



COURSE OUTLINE

Programme: CERTIFICATE IN CYROTHERAPY TECHNIQUES

Why choose us?

We provide support during and after your course by Qualified, Experienced Tutor/Trainers. Class sizes are 4-8. One to one's are available. This course is accredited by Professional Beauty. Easy access from London, Surrey, Essex, Kent, and surrounding areas, with parking (1 minute away) The train station is only 1 minute away and on the high speed from London. Hotel accommodation is close by at reasonable rates.

Who is the course for?

The purpose of this course is to develop your skills in Cryotherapy Techniques to a high level of occupational ability, to enable you to perform mobile, home or salon/clinic services.

What are the entry requirements?

We welcome all Learners.

- New and existing therapists.
- We accept learners aged 18 years and over.
- This course requires a level 3 A&P or Beauty related qualification as a pre-requisite.
- You will need a good understanding of English to complete your consultations and test.

What will the course cover?

- The knowledge to maintain safe and effective methods of working when providing Cryotherapy
- Understand how to perform client consultations, treatment planning and preparation
- Understand the contra-indications and contra-actions that affect or restrict the treatments
- Understand how to provide aftercare and homecare advice
- Understand anatomy and physiology that relates to Cryotherapy
- Professional techniques to enable you to perform Cryotherapy

Live Practical Demonstrations with hands on professional treatment training and guidance in:

- Cherry angioma
- Milia
- Pigmentation
- Skin Tags
- Verrucae
- Warts

Will I be expected to complete work in my own time? (Home-study, practice & case studies)

Structured, supported self-study will be expected from all learners. You will have a multiple-choice test and case studies to complete as evidence of knowledge & understanding. Theory and practical will be conducted at the centre to cover the following units:

- **Health & safety. Client care and communication**
- **Understanding how Cryotherapy works**
- **Consultation / Consent**
- **Cryotherapy techniques**
- **Risks and aftercare**
- **Pricing guidance**

What do I need, for this course?

SDT will provide your manual, the equipment and materials at the training venue during the course. **You may be required to bring your own model(S) with you.** You will also need a selection of models to conduct your case studies and a video unit to record your case studies. Case studies must be live and must show you doing two each of the following treatments:

- Cherry angioma or Milia
- Pigmentation
- Skin Tags
- Verrucae or Warts

What is the cost of the course? Are there any additional costs?

- £650 (including the kit and unlimited support from Skin Dedication Training)
- Deposit required £100. The balance is required 14 days prior the course

Additional costs: There are no additional costs. All fees are inclusive of VAT.

You will need a black tunic or polo shirt, black trousers and closed flat shoes, or your own professional uniform

How long is the course?

This is a part-time course. The course duration is 3 days which includes home study, theory and practical at the training centre, also a day to conduct your case studies. We like to ensure that you have plenty of hands-on experience, so if you feel that you require extra practical sessions, this can be arranged for you. You will be required to attend your practical session, complete your multiple-choice paper and submit your case study videos, to gain your certification.

What are my employment prospects with this qualification?

Our courses enable you to work from home, mobile, beauty salons, spas or in clinic offering the specialised treatment(s) that you have completed. You can start earning by offering treatments to paying clients as soon as you have obtained your insurance. This course will enable you to begin earning well within this lucrative treatment area. This course has been created to give you a Professional Beauty accredited certification. Please check with your local council if they require the full qualification before enrolling onto this course.

Please contact us by completing the enquiry form or call:

01474 569 383 / 07803 788 818
Monday to Friday 9.30am – 6pm