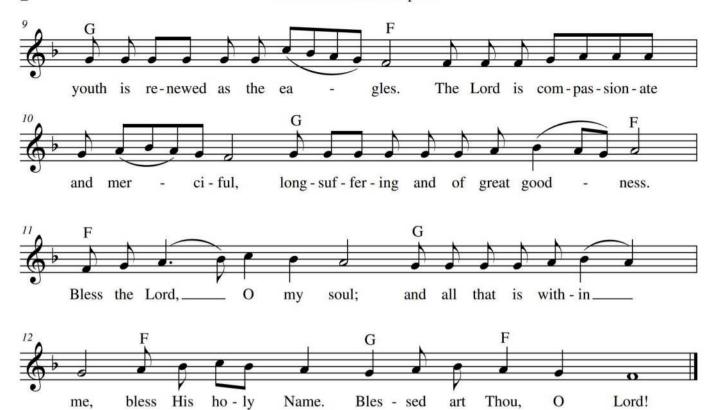


Bless the Lord First Antiphon

#1B

Psalm 102 'Tikhonovsky Chant'





Vespers Litanies

on Tone 2 Znamenny Themes

L. Margitich / arr. John Childs



Praise the Lord Second Antiphon

#1C

Psalm 145 'Tikhonovsky Chant' 8.21.08



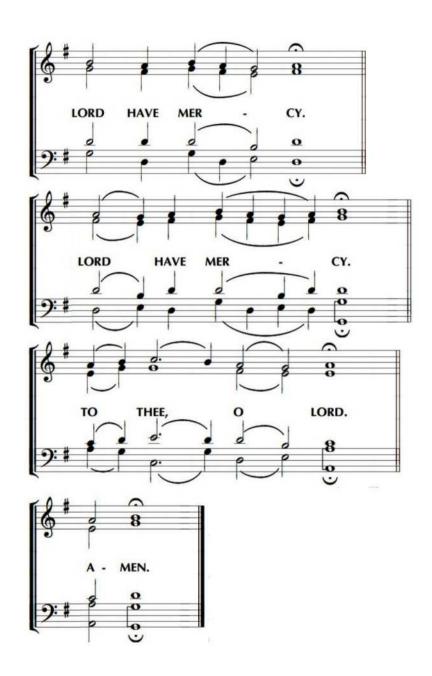
Only-Begotten Son

#3D

Tone 6 Lesser Znamenny Soloviev 8.21.08







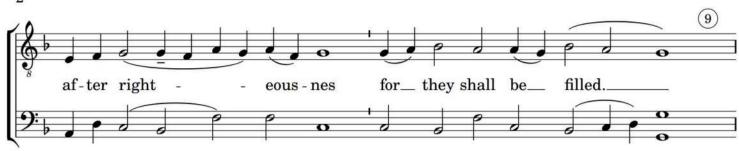
The Beatitudes

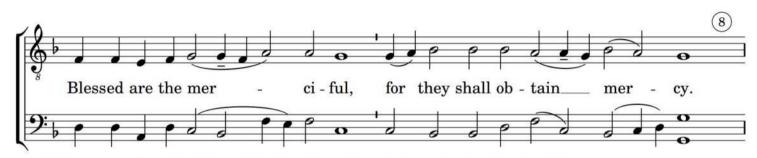
Znamenny Chant

Hermitage of the Holy Cross

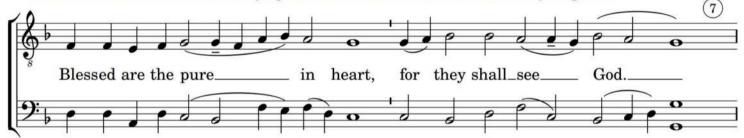




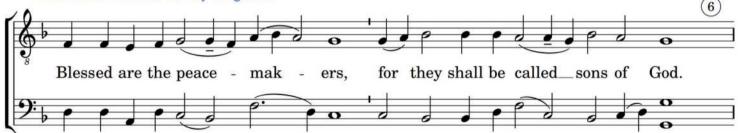




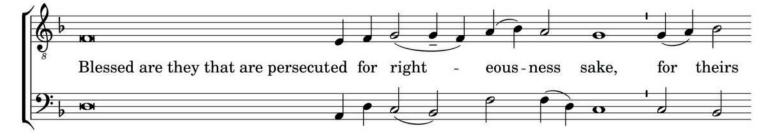
8. From paradise didst Thou drive [our] forefather Adam, who had broken Thy commandment, O Christ; but, O Compassionate One, Thou didst cause to dwell therein the thief who confessed Thee on the cross, crying out: "Remember me, O Savior, in Thy kingdom!"

