



A Follow-Up note from our Monday meeting.

- First and foremost a big Thank You to our two outstanding presenters: Nora Clemens from here in Sarasota (You can reach her at nora4nutrition@gmail.com; or at 941 445 1170) and
- Wendy Demark-Wahnefried from UAlabama-Birmingham. Wendy presented the AMPLIFY Clinical Trial opportunity to us - see the box below for the AMPLIFY website.



Nora Clemens, IFNCP, RDN,
CLT, LD Dietician, Nutritionist



Diet and Exercise for Cancer Survivors

University of Alabama at
Birmingham
Wendy Demark-
Wahnefried, PhD, RD
Professor of Nutrition
Sciences
Komen Professor of
Survivorship
ACS Clinical Research
Professor

The AMPLIFY Clinical Trial
amplifymyhealth.org



AMPLIFY
SURVIVOR HEALTH

AMPLIFY stands for **Aim Plan and Act on Lifestyles**. It is a new research study sponsored by the National Cancer Institute to help survivors eat healthy and exercise.

[Click here for connection to AMPLIFY](#)

Power Point Presentations are available upon request

[Click here for Sarasota Prostate Website](#)

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