

S A P P H I R E

Skin . Body . Sculpting

Illumifacial Treatment – Aftercare Instructions

Treatment Information:




- Designed to enhance skin tone, clarity, and texture by combining IPL (Intense Pulsed Light) with a chemical peel and medical-grade skincare.
 - Targets pigmentation, redness, and dullness to leave you with a more radiant complexion.
 - Mild discomfort such as warmth or tingling may be experienced during the treatment.
 - Multiple treatments may be required to achieve optimal results, depending on individual skin concerns.
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What to Expect After Treatment:







- Temporary redness, warmth, or sensitivity may occur right after treatment.
 - Pigmented areas (such as freckles) may temporarily darken before gradually lightening and flaking off.
 - Mild swelling, tingling, or dryness may be experienced for 24–72 hours.
 - In rare cases, side effects such as blistering, scabbing, hyperpigmentation (dark spots), or hypopigmentation (light spots) may occur.
 - Skin may be more sensitive to sunlight after the procedure—unprotected sun exposure may increase the risk of pigmentation issues.
 - Mild irritation or allergic reactions may occur if you have sensitive skin and react to any active ingredients in the peel or serum.
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✅ Do's

- ✅ Apply a broad-spectrum SPF 30+ daily to protect your skin from UV damage and pigmentation changes.
- ✅ Use only gentle, non-irritating skincare products for the first 3–5 days post-treatment. Avoid products containing exfoliants, retinol, or acids.
- ✅ Keep skin hydrated by using moisturizers suitable for sensitive skin.

-  Allow your skin to naturally shed—do not pick or exfoliate the peeling or flaking skin.
 -  Stay well-hydrated to support the skin's healing process and ensure it remains smooth and soft.
 -  Wear loose, comfortable clothing to avoid any irritation to your skin.
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Don'ts

-  Do not expose the treated skin to direct sun without SPF protection for at least 4 weeks. Sun exposure can cause pigmentation issues.
 -  Avoid hot showers, steam rooms, and intense exercise for 24–48 hours after treatment to prevent irritation or discomfort.
 -  Do not use harsh skincare products such as exfoliants, retinol, or acids for 3–5 days after the treatment.
 -  Do not pick or scratch at the flaking skin—this may cause scarring or uneven healing.
 -  Avoid makeup for 24 hours post-treatment, or until your skin has fully settled and healed, to avoid irritation.
 -  Avoid swimming in chlorinated pools or using hot tubs for at least 48 hours after treatment.
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Important Notes:

- If you experience extreme irritation, unusual swelling, or prolonged discomfort, contact us immediately.
 - The pigmented areas will darken before gradually flaking off, which is a normal part of the healing process.
 - Follow all aftercare instructions closely to minimize risks and maximize results.
 - Multiple treatments may be required, and individual results vary based on skin type and concerns.
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Feel free to contact us with any concerns or if you have questions about your aftercare! We are here to ensure your skin heals beautifully and your results are optimal.