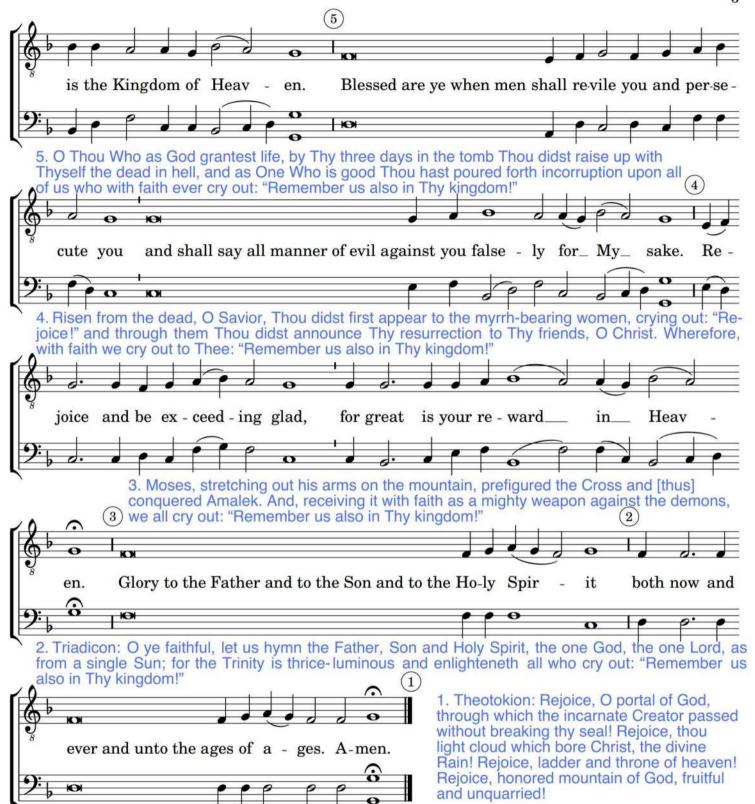


7. With the curse of death didst Thou condemn us who had sinned, O Lord, Bestower of life; yet having suffered in Thy flesh, O sinless Master, Thou hast granted life unto mortals who cry out: "Remember us also in Thy kingdom!"



6. In rising from the dead, Thou hast raised us up from the passions with Thyself through Thy resurrection, O Lord; and all the power of death hast Thou destroyed, O Savior. Wherefore, with faith we cry out to Thee: "Remember us also in Thy kingdom!"



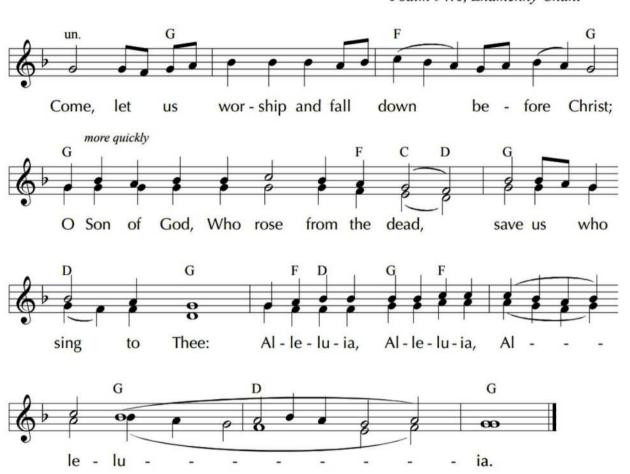


Small Entry with Gospel

Deacon: Wisdom! Aright!

Come, Let Us Worship

Psalm 94:6, Znamenny Chant



Resurrectional Troparion Tone 3



SAINT PATRICK, BISHOP OF ARMAGH, ENLIGHTENER OF IRELAND (CA. 461)

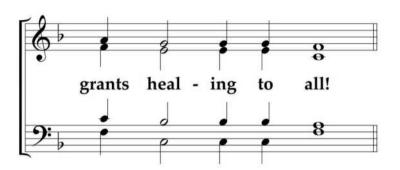


VENERABLE SISOES THE GREAT (429) Troparion - Tone 1



^{*} Pronounced see - SO - ees.





Resurrectional Kontakion Tone 3



VENERABLE SISOES THE GREAT (429) Kontakion - Tone 4



^{*} Pronounced see - SO - ees.

