

2022-2023 School Year schedule

Please follow age and experience guidelines. Email for class availability and more info.

STUDENT AGE ~ the Listed Age Requirements MUST Be Met By 8/31/22	CLASS & LEVEL	CLASS TIMES
18 months through 3+ years (age by the 1st of the month in which you enroll)	Rhythm & Movement (Creative Movement... with an adult) Sat. class not currently running - contact us if interested	Wed. 9:45-10:15 AM Sat. 8:45-9:15 AM
3 YEAR OLDS (Preschoolers)	Kinderdance > Introduction to Dance; Basic Dance & Creative Movement	Fri. 9:30 - 10:15 AM Sat. 9:15 - 10:00 AM
4 YEAR OLDS (Preschoolers)	Primary Dance 1 with Tap > Basic Dance & Creative Movement with basic Tap	Sat. 9:30 - 10:30 AM
5 & 6 YEAR OLDS (in Kindergarten or Grade 1)	Primary Dance 2 & 3 with Tap > Basic Dance & Creative Movement with basic Tap	Tue. 4:30 - 5:30 PM Sat. 11:00 AM - 12:00 PM
6 YEAR OLDS (in Grade 1)	Primary Dance 3 with Tap > Basic Dance & Creative Movement with basic Tap	Sat. 11:00 AM - 12:00 PM
7 & 8 YEAR OLDS	Ballet, Level 1 AND/ OR Jazz & Tap, Level 1 > 1/2 hour of each genre	Fri. 4:30 - 5:30 PM Sat. 10:30 - 11:30 AM Sat. 12:00 - 1:00 PM
9 to 12 years (in 4th, 5th, 6th, 7th grade)	Modern Dance	Tue. 5:30 - 6:30 PM
13 years & up (in 8th grade and above)	Stretch and Strengthen (dance exercise class)	Thu. 6:30 - 7:30 PM
13 years & up (in 8th grade and above)	Ballet - Elementary Level - no recital	Thu. 7:30 - 8:30 PM
14 years & up (in 9th grade and above)	Ballet - Intermediate Level - no recital	Tue. 7:00 - 8:30 PM
To enroll in leveled classes (below) marked "Prerequisite" you must be assessed or recommended by an A.S.B. instructor		
Prerequisite - 1 to 2 yrs. experience in the dance genre	Ballet, Level 2 AND / OR Jazz & Tap, Level 2 > 45 min. Jazz / 30 min. Tap	Wed. 4:30 - 5:45 PM Sat. 11:30 am - 12:45 pm Thu. 5:00 - 6:15 PM
Prerequisite - 2 to 3 yrs. experience in the dance genre	Ballet, Level 3	Mon. 4:30 - 6:00 PM Sat. 1:00 - 2:30 PM
Prerequisite - 3 to 4 yrs. experience in the dance genre	Ballet, Level 3+ AND/ OR Jazz & Tap, Level 3 > 45 min. Jazz / 30 min. Tap	Fri. 5:00 - 6:30 PM Thu. 6:15 - 7:30 PM
Prerequisite - 4 to 5 yrs. experience in the dance genre {re: Pointe/Demi-pointe; read ** below}	Ballet, Level 4 Demi-pointe & Pointe Level for B4 {read** below & must be enrolled	Wed. 6:00 - 7:30 PM Wed. 7:30 - 8:00 PM
Prerequisite - 5 to 6 yrs. experience in the dance genre {re: Pointe/Demi-pointe; read ** below}	Ballet, Level 4+ Demi-pointe & Pointe for B4 {read** below & must be enrolled in M	Mon. 6:00 - 7:30 PM Mon. 7:30 - 8:00 PM
** Pointe / Demi-Pointe is at teacher's discretion and students must also enroll in & maintain good attendance in 2 ballet technique classes per week		
Prerequisite - 4 to 6 yrs. experience in the dance genre	Jazz, Levels 4 & 5 (also see * below) Tap, Levels 4 & 5 (also see * below)	Tue. 6:00-7:00 PM Tue. 7:00 - 7:45 PM
Prerequisite - age 12+ w/ dance experience	Lyrical Dance * (also see * below)	Thu. 5:15 - 6:30 PM
* Either Th. 5:15 Lyrical class or Fri. 3:45 Contemporary class is required for students in Jazz & Tap Levels 4 and 5 who are not enrolled in ballet, and both are open in ballet> Note prerequisites below for Contemporary class		
Prerequisite - 5 - 6 yrs. dance experience + must take another class: J5, B4+ or above	Contemporary Dance - Open to Ballet 4+ / Jazz 5 & up, w/prerequisites at left (also see * above)	Fri. 3:45 - 5:00 PM
Prerequisite - 6 to 7 yrs. experience in the dance genre	Ballet, Level 5 Pointe for B5, B6, Adv. Pte. read ** below & must be enrolled in B5 & another ballet class	Wed. 6:00 - 7:30 PM Wed. 7:30 - 8:00 PM
** Pointe / Demi-Pointe is at teacher's discretion, and students must also enroll in & maintain good attendance in 2 ballet technique classes per week		
Prerequisite - 7 to 8 yrs. experience in the dance genre {re: Pointe; also read ** above}	Ballet, Level 6 (also read ** above) Pointe for B6 & Adv. Pte. {read ** above & must be enrolled in B6 & B5) {re: Adv. Pointe; also read ** below}	Mon. 6:00 - 7:30 PM Mon. 7:30 - 8:00 PM Mon. 8:00 - 8:30 PM (+ Wed. Pointe for B5)
* * * Adv. Pointe & Ballet 6 students should take class 3 days per week - 3 BALLET classes are best for ballet & pointe progress, but 1 class may be jazz, modern, c		

A minimum enrollment is required for a class to be scheduled. We reserve the right to cancel a class if a minimum enrollment is not reached or maintained.