## HIFU

Immediately following the HIFU procedure, the skin may appear red for a short time.

It is not uncommon to experience slight swelling for a few days or tingling / tenderness to the touch for days / weeks following the procedure, but these are usually mild and temporary in nature, and may be reduced by applying cold compress or cooling gel to the area.

There is a remote risk of temporary nerve inflammation, which should resolve in a matter of days to weeks.

Temporary local muscle weakness may result after treatment due to inflammation of a motor nerve, and temporary numbness may result after treatment due to inflammation of a sensory nerve.

Treatment efficacy is related to patient lifestyle. Patients with a healthy diet and actively level will experience the best results.

Poor diet. Smoking, alcohol consumption, and low activity level will likely impede and/or reverse results.

There is a remote risk of a burn that may or may not lead to blistering, scabbing, scarring, or permanent or temporary change in the skin's pigmentation.

There is also a remote risk of bruising, welts, numbness, pain, erosion, erythema, and damage to the natural skin structure.

Some adverse effects to the procedure can be late emerging and not appear until several days after the procedure. Most adverse effects will resolve overtime.

Multiple treatments may be necessary to achieve the desired outcome.

No guarantee, warranty or assurance has been made to me as to the results that may be obtained, and you understand the treatment may not be effective.

Results will unfold over the course of 3 to 6 months and some patients may benefit from more than one treatment.

A non-invasive HIFU treatment is not intended to produce the same results as an invasive surgical procedure. Results vary from patient to patient, and a number of factors can influence the success of a treatment. in some instances, the patient will not react to treatment at all.