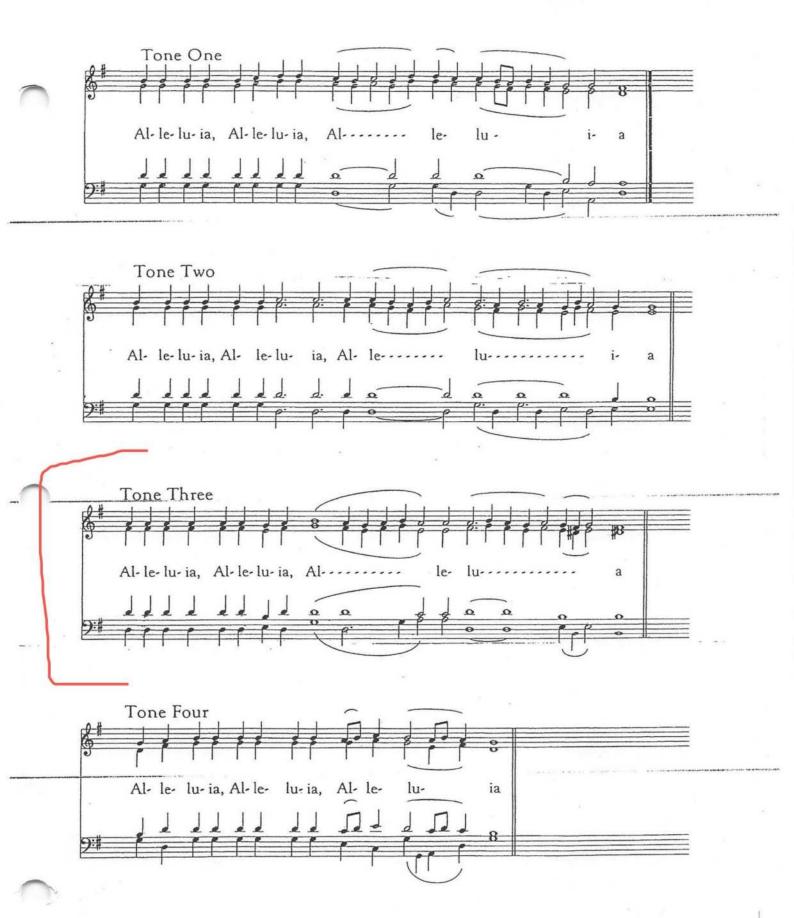
Steadfast Protectress of Christians



The Trisagion







Deacon: Wisdom! Let us attend! Let us listen to the Holy Gospel. The Reading is from the Holy Gospel according to St. ____.



Repeat after Gospel reading

Augmented Litany

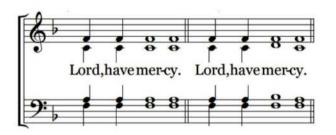
Deacon: Let us all say with our whole soul and with our whole mind, let us say.

Choir: Lord, have mercy.

Deacon: O Lord Almighty, the God of our fathers,

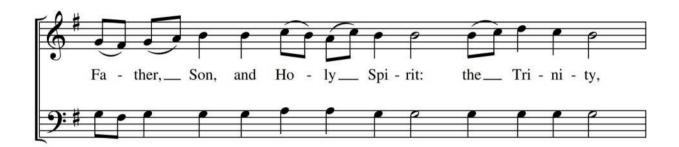
we pray Thee, hearken and have mercy.

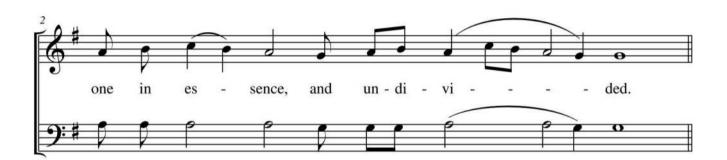
Choir: Lord, have mercy.





Znamenny Melody 8.20.08





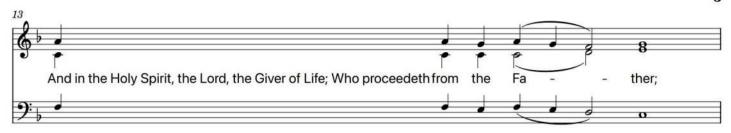
Deacon: The doors! The doors! In wisdom let us attend.

