

# BETTER OUTCOMES HOME CARE PRE ASSESSMENT FORM

Date:

Name of Contact:

Phone:

Name of Person Receiving Care:

Address:

Apt #:

Care Goals (What are you wanting the care to accomplish):

What Days and Times:

Mon: \_\_\_\_\_

Tues: \_\_\_\_\_

Weds: \_\_\_\_\_

Thurs: \_\_\_\_\_

Fri: \_\_\_\_\_

Sat: \_\_\_\_\_

Sun: \_\_\_\_\_

Gender: {Select One}

Ethnicity: {Select One}

Date of Birth: \_\_\_\_\_

Height: \_\_\_\_\_

Weight: \_\_\_\_\_

Marital Status: {Select One}

Spouse Name: \_\_\_\_\_

Lives With: \_\_\_\_\_

Relation: \_\_\_\_\_

DNR: ☐ Yes ☐ No ☐ Unknown Advanced Directives: ☐ Yes ☐ No

Doctor(s) Contact Information

Veteran: ☐ Yes ☐ NoLong Term Care INS: ☐ Yes ☐ No

Past Profession:

INS Agent Contact Information:

Name: Phone: Email: 

What area's of care assistance would you like (Check All That Apply):

Activities of Daily Living (ADL's):

Instrumental Activities of Daily Living (iADL's):

☐ Ambulation☐ Eating☐ Housework☐ Preparing Meals☐ Transferring☐ Toileting☐ Laundry☐ Shopping☐ Bathing☐ Medication☐ Using Telephone☐ Continence☐ Money/Bills☐ Companionship☐ Dressing/Grooming☐ Pet Care☐ TransportationHearing: ☐ Good ☐ Poor ☐ Deaf ☐ Aid (if applicable)☐ Client CarVision: ☐ Good ☐ Poor ☐ Blind ☐ Glasses ☐ Contacts☐ Caregiver CarSpeech: ☐ Good ☐ Poor ☐ None

Notes:

Other: ☐ Smoker ☐ Sensitive to smell ☐ On oxygen ☐ Colostomy bag ☐ Feeding tube

Allergies: \_\_\_\_\_

Wears Briefs: ☐ Protection ☐ Full Incontinence Incontinence: ☐ Urination ☐ Bowels☐ Constipation ☐ Diarrhea ☐ Frequent UrinationAmbulation: ☐ Cane ☐ Walker ☐ Wheel Chair ☐ Lift-chair ☐ Scooter ☐ Fall Risk☐ Poor Balance ☐ Use of Arms/Hands: ☐ Left ☐ Right

Currently Receiving Services From:

☐ Home-Health ☐ Hospice ☐ Home Care ☐ None

Name and contact information for any of the above listed services:

Home-Health:

Hospice:

Home Care:

**Medical Condition:**

- |   |   |
|---|---|
| <input type="checkbox"/> Dementia           | <input type="checkbox"/> Cataracts              |
| <input type="checkbox"/> Arthritis          | <input type="checkbox"/> Macular degeneration   |
| <input type="checkbox"/> Neuropathy         | <input type="checkbox"/> Osteoporosis           |
| <input type="checkbox"/> Alzheimer's        | <input type="checkbox"/> Cardiovascular disease |
| <input type="checkbox"/> Parkinson's        | <input type="checkbox"/> Lung disease           |
| <input type="checkbox"/> Lou Gehrig's       | <input type="checkbox"/> Respiratory disease    |
| <input type="checkbox"/> Lewy Body          | <input type="checkbox"/> Asthma                 |
| <input type="checkbox"/> Kidney and bladder | <input type="checkbox"/> Cerebral Palsy         |
| <input type="checkbox"/> Diabetes           | <input type="checkbox"/> Cystic Fibrosis        |
| <input type="checkbox"/> Glaucoma           | <input type="checkbox"/> Other: _____           |

**Mental Behaviors:**

- |  |
|--|
| <input type="checkbox"/> Depression          |
| <input type="checkbox"/> Mood changes        |
| <input type="checkbox"/> Short term memory   |
| <input type="checkbox"/> Speaking/conversing |
| <input type="checkbox"/> Anxiety             |
| <input type="checkbox"/> Paranoia            |
| <input type="checkbox"/> Repetition          |
| <input type="checkbox"/> Completing task     |
| <input type="checkbox"/> Lethargy            |
| <input type="checkbox"/> Other: _____        |

**History of:**

- |   |
|---|
| <input type="checkbox"/> Stroke               |
| <input type="checkbox"/> Heart Attack         |
| <input type="checkbox"/> Seizures             |
| <input type="checkbox"/> Cancer               |
| <input type="checkbox"/> Fluid Retention      |
| <input type="checkbox"/> Difficulty Breathing |
| <input type="checkbox"/> Skin Sores           |
| <input type="checkbox"/> High Blood Pressure  |
| <input type="checkbox"/> Bone/Joint Injury    |
| <input type="checkbox"/> Rotator Cuff Injury  |

**Medication and Supplements**

Notes:

Needs Med/Supplement Reminders: ☐ Yes ☐ No

How many times per day: \_\_\_\_\_

Who Manages meds/sups: Separate schedule sheet: ☐ Yes ☐ NoMed/Sup set up in pill boxes: ☐ Yes ☐ No**Daily Routine:**

Morning: \_\_\_\_\_

Afternoon: \_\_\_\_\_

Evening: \_\_\_\_\_

Notes: \_\_\_\_\_

Assistance with meals: ☐ Cooking ☐ Preparation ☐ Feeding Appetite: ☐ Poor ☐ Good ☐ EncourageDiet: ☐ Poor ☐ Encourage Nutrition ☐ Good Special Diet: Times: Breakfast  Lunch  Dinner  Snacks Other: ☐ Swallowing Issues ☐ Encourage Liquids ☐ Dentures

Favorite Foods: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_

Snack: \_\_\_\_\_ Dinner: \_\_\_\_\_ Dessert: \_\_\_\_\_

Activities at home (e.g. reading, board games, hobbies, music): \_\_\_\_\_

Activities away from home (parks, gardens, outings, lunches, etc.): Pet(s): ☐ Yes ☐ No ☐ Cat ☐ Dog

Favorite restaurants/shops: \_\_\_\_\_

Family/Friends/Neighbors: \_\_\_\_\_