



## Live Online Prostate Cancer Support Groups

AnCan's <https://ancan.org> provides Peer-to-peer Support, Patient Navigation & Advocacy. We serve many conditions including those living with Prostate Cancer as well as their caregivers. Our Virtual Interactive Support Group calls are especially helpful to those compromised by geographical, physical and social limitations.

AnCan currently offers several prostate care related Real Time Virtual Support Groups. The organization is composed entirely of volunteer men & women that have experienced our conditions. While we do not provide medical advice, we do empower patients to manage their own care. Check our website for more information.

### MEETING SCHEDULE

#### Low /Intermediate Prostate Cancer

- 2nd & 4th Mondays of every month at 8pm EST/EDT (US)

#### Active Surveillance Prostate Cancer & Caregivers

- Every Wednesday of the month at 8 pm EST/EDT (US)

#### Hi-risk / Recurrent / Advanced Prostate Cancer

- 1st & 3rd Mondays of every month at 8pm EST/EDT (US)

- 2nd & 4th Tuesdays of every month at 6pm EST/EDT (US)

Speaking Freely - Men Only, All Cancers (We don't discuss medicine, protocols or treatments - rather all the other issues you must deal with living with cancer.)

- 1st & 3rd Thursday of every month at 8pm EST/EDT (US)

#### Cancer Caregivers – All Cancers

- 1st & 3rd Tuesdays of every month at 8 pm EST/EDT (US)

#### Advanced Prostate Under 60

- 2nd Thursday of every month at 7 pm EST/EDT (US)

### JOINING INSTRUCTIONS

#### ONLINE

Answer Cancer Meeting Room:  
<https://www.gotomeet.me/AnswerCancer>

Instructions for joining the call via your computer, tablet or smartphone can be found at:

[www.AnCan.org/joining-instructions](http://www.AnCan.org/joining-instructions)

#### PHONE

United States +1(646) 749-3129 -  
Access Code:222-583-973

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