

Allyson McElroy

On3OnPurpose & On3Ministries

WORKSHOP SESSION BRIEF DESCRIPTIONS

Sessions are completely customized to your goals & team and are 45-75 minutes each

Leading Through Change (Also available as a Keynote or Breakout)
If the word change makes you want to dive under your desk, you're not alone! In this engaging, laugh-out-loud session Allyson shares relatable stories and practical strategies to navigate change with resilience, confidence, and humor. Learn to lead others through uncertainty while managing your own response. Because the hardest person you'll ever lead is you!

Unboxing Tough Talk
From workplace drama and employee evaluations to constructive feedback and conversations at home, tough talk doesn't have to damage relationships or derail progress. Drawing on John Maxwell leadership principles and real-world experience, Allyson shares seven practical strategies to navigate difficult conversations with greater clarity, confidence, and purpose.

Visual Communication
You've heard of communication, but have you ever seen it? This highly interactive, hands-on experience combines laughter and memorable aha moments as participants discover how messages get misunderstood, assumptions take over, and communication breaks down. Learn practical ways to communicate with greater clarity, confidence, and connection.

The 5 Cs of Customer Service
Anyone who comes in contact with a customer is providing customer service. Anyone. In this engaging, interactive session, participants discover practical ways to strengthen communication, build connections, and create positive experiences for both the people they serve and the coworkers alongside them.

Behind the Scenes of Communication
Communication is about much more than the words we say. Through laughter and relatable examples from Allyson's nearly 30 years in the corporate and non-profit worlds, participants discover how tone, word choice, delivery, and unspoken messages shape conversations—and learn to turn everyday interactions into opportunities for connection.

DOTS of Communication
Skip the personality tests and skills assessments—it's time to tackle workplace communication! DOTS introduces a practical, memorable communication profile that helps participants understand themselves and others, adapt their styles, reduce misunderstandings, and build stronger relationships. The best part? Many take what they learn home, too!

FOCUS: Winning Over Difficult Customers & Coworkers
Difficult interactions don't have to feel like an emotional boxing match! In this high-energy session, participants learn the FOCUS framework and practical strategies for staying calm, diffusing tension, and confidently handling challenging interactions. Turn conflict into connection, strengthen relationships, and build loyalty.

Communication Journey Map
Take learning from theory to practice! Working in small groups, participants apply their training to real workplace challenges, identify communication breakdowns, and develop actionable solutions that strengthen alignment, improve relationships, and create lasting organizational change.

When Leadership Is Ministry
Every conversation and leadership opportunity can become an opportunity for ministry. Grounded in Matthew 5:16, this interactive, faith-based session explores how biblical principles shape the way we communicate, lead, serve, and respond to others. Leave encouraged and equipped to reflect Christ through everyday workplace interactions.

JOHN MAXWELL Team CERTIFIED MEMBER

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