

Summer Guest Teacher

Jen Passios

Tues. July 11, 2023

5:30 - 7:00pm

Contemporary Dance



This open level contemporary class aims to help dancers develop a user-friendly relationship with gravity through foundational pathways into and out of the floor. We will break down individual skills, then sequence patterns to encourage ease and efficiency through momentum. Class will focus on whole body integration helping students build confidence through competence in the face of floorwork. Long Sleeves and Pants are Strongly Encouraged. Let's Roll!



Jen Passios is a movement connoisseur, bookworm, wanderer, dreamer, poet, and general life enthusiast. She is a co-creator of Co-Gravity Dance with partner Jacob Regan. In Massachusetts Jen danced with Jean Appolon Expressions, Hyperbole Dance, Urbanity Dance, Jessie Jeanne & Dancers, and she has taught at Walker's Gymnastics & Dance, and Northeast School of Ballet. Jen currently lives in Texas where she is pursuing her Masters degree. She is also a dance administrator & grant writer.

Open level, with dance experience - for grades 7 through adult

wear Pants and Long sleeves ... i.e., comfortable dance clothes, appropriate for floor work and partnering

\$27 register online

<https://andoverschoolofballet.com/special-classes>