

2021-2022 school year schedule

Please follow age and experience guidelines. Call or email for class availability and more information.

AGE	CLASS & LEVEL	CLASS TIMES
Listed Age Requirements <b>MUST</b> Be Met By 9/1/21		
18 months through 3+ years	<b>Rhythm &amp; Movement</b> {Creative Movement... with an adult}	Tue. 9:30-10:00 AM
3 YEAR OLDS (Preschoolers)	<b>Kinderdance</b> > Introduction to Dance; PreBallet & Creative Movement	Tue. 10:15 - 11:00 AM Sat. 9:15 - 10:00 AM
4 YEAR OLDS (Preschoolers)	<b>Primary Dance 1 &amp; Tap</b> > PreBallet & Creative Movement with basic Tap	Sat. 9:30 -10:30 AM
5 YEAR OLDS	<b>Primary Dance 2 &amp; Tap</b> > PreBallet & Creative Movement with Tap	Sat. 10:00 - 11:00 AM
5 & 6 YEAR OLDS	<b>Primary Dance 2 &amp; 3 &amp; Tap</b> > PreBallet & Creative Movement with Tap	Tue. 4:30 - 5:30 PM
6 YEAR OLDS	<b>Primary Dance 3 &amp; Tap</b> > PreBallet & Creative Movement with basic Tap	Sat. 11:00 AM - 12:00 PM
7 & 8 YEAR OLDS	<b>Ballet, Level 1</b>	Wed. 4:30 - 5:30 PM Sat. 10:30 - 11:30 AM
<b>AND/ OR</b>		
9 to 11 years (in 4th, 5th & 6th grade)	<b>Jazz &amp; Tap, Level 1</b> > 1/2 hour of each genre	Sat. 12:00 - 1:00 PM
14 years & up (in 9th grade and above)	<b>Modern Dance</b>	Tue. 5:30 - 6:30 PM
14 years & up (in 9th grade and above)	<b>Ballet - Intermediate Level - no recital</b>	Tue. 7:00 - 8:30 PM
13 years & up (in 8th grade and above)	<b>Ballet - Elementary (Basic) Level - no recital</b>	Thu. 7:30 - 8:30 PM
13 years & up (in 8th grade and above)	<b>Stretch and Strengthen</b>	Thu. 6:30 - 7:30 PM
<b>To enroll in leveled classes marked "Prerequisite" you must be assessed or recommended by an A.S.B. instructor</b>		
Prerequisite - 1 to 2 yrs. experience in the dance genre	<b>Ballet, Level 2</b>	Mon. 4:30 - 5:45 PM Sat. 11:30 AM - 12:45 PM
<b>AND / OR</b>		
Prerequisite - 2 to 3 yrs. experience in the dance genre	<b>Jazz &amp; Tap, Level 2</b> > 45 min. Jazz / 30 min. Tap <b>Ballet, Level 3</b>	Thu. 5:00 - 6:15 PM Wed. 4:30 - 6:00 PM Sat. 12:45 - 2:15 PM
Prerequisite - 3 to 4 yrs. experience in the dance genre	<b>Ballet, Level 3+</b>	Fri. 5:00 - 6:30 PM
<b>AND/ OR</b>		
Prerequisite - 4 to 5 yrs. experience in the dance genre {re: <b>Pointe/Demi-pointe</b> ; read ** below}	<b>Jazz &amp; Tap, Level 3</b> > 45 min. Jazz / 30 min. Tap <b>Ballet, Level 4</b>	Thu. 6:15 - 7:30 PM Wed. 6:00 - 7:30 PM
Prerequisite - 5 to 6 yrs. experience in the dance genre {re: <b>Pointe/Demi-pointe</b> ; read ** below}	<b>Demi-pointe &amp; Pointe Level for B4**</b> (read ** below & must be enrolled in W B4) <b>Ballet, Level 4+</b>	Mon. 7:30 - 8:00 PM Mon. 5:45 - 7:15 PM
Prerequisite - 5 to 6 yrs. experience in the dance genre {re: <b>Pointe/Demi-pointe</b> ; read ** below}	<b>Demi-pointe &amp; Pointe Level for B4+**</b> (read ** below & must be enrolled in M B4+)	Wed. 7:15 - 7:45 PM
<b>** Pointe / Demi-Pointe is at teacher's discretion and students must also enroll in &amp; maintain good attendance in 2 ballet technique classes per week</b>		
Prerequisite - 4 to 6 yrs. experience in the dance genre	<b>Jazz, Level 4 &amp; 5</b> (also see * below) <b>Tap, Level 4 &amp; 5</b> (also see * below)	Tue. 4:00 - 5:30 PM Tue. 5:30 - 6:15 PM
Prerequisite - age 12+ w/ dance experience	<b>Lyrical Dance</b> * (also see * below)	Thu. 5:15 - 6:30 PM
<b>* Either Th. 5:15 Lyrical class or Fri. 3:45 Contemporary class is Highly Recommended for students in Jazz &amp; Tap Levels 4 and 5 who are not enrolled in ballet, and is open to those who are enrolled in ballet. *note prerequisites below for Contemporary class</b>		
Prerequisite - 5 - 6 yrs. dance experience + take another class	<b>Contemporary Dance</b> - Open to Ballet 4+ / Jazz 5 & up, w/prerequisites at left (also see * above)	Fri. 3:45 - 5:00 PM
Prerequisite - 6 to 7 yrs. experience in the dance genre	<b>Ballet, Level 5</b> Pointe for B5, B6, Adv. Pte (read ** below & must be enrolled in B5 & another ballet class)	Wed. 6:00 - 7:30 PM Wed. 7:30 - 8:00 PM
<b>** Pointe / Demi-Pointe is at teacher's discretion and students must also enroll in &amp; maintain good attendance in 2 ballet technique classes per week</b>		
Prerequisite - 7 to 8 yrs. experience in the dance genre {re: <b>Pointe</b> ; also read ** above}	<b>Ballet, Level 6</b> (also read ** above) Pointe for B6 & Adv. Pte (read ** above & must be enrolled in B6 & B5)	Mon. 6:00 - 7:30 PM Mon. 7:30 - 8:00 PM
Prerequisite - 7 to 8 yrs. experience in the dance genre {re: Adv. Pointe; also read ** below}	<b>Advanced Pointe</b> (read ** below & must also be enrolled in B6, B5, & Pte. for B6)	Mon. 8:00 - 8:30 PM {+ Wed. Pointe for B5}
<b>** Adv. Pointe &amp; Ballet 6 students should take class 3 days/week - 3 BALLETS classes are best for ballet/ pointe progress, but 1 class may be jazz, modern, contemporary, or lyrical</b>		

A minimum enrollment is required for a class to be scheduled. We reserve the right to cancel a class if a minimum enrollment is not reached or maintained.