

Acne | LHR | IPL | illumiFacial | Rosacea | Pigmentation | Skin Rejuvenation

Do's	Don'ts
Shave before 24 hours before treatments	Wax, Tweezer or use hair removal cream in those areas (FOR laser hair removal treatments)
Free from: Makeup perfume deodorant creams	Have sun exposure or use fake tan
Wear SPF	Use tanning injections, nasal tanners or pills
Keep us up to date with any medical changes	Put makeup on for 24 hours
Keep the area cool and use aloe vera if required	Go in Saunas and steam rooms for 7 days

Information

- Immediately following the Laser/PL procedure, the skin may appear red for a few hours. It is not uncommon to experience slight swelling following the procedure, but this is usually mild and temporary in nature, and may be treated by applying a cold compress or cooling gel to the area.
- There is a remote risk of a burn that may or may not lead to blistering, scabbing, scarring, or permanent or temporary change in the skin's pigmentation.
- Some adverse effects to the procedure can be late emerging and not appear until several days after the procedure.
- Results vary from patient to patient, and a number of factors can influence the success of a treatment. In rare instances, the patient may not react to the treatment at all.
- The wearing of protective eyewear is important during this treatment and you agree that you shall wear the eyewear supplied by the clinic until you are told it is safe to remove them.
- Pigmented blemishes will typically present immediate darkening, which will slough-off the skin in 7-10 days following treatment.
- Vascular lesions may immediately darken from treatment, but will become faded and may disappear once the body has broken down the coagulated vessels.
- Multiple treatments will be necessary to achieve desired results for hair removal as hair grows in cycles and can only be treated effectively in the growing phase.
- No guarantee, warranty or assurance has been made to me as to the results that may be obtained, and I understand the treatment may not be effective.
- Occasionally, an increase in hair growth can be seen after Laser/PL treatment.
- This may be due to induction of the catagen phase and synchronisation of hair regrowth, where more hair enters the next anagen phase than usual.
- Folliculitis and/or histamine reaction can occur and can be reduced by increased personal hygiene (new razor, fresh towels and face cloths) and by using anti-inflammatory / antibacterial and skin calming lotions.
- Do not use any tanning exhilarators, such as injections, nasal spray, and or pills as this will prevent any treatment happening for up to 12 months or longer.

