



# Church House Berkshire Retreat

RELAX AND REJUVENATE IN HEAVENLY STYLE

Church House Berkshire is a unique and amazing place to escape and refresh. We have put together a 2 night retreat to help you totally unwind.

We are offering you the chance to book a beautiful catered retreat for you, your family and friends.

Choose to take the whole property exclusively for your group or just book a room for 2 and make some new friends. The choice is yours!

We are on hand to ensure your break away is relaxing and hassle-free!

## DATES:

TUE 22 – 24 OCTOBER, TUE 19 – THU 21 NOVEMBER, MON 9 – WED 11 DECEMBER, TUE 7 – 9 JANUARY

# From £425 per person

based on 2 sharing a room, minimum 8 people for a 2 night break



## THE VENUE

The most stunning church conversion filled with original features  
Rural location with delightful gardens of over an acre to enjoy  
4 luxurious bedrooms, 3 bathrooms (all beds can be super-king or twin)

Hot Tub

Apple TV, Netflix and Games Console

Log Burner and Fire Pit

Free Wi-Fi

Secure on-site parking

Robes, slippers, towels and toiletries for you to use during your stay

## THE PACKAGE

2 Nights Accommodation

Unlimited Soft Drinks, Teas, Coffee and Hot Chocolate

Light Breakfast

2 Chef-Cooked 4 Course Evening Meals and Lunch by Food by Hope

Our chef, Nick specialises in sourcing local seasonal ingredients, he grows much of his own produce and has worked in Michelin Star restaurants all over the world

Use of CHB facilities including the Hot Tub

3 different Yoga Classes with Lisa of Lisa C Yoga (only take part if you want to)

Half an hour Back, Neck and Shoulder Massage or Mini-Facial or Mini-Pedicure

## SAMPLE ITINERARY

### DAY ONE

- 3pm Arrival Welcome Drink
- 5.30pm Restorative Yoga with Lisa
- 7.30pm Dinner cooked by Nick

### DAY TWO

- 8.00-9.30am Light Breakfast
- 10.00am Hatha Yoga with Lisa
- 12.00pm Lunch cooked by Nick
- 2.30pm Hatha Yoga with Lisa
- Afternoon At leisure with half hour massage or facial or pedicure
- 8.30pm Dinner cooked by Nick

### DAY THREE

- 8.00-9.30am Light Breakfast
- 11.00am Good Byes and Depart

# SAMPLE MENUS

## BREAKFAST

Fresh fruit salad, granola, nuts, yoghurt, croissants and toast with jams and marmalade **V**

## LUNCH

Rose harissa baked salmon with pomegranate, cucumber and mint coconut yogurt

Baked pesto chicken with toasted pine-nuts and cherry tomato

Marinated aubergine topped with Provençal vegetable **V**

Watermelon, feta and mint salad **V**

Shaved fennel with apple, orange and pomegranate dressing **V**

Green garden leaves salad with spring onions, avocado and candy beetroot **V**

Spiced cucumber and shrimp noodle salad

Lemon posset topped with fresh fruit, whipped vanilla cream and served with a lemon thyme shortbread biscuit **V**

## DINNER

### Starters

Roast tomato & chorizo soup, with garlic & rosemary focaccia bread

Carpaccio of rainbow beetroots with grilled goat cheese, garlic croutons and quince jelly **V**

### Main Course

Teriyaki Sea Bream with crispy Asian vegetable salad, sticky rice cakes and salted peanut dressing

Red pepper schnitzel with marinated tomatoes and mozzarella salad, crispy shallot onions rings **V**

### Dessert

Raspberries and saffron custard tartlet with yogurt sorbet and sugar tuile **V**

Summer fruit pudding with citrus crème fraiche, coconut and spiced pineapple **V**

### Coffee and Petit Four

PLEASE FEEL FREE TO BRING YOUR OWN ALCOHOL

PLEASE LET US KNOW OF ANY ALLERGIES OR SPECIAL DIETARY REQUIREMENTS