

2022-2023 School Year schedule

Please follow age and experience guidelines. Email for class availability and more info.  
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STUDENT AGE ~ the Listed Age Requirements MUST Be Met By 8/31/22	CLASS & LEVEL	CLASS TIMES
18 months through 3+ years (age by the 1st of the month in which you enroll)	<b>Rhythm &amp; Movement</b> (Creative Movement... with an adult)	<b>Wed. 9:45-10:15 AM</b> <b>Sat. 8:45-9:15 AM</b>
3 YEAR OLDS (Preschoolers)	<b>Kinderdance</b> > Introduction to Dance; Basic Dance & Creative Movement	<b>Tue. 9:30 - 10:15 AM</b> <b>Fri. 9:30 - 10:15 AM</b> <b>Sat. 9:15 - 10:00 AM</b>
4 YEAR OLDS (Preschoolers)	<b>Primary Dance 1 with Tap</b> > Basic Dance & Creative Movement with basic Tap	<b>Tue. 10:15 - 11:00 AM</b> <b>Thu. 1:00 -2:00 PM</b> <b>Sat. 9:30 -10:30 AM</b>
5 YEAR OLDS (in Kindergarten)	<b>Primary Dance 2 with Tap</b> > Basic Dance & Creative Movement with basic Tap	<b>Sat. 10:00 - 11:00 AM</b>
5 & 6 YEAR OLDS (in Kindergarten or Grade 1)	<b>Primary Dance 2 &amp; 3 with Tap</b> > Basic Dance & Creative Movement with basic Tap	<b>Tue. 4:30 - 5:30 PM</b>
6 YEAR OLDS (in Grade 1)	<b>Primary Dance 3 with Tap</b> > Basic Dance & Creative Movement with basic Tap	<b>Sat. 11:00 AM - 12:00 PM</b>
7 & 8 YEAR OLDS	<b>Ballet, Level 1</b>	<b>Fri. 4:30 - 5:30 PM</b> <b>Sat. 10:30 - 11:30 AM</b>
<b>AND/ OR</b>		
	<b>Jazz &amp; Tap, Level 1</b> > 1/2 hour of each genre	<b>Sat. 12:00 - 1:00 PM</b>
9 to 12 years (in 4th, 5th, 6th, 7th grade)	<b>Modern Dance</b>	<b>Tue. 5:30 - 6:30 PM</b>
13 years & up (in 8th grade and above)	<b>Stretch and Strengthen</b> (dance exercise class)	<b>Thu. 6:30 - 7:30 PM</b>
13 years & up (in 8th grade and above)	<b>Ballet - Elementary Level - no recital</b>	<b>Thu. 7:30 - 8:30 PM</b>
14 years & up (in 9th grade and above)	<b>Ballet - Intermediate Level - no recital</b>	<b>Tue. 7:00 - 8:30 PM</b>
<b>To enroll in leveled classes marked "Prerequisite" you must be assessed or recommended by an A.S.B. instructor</b>		
Prerequisite - 1 to 2 yrs. experience in the dance genre	<b>Ballet, Level 2</b>	<b>Wed. 4:30 - 5:45 PM</b>
<b>AND/ OR</b>		
	<b>Jazz &amp; Tap, Level 2</b> > 45 min. Jazz / 30 min. Tap	<b>Sat. 11:30 am - 12:45 pm</b> <b>Thu. 5:00 - 6:15 PM</b>
Prerequisite - 2 to 3 yrs. experience in the dance genre	<b>Ballet, Level 3</b>	<b>Mon. 4:30 - 6:00 PM</b> <b>Sat. 1:00 - 2:30 PM</b>
Prerequisite - 3 to 4 yrs. experience in the dance genre	<b>Ballet, Level 3+</b>	<b>Fri. 5:00 - 6:30 PM</b>
<b>AND/ OR</b>		
	<b>Jazz &amp; Tap, Level 3</b> > 45 min. Jazz / 30 min. Tap	<b>Thu. 6:15 - 7:30 PM</b>
Prerequisite - 4 to 5 yrs. experience in the dance genre	<b>Ballet, Level 4</b>	<b>Wed. 6:00 - 7:30 PM</b>
{re: Pointe/Demi-pointe; read ** below}	<b>Demi-pointe &amp; Pointe Level for B4**</b> (read ** below & must be enrolled in W B4	<b>Wed. 7:30 - 8:00 PM</b>
Prerequisite - 5 to 6 yrs. experience in the dance genre	<b>Ballet, Level 4+</b>	<b>Mon. 6:00 - 7:30 PM</b>
{re: Pointe/Demi-pointe; read ** below}	<b>Demi-pointe &amp; Pointe for B4+**</b> (read ** below & must be enrolled in M B4+)	<b>Mon. 7:30 - 8:00 PM</b>
<b>** Pointe / Demi-Pointe is at teacher's discretion and students must also enroll in &amp; maintain good attendance in 2 ballet technique classes per week</b>		
Prerequisite - 4 to 6 yrs. experience in	<b>Jazz, Levels 4 &amp; 5</b> (also see * below)	<b>Tue. 4:00 - 5:30 PM</b>
the dance genre	<b>Tap, Levels 4 &amp; 5</b> (also see * below)	<b>Tue. 5:30 - 6:15 PM</b>
Prerequisite - age 12+ w/ dance experience	<b>Lyrical Dance *</b> (also see * below)	<b>Thu. 5:15 - 6:30 PM</b>
<b>* Either Th. 5:15 Lyrical class or Fri. 3:45 Contemporary class is required for students in Jazz &amp; Tap Levels 4 and 5 who are not enrolled in ballet, and both are open to those who are enrolled in ballet. &gt; Note prerequisites below for Contemporary class</b>		
Prerequisite - 5 - 6 yrs. dance experience + must take another class: J5, B4+ or above	<b>Contemporary Dance</b> - Open to Ballet 4+ / Jazz 5 & up, w/prerequisites at left (also see * above)	<b>Fri. 3:45 - 5:00 PM</b>
Prerequisite - 6 to 7 yrs. experience in the dance genre	<b>Ballet, Level 5</b> Pointe for B5, B6, Adv. Pte (read ** below & must be enrolled in B5 & another ballet class)	<b>Wed. 6:00 - 7:30 PM</b> <b>Wed. 7:30 - 8:00 PM</b>
<b>** Pointe / Demi-Pointe is at teacher's discretion, and students must also enroll in &amp; maintain good attendance in 2 ballet technique classes per week</b>		
Prerequisite - 7 to 8 yrs. experience in	<b>Ballet, Level 6</b> (also read ** above)	<b>Mon. 6:00 - 7:30 PM</b>
the dance genre {re: Pointe; also read ** above}	Pointe for B6 & Adv. Pte (read ** above & must be enrolled in B6 & B5)	<b>Mon. 7:30 - 8:00 PM</b>
{re: Adv. Pointe; also read ** above}	<b>Advanced Pointe</b> (read ** above & must also be enrolled in B6, B5, & Pte. for B6)	<b>Mon. 8:00 - 8:30 PM</b> [+ Wed. Pointe for B5]

**\*^\* Adv. Pointe & Ballet 6 students should take class 3 days per week - 3 BALLET classes are best for ballet & pointe progress, but 1 class may be jazz, modern, contemporary, or lyrical**