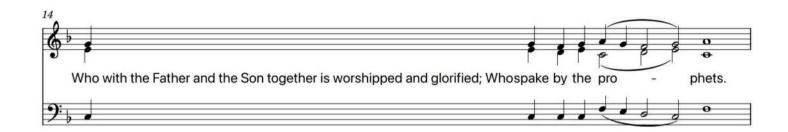
The Creed

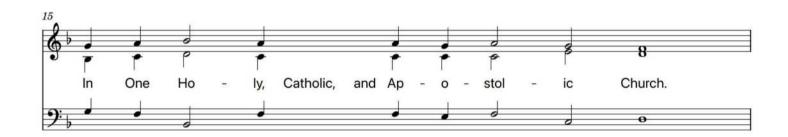
Smirnov

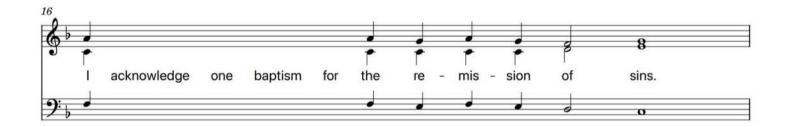


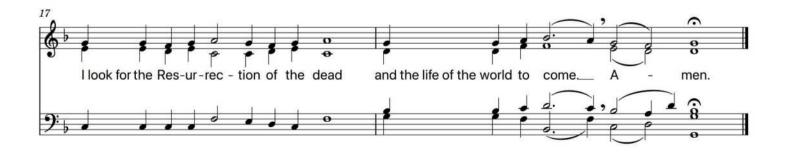










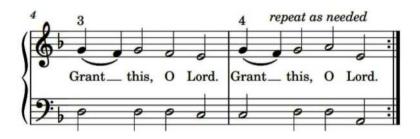


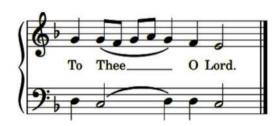
It Is Truly Meet

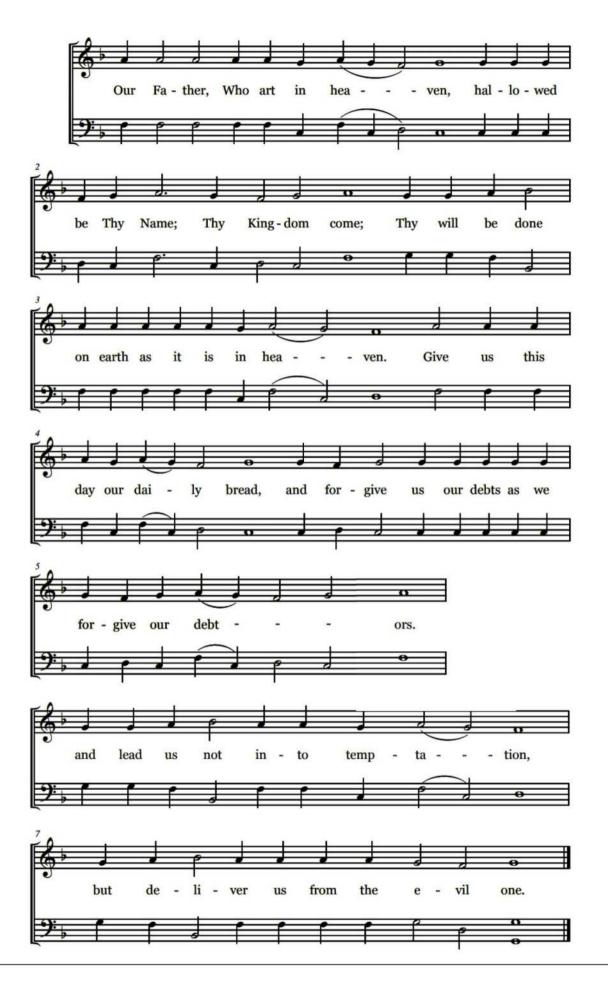


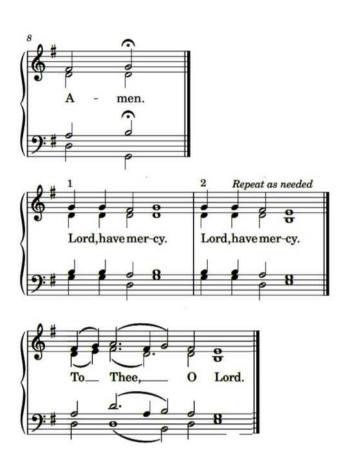












Blessed be the Name of the Lord

Znamenny Melody

