# VIVID CONSULTING TEAM BUILDING

## **Art-Based Team Building**

Engage in a sip & paint style event to help your team relax and tap into their creative energy, use art to help your team members get to know each other and how they might support each other better, or create a piece of artwork together to symbolize your team's unity.

### Available as:

- 1-hour
- 2-hour session
- Half-Day Session

## **Play-Based Team Building**

Play provides natural opportunities for connection, practicing creativity and to experience the components of burnout repair. VIVID offers play-based team building to help ignite creativity and strengthen relationships within teams and organizations.

#### Available as:

- 1-hour
- 2-hour session
- Half-Day Session