



360.527.9566 | fax 360.527.8534 • 1112 Finnegan Way, Bellingham, WA 98225 • www.mmWellness.com

Name: _____

Welcome!

If you're seeking treatment for a specific injury, chronic pain, general ache, or simply relaxation, you're in the right place. Since we're a good-sized group, you're welcome to try out several different therapists, stick with just one, or rotate between 2-3. It's up to you. What's most important is that you get the care you need.

Medical Massage:

Medical Massage focuses on helping people recover from a variety of traumas, from car accidents and on the job injuries, to pregnancy aches and general chronic pain. If you have a referral from your doctor, we can bill your eligible auto, worker's comp, or health insurance company.

Wellness/Relaxation Massage:

Wellness Massage helps with stress reduction and general relaxation. It's great for post weekend-warrior activities, gardening aches and pains, jet-lag recovery, cleansing & detoxification support, as well as general pampering. Of course, it's also a wonderful way to celebrate special occasions (birthdays, anniversaries, Mother's Day, Father's Day, graduation, etc.).

What to expect:

At the beginning of each appointment, your therapist will review with you your current condition, treatment plan, and desired outcome.

During the massage, you will always be covered with a sheet & blanket on whatever parts of your body your therapist is not currently working on. Though it is customary & best to receive massage completely unclothed, please undress to your personal level of comfort.

You may be sore after your massage, depending on your stage of injury and level of inflammation. Be sure to drink extra water for 24hrs afterward. This will help prevent soreness and aid in flushing toxins released during the massage. Icing also helps with tender areas. If you're in need, ask the front desk to purchase one of our wonderful over-sized ice packs.

Please initial the following once you've read and understood each statement:

Notice of HIPAA Privacy Practices:

Your health information may be used by our LMP's and staff members; or disclosed to other health care professionals for the purpose of evaluating your health and providing treatment. We keep a record of the health care services we provide you. You may ask to see and receive a copy of that record. We will not disclose your record to others unless you direct us to do so or unless the law authorizes or compels us to do so. Full HIPAA policy available upon request.

(Please turn over)

Initial:

“Whiplash Injury Specialists”

Auto Insurance • Labor & Industries • Most Health Insurances

Whiplash • Work Injuries • Low Back Pain • Headaches / TMJ • Pregnancy Care • Chronic Pain • Sciatica

Payment:

Please keep in mind that it is your responsibility to know your benefits, eligibility, and to keep track of your benefits throughout your treatment. REMEMBER – UNLESS OTHERWISE REQUIRED BY STATE LAW, THIS NOTICE IS NOT A GUARANTEE OF PAYMENT. BENEFITS ARE SUBJECT TO ALL CONTRACT LIMITS AND THE MEMBER’S STATUS ON THE DATE OF SERVICE. ACCUMULATED AMOUNTS SUCH AS DEDUCTIBLE MAY CHANGE AS ADDITIONAL CLAIMS ARE PROCESSED.

Co-pays and self-pay treatment charges are due the same day of service. We accept cash, check, credit card, and gift certificates. Our office will bill you for your co-insurance following payment from your insurance company. Our billing department will gladly bill your insurance company, but after 6 months, if payment is not received from your insurance company you will become responsible for any Initial:

Cancellation/Reschedule:

We ask for your support of our **48-hour cancellation notice**, as we’re unable to schedule another patient in your spot without sufficient notice. If you call and cancel the day before, day of, or miss your appointment without calling, there will be a \$40 charge for each 1-hour appt and \$25.00 charge for each ½ hour appt. Also, if we must change your appointment time to 30 minutes due to lateness, you will be charged \$25.00. This is to insure the therapist is compensated for her/his time. Price subject to change without notice.

We understand that a sudden illness, emergency, or inclement weather may occur and we will accept your cancellation with no fee charged, should this be the case. Also, please keep in mind the reminder call is a courtesy. It is your responsibility to arrive at the appointed dates and times.

Health/Hygiene:

We recognize that both patients and therapists are vulnerable to infections. We ask patients to cancel appointments when they are ill. Also, please inform the therapist of any breaks in your skin so these areas may be avoided. We kindly ask that you practice good hygiene, as well as refrain from smoking before your massage. Also, please do not use perfumes, cologne or any scented personal products in respect to those who are sensitive to such smells. Initial:

*****INAPPROPRIATE BEHAVIOR POLICY:**

We are an upstanding, professional massage clinic and pride ourselves on maintaining a safe space for both patients and therapists. Thankfully, the vast majority of our patients/clients are respectful and honoring of our code of ethics. However, due to a couple of unfortunate incidences, we’re compelled to note that any illicit or sexually suggestive remarks, advances, or behaviors will result in immediate termination of the session. In this event, the patient/client will be liable for full payment of the scheduled appointment. To be clear, we ONLY practice clinically-oriented, non-sexual massage. Absolutely NO sexual behavior or activity will be tolerated in our clinic and treatment rooms at any time.

Initial:

Thank you for your kind respect, understanding and cooperation.

By signing below, you agree to the aforementioned policies & notification of privacy practices.

X _____
(Printed Name) (Date)

(Signature)

“And in the end, it’s not the years in your life that count. It’s the life in your years.” -Abraham Lincoln